

Town of Acton Recreation Department

2009 SPRING/SUMMER PROGRAMS AND EVENTS



Town of Acton Recreation Department
 472 Main Street (Acton Town Hall), Acton, MA 01720
 Phone: (978) 264-9608 Fax: (978) 264-9630

E-mail: recreation@acton-ma.gov Website: www.acton-ma.gov





Town of Acton
Recreation Department
472 Main Street
Acton, MA 01720
Phone: 978-264-9608
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Email: cfochtman@acton-ma.gov
Website: www.acton-ma.gov

Cathy Fochtman
Recreation Director

To Our Community,

The Recreation Department is pleased to introduce the Spring and Summer Program, full of great options to keep you fit, teach a skill, and entertain you, all with affordable prices. The Recreation Department works hard to provide a variety of experiences, keep the costs down and recognize the great businesses and individuals who help support our programs. Remember that the Recreation Department is self-funded and we are successful thanks to your participation and support!

The Town of Acton Recreation Department administers all programs and events at North Acton Recreation Area, NARA Park, 25 Ledge Rock Way. We staff lifeguards at our natural pond beach, and offer beach memberships, Red Cross swimming lessons, a snack bar, and bathrooms with changing rooms. Our NARA Youth, NARA CIT, and Mighty Mini Summer programs run throughout the summer. Our calendar is full of free admission concerts and special events to take you through the summer and beyond. There's something always happening at NARA, yet it also provides a relaxing natural setting for walking and just enjoying nature. Refer to the index opposite this letter for the page locations of specific programs and forms. Do you want to know how to reserve a picnic area at NARA or athletic field for an upcoming event? Our Facility and Field Request Form is now included in this booklet. Please also note that there is a new Corporate Outings form for planning company picnics. Call us for more information.

Look for our new Spring Vacation Program at NARA Park, Tuesday April 22 – Friday April 24. Sign up for one - four days. In addition to our popular preschool Start Smart programs, Specials Needs Soccer and Tennis programs, Outdoor Tennis Instruction with the Next Champions, and Wolfpac Baseball Clinic with Steve Donovan, we have included a number of new clinics for the summer. U.S. Sports Institute's Multi Sport and Sports Squirts programs introduces your child to diverse sports, many from outside the U.S.; Falcon Sports offers Beach Volleyball, Flag Football and Ultimate Frisbee; and Athletes in Motion Youth Clinic by CBC is running conditioning workouts for children ages 6 – 18. Other new programs are Hybrid Farm's Horsin' Around program, and Let's All Cook cooking lessons for all ages.

For adults, All Seasons Tennis now offers indoor tennis clinics. Check out Kickstart Cardio Walking by Acton Recreation, Desperate Housewives Boot Camp by CBC, Just for Moms Beginning Soccer with Jamie Norton, and Zumba Fitness by Athletic Balance. Learn to Sew for Adults is new. Look for outdoor nature and gardening classes this spring and summer – Tours of the Acton Arboretum, Senior Nature Walks, Birding in Acton, Spring Migrant Bird Walk at Mount Auburn Cemetery, Vegetable Gardening In Limited Spaces and the Morrison Farm Youth Gardeners!

Our Bus Trips this season include St. Patrick's and Foxwoods Showtime, 2008 Ottawa Tulip Festival, Boothbay Harbor Getaway, Tall Ships Cruise, Red Sox in Baltimore & Washington, D.C., and West Point & Hyde Park. We have our biggest and best lineup of events as we celebrate NARA's 10th Anniversary with our *Tribute to the 60s Summer Concert Series!* This is just a preview of our wonderful 2009 season. Spend some time reviewing this booklet with your calendar in hand and make your spring and summer plans with us. Remember to register early – many classes fill quickly – you don't want to miss out!

To your good health,

Cathy Fochtman
Recreation Director

INDEX

BUS TRIP FORM	Page 37
BUS TRIPS.....	Pages 35-36
SPRING/SUMMER CLASS REGISTRATION FORM.....	Page 51
CLASSES/PROGRAMS FOR ADULTS.....	Pages 30-34
CLASSES/PROGRAMS FOR YOUTH.....	Pages 20-29
CONCERTS & SPECIAL EVENTS.....	Pages 42-49
CORPORATE OUTINGS.....	Pages 18-19
FIELD AND FACILITIES REQUEST/INQUIRY FORM.....	Pages 7-8
GENERAL INFORMATION.....	Pages 4-6
NARA YOUTH SUMMER PROGRAM SESSION INFORMATION.....	Pages 13-17
NARA YOUTH MIGHTY MINI REGISTRATION FORM FOR AGES 4-5.....	Page 14
NARA YOUTH REGISTRATION FORM FOR AGES 6-13.....	Page 16
NARA YOUTH COUNSELOR IN TRAINING REGISTRATION FORM FOR AGES 14-15...Page 17	
NARA PARK BEACH REGISTRATION.....	Page 11
RED CROSS SWIM LESSONS AT NARA PARK.....	Page 12
SHOW TICKETS.....	Pages 38-39
TENNIS PROGRAMS.....	Pages 21, 22, 23, 30
SPONSORSHIP/DONATION RECOGNITION.....	Pages 40-41

Did you know?????????

Acton Recreation is always interested in new programs to offer. Do you have a unique talent, skill or idea for a class? Acton Recreation is seeking qualified and creative instructors for existing and new programs. Please contact the Recreation Department at 978-264-9608 or by email at recreation@acton-ma.gov Resumes/course proposals should be sent to Acton Recreation Department Dept., Attn: Recreation Director, 472 Main Street, Acton, MA 01720

Our program booklet is mailed bi-annually on the last day of Feb. for Spring/Summer classes and last day of August for Fall/Winter classes. Our program booklet is also available on the Recreation Department page of www.acton-ma.gov

GENERAL INFORMATION

REGISTRATION begins for classes once published on the Recreation Dept. page of the Town website: www.acton-ma.gov and/or in print. You can register in person at the Recreation Department located at the Acton Town Hall, 472 Main Street, Acton, MA 01720 or by mailing in your registration form with payment. **There are no additional Fees assessed for out-of-town residents.** You are welcome to register any time for a program provided it is not past a posted registration deadline. All programs are on a **first come, first served basis.**

PAYMENT: We accept cash, money orders, checks, and MasterCard or VISA (\$3 fee per \$100 transaction credit card transaction). Credit card sales must be done in person at Town Hall. Class FEE pro-ration is at the discretion of the Recreation Department. **Checks and money orders are made payable to: Town of Acton**

NOTE: Out of state checks will not be accepted. One check can pay for multiple programs with the exception of Hybrid Horsin' Around Summer Program. Returned Check Fee: \$20

WAYS TO REGISTER: Walk-in Registration is accepted as long as space is available with payment of cash, check or credit card. Mail-in registrations are processed after walk-ins and payment by check or money order. Payment **MUST** be received with the registration form to be processed.

PROXY REGISTRATIONS, PROGRAM CONFIRMATION & DISCLAIMER: A person may submit another's registration form, provided the form is properly completed and signed. Limit is one per person. The Recreation Department reserves the right to correct mistakes or adjust program fees made in this brochure at the time of release by print or internet and cancel any program due to low enrollment or poor weather. **Confirmations are not mailed out. All registrations are considered accepted unless you are contacted – no news is good news.**

FINANCIAL AID: Financial Aid is available for Acton residents based on financial need through the Doli Atamian Campership Program. You may contact them at 978-263-0131 or write a letter of request to Doli Atamian Campership Program, Inc., PO Box 693, Acton, MA 01720.

PHOTO POLICY: Acton Recreation Department and events are often photographed for promotional purposes. If you do not wish to be included in Recreation photos, please indicate this to the photographer.

HOURS: The Town Hall is closed on **Labor Day, Columbus Day, Veteran's Day, Thanksgiving and day after Thanksgiving, Christmas, New Years Day, Martin Luther King Day, Presidents Day, Patriots Day, Memorial Day and July 4.** Acton Recreation Dept. classes/programs are not run on these dates. Town Hall business hours are Monday-Friday 8AM-5PM. The Recreation Department has a door slot for form drop-offs during hours when the Recreation Department is closed or unavailable. After hours, forms (in envelope addressed to "Recreation Dept.") may be dropped in the message drop located outside the Town Hall lower parking lot entryway.

REFUNDS & WITHDRAWALS: You may withdraw from a program up to 7 (seven) business days prior to the start date—a non-refundable administrative fee of **\$10 will be applied to all registrations.** After that time, no refunds will be issued. All requests must be submitted in writing to the Recreation Department requesting withdrawal and refund request. Refund/Withdrawal requests are not submitted through instructor. It will take two-three weeks for the refund to be processed. Refunds will not be made for classes missed due to inclement weather. Exception to policy: a written letter from a licensed physician excusing participant from a program prior to 1st class. Some programs including NARA Beach, NARA Youth Summer Programs, show tickets, bus trips and theatre group have separate refund policies and will be duly noted in description and /or on form. Please inquire prior to any registration if you have any refund questions.

CLASS CANCELLATION POLICY: Classes are cancelled if Acton-Boxborough Schools have closed due to weather. Notification via email for Recreation Dept. run programs will be made if a class is cancelled due to poor weather or field conditions. Programs run by instructors outside of the Recreation Department are responsible to notify participants of class cancellations. Efforts will be made to Makeup weather cancelled classes, but are not guaranteed. Any class cancellations due to an illness of an instructor will be made-up or refunded. Refunds will not be offered due to a participant's inability to partake in missed Makeup sessions.

BUS TRIPS: Bus trips will run if minimum amount of registrations are received. Many of our trips are merged with other local town departments to fill a bus to help meet the minimum required. If trip is cancelled due to the lack of minimum participants, a full refund will be issued. Please note that pickup/drop-off locations are subject to change if adequate number of registrations are not received for a pickup location in Acton. Refunds will not be issued for a non-Acton pickup/drop-off location. In the event of illness, a trip can be transferred but not refunded once commitment has been made. If you have any refund questions, please inquire prior to signing up. All changes and special requests must be completed in writing up to 30 days prior to the trip and are subject to a \$50 cancellation fee per person. No refunds will be issued with less than 30 days notice.

TOWN OF ACTON FACILITY USES & LOCATIONS

Permit applications can be obtained at the Recreation Dept. page of: www.acton-ma.gov

	Baseball	Soccer	Tennis	Basketball	Fishing	Swimming	Playground	Skateboard
NARA Park	Yes	Yes			Yes	Yes	Yes	
Concord Rd		Yes						
Elm St	Yes	Yes	Yes				Yes	
Gardner				Yes			Yes	
Goward							Yes	
Great Hill		Yes					Yes	
Hart Field	Yes							
Ice House Pond					Yes			
Jones Field	Yes	Yes					Yes	
MacPherson	Yes							
School St		Yes						
Veterans' Field	Yes						Yes	
T.J. O'Grady Skate Park								Yes

Veteran's Field: Veteran's Field is located at the intersection of 2A and Route 27.

This Field consists of 2 Little League diamonds and a playground. This is a tournament quality lighted field.

Concord Rd. Field: Concord Rd. Field is located off of Concord Rd. between Ice House Pond and the cemetery entrance. It is a multi-use soccer field.

Elm St. Fields: The Elm St. playing fields are located on Elm Street next to the Douglas School (25 Elm Street) in West Acton. The Elm St. fields consist of a playground and picnic area, two tennis courts and, a lighted softball diamond, practice area and small soccer field.

Gardner Field: Gardner Field is located off of Rte. 111 (Mass. Ave.) near Kinsley Rd. This field consists of a playground, basketball hoop, and field area.

Goward Playground: Goward Playground is located behind the Acton Memorial Library in Acton Center.

Great Hill: Great Hill is located off of School St. behind the South Acton Fire station. This field contains a soccer field located adjacent to the Great Hill Conservation Area.

Hart Field: Hart Field is located at the Conant Elementary School. This field consists of a baseball/softball diamond.

Jones Field: Jones Field is located off of Martin St. This field consists of a playground and a full size baseball diamond.

MacPherson Field: MacPherson Field is located at the Conant Elementary School. This field consists of a baseball diamond.

School St. Field: The School St. fields are located at the end of School St. off of Rte. 2 East. This field consists of soccer fields.

Community Gardens: Located off Rt. 27 in N. Acton. Garden sign-ups begin on/around Dec. 15. There are approximately 45 garden plots varying from ½ to full plots. Morrison Farm Community Gardens are located on Concord Road and have 24 garden plots.

Ice House Pond: The Ice House Pond is located off of Concord Rd. This pond has fishing and a picnic area.

Morrison Property: Take Rt. 2A west at the Concord Rotary, follow Rt. 2A into Acton, turn left onto Concord Road Farm is on right, after Ice House Pond.

Little Great Hill: Little Great Hill is located off of School St. behind the South Acton Fire station and to the left of the Great Hill Field. This field contains small sized soccer fields.

NARA Park: NARA Park was opened in the summer of 1999. It is located at 25 Ledge Rock Way off of Rte. 27 (Main St.). NARA Park is home to the NARA Youth and Mighty Mini Summer Programs and also our summer cultural concert series. The park consists of a playground, NARA Pond and beach, a walking trail (approx. one mile loop), a softball field, a picnic pavilion, 3 soccer fields and an amphitheater.

T.J. O'Grady Skate Park: This facility is for skateboarding and rollerblading and was opened in the fall of 2005. The park is free and is open to the general public during daylight hours. The Skate Park is located on Hayward Road (near the ABRHS).

C O N T A C T I N F O R M A T I O N

The Recreation Department is located on the ground floor of the Acton Town Hall, 472 Main Street, Acton. Normal business hours are Monday-Friday, 8AM-5PM.

Phone: (978) 264-9608

Fax: (978) 264-9630

Dept. Email: recreation@acton-ma.gov

NARA Park Bathhouse Phone (seasonal): 978-263-5519

Director of Natural Resources: Tom Tidman, ttidman@acton-ma.gov

Recreation Director: Cathy Fochtman, cfochtman@acton-ma.gov

Events Coordinator/Administrative Assistant: Maura Haberman, mhaberman@acton-ma.gov

Recreation Commission: Ron Schlegel (Chair), Karen Jarsky, Frank Calore, Kim Bodner, Brendan Cotter
Email: rc@acton-ma.gov

ACTON SPORTS CONTACT INFORMATION

YOUTH SPORTS

Acton Boxborough Youth Baseball: www.abyb.org, President, Sanjay Khosla (617) 901-0407 president@abyb.org

Acton Boxborough Pop Warner Cheerleading: Tammy Sarnelli, tammy.sarnelli@biogenidec.com

Acton Boxborough Field Hockey: Steve Desy, ABRHS Director of Athletics (978) 264-4700 x3422 or x4320

Acton Boxborough Pop Warner Football: www.abpw.org Gerry McGavick, President

(978) 264-0071 gmcgavick@hearst.com, Jim Harer, Director of Fields (978) 263-0793 harerj@marcor.com

Acton Boxborough Youth Ice Hockey: www.abyha.org David Peduto (978) 263-5151 director@abyha.org

Acton Boxborough Boys Youth Lacrosse: www.ablax.org Bill Brumback (978) 264-4876 wbrumback@verizon.net and Bill Troy (978) 263-6851, billtroy3rd@hotmail.com

Acton Boxborough Girls Youth Lacrosse: Pia Finneran, President (978) 580-5751 piadesign@comcast.net

Acton Boxborough Youth Soccer: www.abys.org President-Seth Tower stower@gunndesign.com (978) 635-0775, Sue Reuther, ABYS Registrar & Board Secretary (978) 266-1490, sreuther@comcast.net, Cliff Larsen, Field Scheduler cliff.larsen@verizon.net Dave Scheuer, Exec. Director (978) 263-2105 dave.scheuer@interactivedata.com

Acton Boxborough Youth Softball: www.absoftball.com Tom Reuther, President (978) 266-1490

TomReuther@comcast.net Gary Ropiak, Summer Director (978) 635-0391 garyropiak@gmail.com

ADULT SPORTS

Abunted Over the Hill: Will Bigelow (978) 263-0863, Mark Giglio (978) 264-3950, Antonio Furlan (978) 635-9209

Men's Senior Baseball (Acton Orioles): www.400hitter.com Bob Major (978) 448-2797 / (978) 729-8321
actonorioles@yahoo.com Phil Belanger (978) 266-1995

Acton Adult Softball League: www.actonasl.com Rich Gottesman, Commissioner (978) 808-0766 rich@actonasl.com
Matt Murphy, Asst. Commissioner/Webmaster (617) 877-3961, matt@actonasl.com

Other Contacts:

Acton Boxborough Regional High School: Steve Desy, Director of Athletics (978) 264-4700 x3422 or x4320

Acton Boxborough Community Education: www.comed.ab.mec.edu Erin O'Brien Bettez, Director (978) 266-2525
ebettez@mail.ab.mec.edu

Acton Garden Club: Pat Kosicki, (978) 263-2812

Acton Pickup Soccer (weekdays/lunchtime): Andrew Valente, (978) 489-2203, avathome@yahoo.com

Acton Recreation Department Start Smart Sports Programs: Jamie Norton, (978) 897-6924, millernorton@yahoo.com

All Seasons Tennis Club: Ron Parlman, (978) 263-3660

Boxborough Recreation: Sue Reuther, (978) 266-1490, sreuther@comcast.net

Next Champion Tennis: Moe Leclerc, (978) 369-8747, www.thenextchampions.com



Town of Acton Recreation Department

472 Main Street
Acton, MA 01720

Phone: 978-264-9608 Fax: 978-264-9630 Email: recreation@acton-ma.gov

2009 Field & Facilities Form -- For Inquiry and/or application of facilities use

Complete Sections I & II only. File application with the Acton Recreation Department at least **TWO WEEKS** prior to the date desired. Adult and Youth Organizations must provide a current Certificate of Liability Insurance and sign the Acton Recreation Field Use Permit and Weather Policy (available on-line or at the Rec. Dept.) for a Permit to be granted. Incomplete applications will be returned. Please allow up to two weeks for your application to be processed. Upon approval of application, payment is due to secure your facilities rental and permit will be issued.

Section I

Application Date: _____ E-mail Address: _____

Name of Organization: _____

Contact Person: _____ Phone: Home (____) _____

Address: _____ Work (____) _____

Town/City: _____ State: _____ Zip Code: _____

Organization: Resident Non- Resident Number of Participants: _____

Describe Activity: _____

Section II

FACILITY/ FIELD REQUESTED: (PLEASE CIRCLE)

Rt. 2A/27 Field 1: Little League Field	Rt. 2A/27 Field 2: Little League Field	Concord Road Soccer Field	Elm Street Tennis Court (2 courts) # needed ____
Elm Street Small Soccer	Elm Street Softball Field	Gardner Playground (Rt. 111)	Great Hill Soccer Field
Little Great Hill Small Soccer Field	Hart Little League or Softball Field (Conant)	MacPherson Little League or Softball Field (Conant)	Jones Full Size Baseball, Lacrosse/Pop Warner
School Street Small Soccer Field # needed _____	School Street Large Soccer Field # needed _____	School Street Lacrosse Field	NARA Softball Field
NARA Lg. Soccer # needed _____	NARA Sm. Soccer Field # needed _____	NARA Picnic Area Small (4 picnic tables)	NARA Picnic Area Large (8 picnic tables)
NARA Patio Tent Area (4 picnic tables)	NARA Bathhouse Pavilion (5 picnic tables)	NARA Beach Group Swim Passes # _____ requesting	NARA Amphitheater
T.J. O'Grady Skate Park	Elm Street Playground		

* The Picnic Area, Patio Tent, and Bathhouse at NARA are not available for rental during the NARA Youth and Mighty Mini Summer Program Hours (8:00 AM – 5:30 PM Monday –Friday June 22 – Aug. 26, 2009) Permits will not be available at NARA Park for these dates in 2009: May 30, July 4, July 5, Aug. 13, Sept. 12

DATE REQUESTED: We do not offer rain dates, you must request an additional permit for requested alt. date.

1st Choice _____ Time Requested: Start Time: _____ End Time: _____

2nd Choice _____ Time Requested: Start Time: _____ End Time: _____

Will Food/Beverages be served? _____ If Yes, be specific _____

Will Alcohol be Served?* _____ Has a permit been obtained by the Board of Selectmen? _____

*A separate application and fees for liquor license is obtained through the Town Manager's Office—please note this application is filed with the Board of Selectmen and is needed no less than one month prior to your event.

Picnic table availability is noted for each area. Additional tables are not provided by the Town of Acton.

Picnic charcoal grills are available for large tent, small tent and patio picnic areas at NARA Park. You are welcome to bring your own charcoal or propane grill. All coals must be discarded in ash can. NARA Park bathrooms are open during normal beach operation hours. A portable toilet is onsite at the lower beach area.

CANCELLATION POLICY: *If you cancel a facility/field reservation, you get a 50% refund; if less than 30 days notice, no refund will be issued. Group swim passes are not refundable. Refunds are not issued due to weather related conditions.*

The Lessee or user of the facility/field will hold the Town of Acton and all its agents harmless from any problem resulting from the leasing or utilization of the premises. The Town of Acton reserves the right to cancel any permission, whenever, in its discretion, such cancellation seems advisable, and permits are subject to change. Picnic tables available are noted on form, additional tables needed are the responsibility of the renter.

(Representative's Signature)

(Date)

REQUIRED SERVICES ASSIGNED:

**Section III
for office
use only**

____ Fire – All commercial use of propane tanks need permit. (Over 50 gallons) Contact the Acton Fire Dept. 978-264-9645

____ Police

____ Health Department Permit (Obtained at the Board of Health-separate fee with BOH)

____ Swimming—all swim passes must be purchased at time of permit issuance. Additional passes may be purchased at the group rate onsite if permit holder has received permission in advance from Recreation Director.

____ Portable Toilets Required Location Required: _____

____ Dumpster required

____ Liquor License (*see Section II*) Approved Denied

ESTIMATED RENTAL FEES:

Bldg. Rental \$ _____ Field Rental \$ _____ Swimming/Beach Fee \$ _____ Electrical Fee \$ _____

Security Deposit (if required) \$ _____

PERMIT FOR USE OF RECREATION FACILITIES

() THIS APPLICATION IS APPROVED FOR USE OF FACILITIES AS SCHEDULED.

() THIS APPLICATION IS DENIED FOR THE FOLLOWING REASONS:

Permit issued by _____
Recreation Department Signature

Date

Special Instructions:

Additional notes attached: Yes No

Copy to:

____ Grounds (Shawn O'Malley)

____ Police

____ Fire

____ Health Department

____ Town Manager

____ Lifeguards

____ Authorized Rep.

Office use only: Application Received on: ___/___/___ By: _____
Application approved denied on: ___/___/___ Withdrawn: _____
Applicant contacted on: ___/___/___ by: phone email mail
Second contact on: ___/___/___ by: phone email mail
Payment by: cash check money order Application withdrawn: ___/___/___
Amount Paid \$ _____ Date Paid ___/___/___

NARA Park

Park users say what makes the NARA Beach and Summer Youth Programs so great!

- Nara Park is super kid-friendly and clean - from the water to the bathrooms! The playground and snack bar are added bonuses! JW
- It was one of the places our real estate agent took us when moving to Acton - it practically sold us on the town with a 2-year-old and one on the way! JLA
- I love NARA! It's easily accessible, beautifully landscaped & VERY clean. I also appreciate that the lifeguards actually do their job and are not a bunch of school kids just there to make some money. NARA helped fill our summer with some unforgettable memories. Thank you for that and we'll see you next summer! Keep up the good work and please thank your wonderful staff that worked there this summer.... ST
- Various activities, great environment, close from home. VD
- NARA Park Beach is a relaxing outdoor experience for our whole family. I love that it is a natural pond, and not a pool. I love that we can go for a walk, catch frogs, swim, or play in the sand. Since we started coming to the beach about 8 years ago we have had nothing but relaxed fun. There is a pool club across the street from my house, but we make the drive to Nara because we'd much rather relax in a natural setting than be surrounded by concrete chaos and chlorinated water. And all the fun extras don't hurt! Boat rentals, evening activities, and swimming lessons just add to the wonderful value that is Nara Park! Thank you! DH
- The counselors are a lot of fun. My daughter enjoys having the option of eating at the snack bar for lunch like she is really at a beach.... LL
- . . it is a great place for my "special needs" son. LC
- It is a perfect place for my family since it is so close that we can come to the beach in the morning, eat lunch and then go home for naps. I FEEL comfortable with little children because there are lifeguards and the water deepens very gradually. Nara Park Beach is clean. NW
- What makes this program so great is that it's all outside and that there is a great variety of activities. When picking your child up they have had a great day of fun in the sun and they sleep very well at night! L.
- Nara is a fantastic place to enjoy summer -wonderful scenery, activities, and beach fun! The counselors are always very caring and fun-my son has been going for 3 years and loves them all! We originally chose Nara as a summer camp because the price was right and the themed weeks were so creative and exciting! I hope to send my younger son there soon also!!!! LR
- It's clean, great staff and close to home. My family and I have been going there for the past 2 years and has been a pleasant experience every time. See you in the summer. JZ
- Thanks for the great work that Recreation dept. organizes! NA
- I like the Nara Youth and Mighty Mini summer program because every day you get to go swimming! And the field trips rock too! AD, age 9
- I like NARA Park Beach when I bring my grandchildren there. My very extroverted granddaughter finds new friends there and they all like popsicles on a hot day! John Rowse
- I like it because it is a nice beach that is so easy to get to - no long trips required. I can go for just a short while without a big investment of time. Also, it was nice when my daughter was small that the water was shallow. SL
- It's convenient. It's pretty. I like that there are umbrellas. I like that my son can go fishing while my daughter and I are at the beach. I like that there are a snack bar, bathroom and showers available. I like that there is a little playground near by. The staff is always very pleasant. ES
- Our family enjoys Nara Park because there are many available activities beyond swimming. Renting paddle boats, catching fish with nets, playing on the playground, visiting the snack bar, and exploring the pond are a few of the other choices. Nara Park is clean (both the grounds and the water) and family-friendly. SS
- It's very convenient to get to and close to our house in Westford. The kids always seem to find friends there to play with. AB
- We love Nara Park because of the small crowd, clean surroundings, personable staff, and of course the excellent snack bar!! The question should be "What is NOT to love about Nara Park"! SM

NARA PARK

25 Ledge Rock Way, Acton

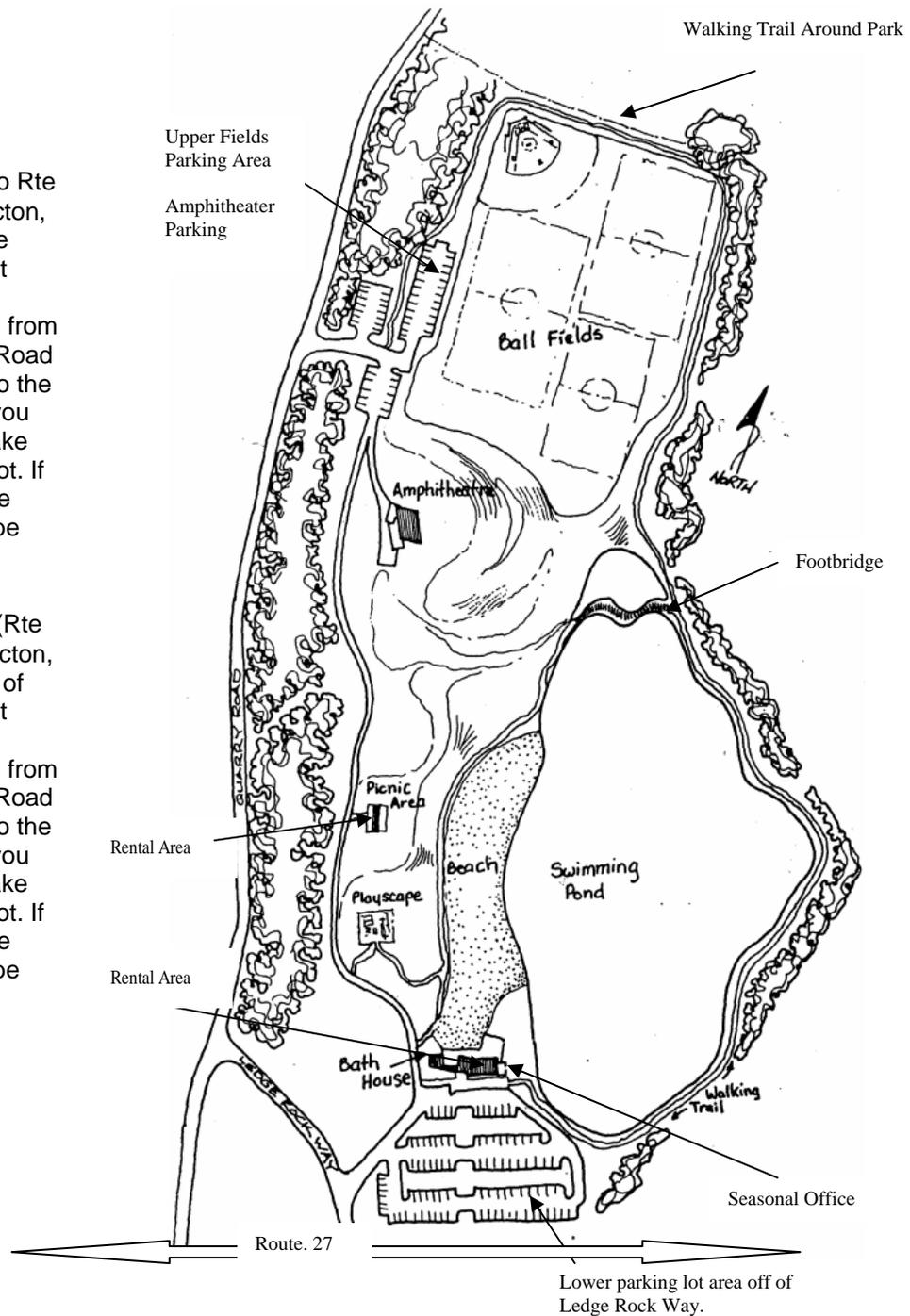
Directions to get to NARA Park:

From 495N - Take Exit 29A (to Rte 2 East). Take Exit 42 (Rte 27 Acton, Maynard). Take left at end of the ramp. Follow Rte 27. Go straight through 2 sets of lights.

Approximately 9/10th's of a mile from the second set of lights Quarry Road will be located on your left. Go to the end of Quarry Road and when you see the last house on the left, take your next right into the parking lot. If you end up on a dirt road, you've gone too far. Amphitheater will be located to the right.

From Rte 128 - Take Exit 29 (Rte 2 West). Take Exit 41 (Rte 27 Acton, Maynard). Take right at the end of ramp. Follow Rte 27. Go straight through 2 sets of lights.

Approximately 9/10th's of a mile from the second set of lights Quarry Road will be located on your left. Go to the end of Quarry Road and when you see the last house on the left, take your next right into the parking lot. If you end up on a dirt road, you've gone too far. Amphitheater will be located to the right.



Permits for Field Use for Picnic Areas, *New* Patio Tent Picnic Area, Bath House Pavilion, Amphitheater and NARA Sports Fields are available on the Recreation Dept. page of the Town website: www.acton-ma.gov **Facilities Request Form** must be completed for all field permit and picnic request inquiries for NARA Park and other Town owned areas on the Acton Facilities Table, listed on the previous page. All requests are subject to a two-week processing period once received and are not issued until confirmation and payment is received. We are unable to give information on rental availability or pricing until a Facilities and Field Request Form has been completed and submitted for review.



ACTON RECREATION DEPARTMENT



2009 NARA PARK BEACH REGISTRATION

Register for beach membership either in person at the Acton Town Hall or by mail. Memberships may be completed at the beach during beach hours May 22 through August 26 by check only. Beach passes will be mailed out on May 8, 2009 for those received prior to May 7, 2009. Beach passes will be processed as they are received after May 7 within 5 business days. If you have not received your pass once form and payment is received, you may use the beach by checking in with the beach monitor. Please fill out the registration form completely—incomplete forms will not be processed. All forms must be signed. For further information contact the Recreation Department at (978) 264-9608.

Mail registration form to: Acton Recreation Department, 472 Main Street, Acton, MA 01720.

Please make check payable to: "Town of Acton" (no out-of-state checks accepted.) If paying for membership with MasterCard or VISA, a \$3 fee per \$100 charged will be added. All cash and credit card transactions must be completed in person at the Recreation Department located on the ground floor of the Acton Town Hall. Registration forms may be photocopied.

SUMMER BEACH MEMBERSHIP -- May 22 – August 26, 2009

(Please Print)

Family Last Name _____
 Email Address _____
 Residential Address _____ City _____ ST _____ Zip _____
 Mailing Address (if different) _____ City _____ ST _____ Zip _____
 Telephone (Home) _____ Work _____

The Recreation Department reserves the right to request/verify proof of residency.
 For family and couple memberships, please list all immediate family members and ages below:
 (If additional space is needed please note on back of form.)

Please check type of membership

ACTON RESIDENTS

Thru May 31, 2009

\$135 Family

\$75 Individual

\$25 per Senior (65+)

\$100 Couple

as of June 1, 2009

\$185 Family

\$105 Individual

\$25 per Senior (65+)

\$135 Couple

OUT OF TOWN RESIDENTS

Thru May 31, 2009

\$185 Family (200 max sold)

\$110 Individual (100 max sold)

\$40 per Senior (65+)

\$140 Couple

as of June 1, 2009

\$235 Family

\$135 Individual

\$40 per Senior (65+)

\$175 Couple

Please list household members

Name: _____ Age _____
 Name: _____ Age _____

Sorry, no refunds for beach memberships due to cancellation, water closure due to weather or Board of Health water standards. The Town of Acton has the right to revoke a beach membership for non compliance to beach rules and regulations. Applicant and family members agree to hold harmless the Town of Acton and/or its employees from claims or liability related to any accident that may occur. Applicant and family members give permission for medical treatment to be given if the need arises.

Applicant's Signature (Parent/Guardian if under 18) _____

Date _____



For office use only
 Received by: _____ on ____/____/____
 Via Mail _____ In person _____ Beach _____
 Amount paid: _____
 Check Cash MC VISA
 Pass issued on: ____/____/2009
 US Mail _____ Town Hall _____

NARA Park Group and Private Swim Lesson Registration

The Acton Recreation Department has swim lessons at NARA Park during the summer of 2009—Enrollment is limited. Red Cross Swim Lessons will be available for beginners through Level 3 – Stroke Readiness. **These classes are limited to children ages 2.5 through 17.** WSI Instructor will confirm a child's readiness for level appropriateness after the first session. If necessary, an instructor may recommend an alternate level to fit the child's readiness.

Please sign up for the appropriate swim class and times and indicate this on your registration form. All classes will be held at the NARA Park beach; beach memberships are not required to participate in swim lessons. Participants must have Level 1 certification in order to take Level 2 classes and have Level 2 certification in order to take Level 3 classes. Due to the pond's limitation, certification can only go up to Level 3 as diving is not available.

Level 1 – Water Exploration: Submerge face; bobbing; float supported front and back; bubble blowing; kick supported-front & back; crawl stroke arms; reaching assists; PFD use.

Level 2 – Primary Skills: Submerge head; retrieve objects—check depth; deep water—supported; prone float/glide, recover; supine float/glide, recover; level off from vertical; front & back flutter kick; fin on back; back crawl arms; combined strokes, front & back.

Level 3 – Stroke Readiness: Retrieve object eyes open; bob—chest deep; jump into water; prone and supine glide; front crawl breathing—10 yards; back crawl—10 yards; elementary back kick—10 yards; reverse direction front & back; tread water.



Swim Lesson Registration Form: Please check off lesson time and SESSION desired.

All swim classes are subject to changes due to weather conditions. Makeup classes will be held on Fridays. First rain-day will be a makeup session and the second a dry land safety day. Classes may be combined if there are not enough participants to conduct classes. Refunds will not be issued without a written cancellation letter, no less than 7 (seven) business days from the start of the session. A \$10 administrative fee will be retained for each cancelled session. *I agree to hold harmless the Town of Acton and/or its employees from claims or liabilities related to any accident that may occur. I give permission for medical treatment to be given if the need arise. I hereby agree to the above listed terms:*

Parent/guardian Signature: _____ Printed Name: _____

SESSION 1: \$55 July 6-July 9

Monday-Thursday*

Group 1: 11:45-12:15 PM _____
 Group 2: 4:30-5:00 PM _____
 Group 3: 5:15-5:45 PM _____

SESSION 4: \$55 July 27-July 30

Monday-Thursday*

Group 1: 11:45-12:15 PM _____
 Group 2: 4:30-5:00 PM _____
 Group 3: 5:15-5:45 PM _____

SATURDAY Mornings

SESSION 7: \$55 June 6-June 27

Weather Makeup-July 11

Group 1: 10:45-11:15 AM _____
 Group 2: 11:30-12:00 PM _____
 Group 3: 12:15-12:45 PM _____

SESSION 2: \$55 July 13-July 16

Monday-Thursday*

Group 1: 11:45-12:15 PM _____
 Group 2: 4:30-5:00 PM _____
 Group 3: 5:15-5:45 PM _____

SESSION 5: \$55 Aug. 3-Aug. 6

Monday-Thursday*

Group 1: 11:45-12:15 PM _____
 Group 2: 4:30-5:00 PM _____
 Group 3: 5:15-5:45 PM _____

SATURDAY Mornings

SESSION 8: \$55 July 18-Aug. 8

Weather Makeup-Aug. 15

Group 1: 10:45-11:15 AM _____
 Group 2: 11:30-12:00 PM _____
 Group 3: 12:15-12:45 PM _____

SESSION 3: \$55 July 20-July 23

Monday-Thursday*

Group 1: 11:45-12:15 PM _____
 Group 2: 4:30-5:00 PM _____
 Group 3: 5:15-5:45 PM _____

SESSION 6: \$55 Aug. 10-Aug. 13

Monday-Thursday*

Group 1: 11:45-12:15 PM _____
 Group 2: 4:30-5:00 PM _____
 Group 3: 5:15-5:45 PM _____

***Weekday weather Makeup classes are on Fridays.**



Private Swim Lessons: 5 – 30-minute lessons \$115 Swim days and times are worked out with WSI instructor and swim lesson coordinator. They will contact you once the beach has opened for the season to coordinate time and days.



Semi-Private: 2 persons—same level 5—30 minute lessons \$170 Swim days and times are worked out with WSI instructor and swim lesson coordinator.

Checks Payable to: Town of Acton Payments also accepted via cash, money order, MC and VISA

Note: A \$3 fee is added for each \$100 charged on a credit card transaction

Please Print

Participant Name: _____ **Phone:** _____

Parent/Guardian Name: _____ **Emergency #** _____

Email Address (for class contact use and Recreation updates only): _____

Male or Female **Date of Birth:** ____/____/____ **School grade in September 2006** _____

Prior swim lessons? Yes No **Last passed tested level** _____ **Location:** _____

Address: _____ **City:** _____

Comments: _____

★ Town of Acton Recreation Department ★

NARA YOUTH & MIGHTY MINI SUMMER PROGRAM

★ ★ JUNE 22—AUG 26, 2009 ★ ★

at NARA PARK, ACTON

Each week there is a different theme. During that week, special group and team challenges, activities, and surprises are held.

2009 Summer Program Sessions

- #1. Jun 22—26 Super Hero & Princess
 - #2. Jun 29—Jul 3 Patriot's Week
 - #3. Jul 6—10 Survivor Week
 - #4. Jul 13—17 Around the World
 - #5. Jul 20—24 Age of the Dinosaurs
 - #6. Jul 27—31 Olympics Week
 - #7. Aug 3—7 Jungle Fever
 - #8. Aug 10—14 Wet & Wild
 - #9. Aug 17—21 Flower Power
 - #10. Aug 24—26* Renaissance Week
- *No Mighty Minis Session 10

Grades 1—8
8:00 A.M. — 4:00 P.M.

2009 Fees Per Session Week

Program Cost Per Session	\$205
Pre-program 7:30 – 8:00AM (board games)	\$20
Post-Program 4:00 – 5:30PM (board games, card games, arts & crafts, sporting options)	\$60
Both Pre and Post Programs (Pre & Post care available for Mighty Mini's also)	\$80

Enrollment

Max participants each session: 130
Mighty Mini max per week: 20

Field Trips: Fees are not included with session price. Field trips are optional and vary by age.

FOR FURTHER INFORMATION:

Acton Recreation Department
Acton Town Hall
472 Main St., Acton, MA 01720
(978) 264-9608

Website: www.acton-ma.gov

Email: recreation@acton-ma.gov

Full-Time Office Staff

Cathy Fochtman, Recreation Director
Maura Haberman, Events Coordinator/Adm. Asst.

MIGHTY MINI PROGRAM (4 & 5 YEAR OLDS)

2009 Fees for Mighty Mini's

8:00 – 12:00PM	\$125
12:00 – 4:00PM	\$125
8:00 – 4:00PM	\$250

5:1 participant to counselor ratio. Four counselors stay with MM Program throughout summer. Activities are age appropriate and vary each week with a different weekly theme. **PLUS** Red Cross swim lessons by Water Safety Instructors and certified lifeguards are included, conditions permitting. Pre and post care is available — see fee listing for our youth program.



MISSION STATEMENT ★

The goal of our program is to create an atmosphere for children to grow socially and physically; our dedicated staff works with peer groups to engage the children in activities that are challenging and fun.



*Our Summer Program is Approved for ★
Flexible Spending Accounts.*

NARA YOUTH SUMMER PROGRAM (1ST-8TH GRADE)

Quick Facts

10:1 participant to counselor ratio. Counselor-in-Training assists group. Counselor ages from junior year of high school to college. Program staff of 25. Staff is rotated around each week so children have the chance to experience many great counselors. A variety of activities offered each week include:

- arts & crafts
- nature
- boating
- drama
- sports activities
- group challenges
- swimming
- all-group events
- field trips & much more!

CIT PROGRAM IS AVAILABLE FOR YOUTH AGES 14 & 15!



We are looking forward to seeing your child at our fun, safe ★ & exciting program. They will enjoy our enthusiastic staff and will make many memories.

See you this summer! ★



TOWN OF ACTON RECREATION DEPARTMENT
472 MAIN STREET, ACTON, MA 01720
PHONE: (978) 264-9608

Office use only: Check MC VISA Cash
 \$ _____ on ____/____/____

2009 NARA MIGHTY MINI SUMMER PROGRAM FOR AGES 4 & 5 YEAR OLDS

Attendee's Information (one youth per form)

Last:		First:		MI	
Nickname			Grade in Sept. 09:		
Birthday (MM/DD/YYYY)			Prior NARA Youth Participant? Yes No		
Allergies					
Special Needs					

Parent Information

Parent's Name(s)	
Mailing Address	
City, State Zip	
Home Phone	Cell Phone:
E-mail address	
List anyone authorized who may pick up your child including yourself. ID required must match.	

Free tee shirt included for those registered by June 1, 2009. Please circle your child's size
 youth small youth medium youth large adult small adult medium adult large

Session #	Dates	Theme	AM Session	PM Session	Pre Care	Post Care	Total
1	June 22-June 26	Super Hero & Princess	\$125	\$125	\$20	\$60	\$
2	June 29-July 3	Patriot's Week	\$125	\$125	\$20	\$60	\$
3	July 6-July 10	Survivor Week	\$125	\$125	\$20	\$60	\$
4	July 13-July 17	Around the World	\$125	\$125	\$20	\$60	\$
5	July 20-July 24	Age of the Dinosaurs	\$125	\$125	\$20	\$60	\$
6	July 27- July 31	Olympics Week	\$125	\$125	\$20	\$60	\$
7	Aug. 3-Aug. 7	Jungle Fever	\$125	\$125	\$20	\$60	\$
8	Aug. 10-Aug. 14	Wet & Wild	\$125	\$125	\$20	\$60	\$
9	Aug. 17-Aug. 21	Flower Power	\$125	\$125	\$20	\$60	\$

Please note: all snacks, meals, and beverages are provided by parent. Total \$ _____

PAYMENT IN FULL DUE WITH REGISTRATION. PAYMENTS ACCEPTED WITH CASH, CHECK, MO, VISA, MASTERCARD.
 Please note that fee of \$3 for each \$100 charged will be added for credit card transaction. Required: Please provide a copy of your child's physical (within one calendar year of attendance) and immunization record. [Scholarships available through Doli Atamian Campership Program, PO Box 893, Acton, MA 01720 or call 978-283-0131. For Flexible Spending Accounts: Town of Acton Tax ID #048-001-062.](#)
Refund Policy: \$50 non-refundable fee for each session. No refunds for cancellation within 15 days of the start of each session. All refund requests must be submitted in writing. Refunds will not be issued due to weather conditions or any water closure. **Switching Session Fee:** \$15 per session switch and must be received in writing. **Release of Liability:** The Town of Acton and any other associated groups, their officers, members or associates, appointed or volunteer, do not accept any liability for loss of life or property, personal injury or damage caused or rising out of any activity engaged in during the NARA Summer Youth Program for any reason whatsoever. I also agree to assume the risks for myself and my child and agree to hold The Town of Acton and its officers, employees and volunteers harmless and free of any liability for damage or injury my child may incur arising from participating in the NARA Youth Summer Program. Please initial if you wish for your child to NOT be included in any photographs _____. I acknowledge the above policies and Release of Liability.
[Registrations will not be processed without proper information or signature.](#)

PARENT/GUARDIAN SIGNATURE: _____ **Date:** _____

2009 NARA SUMMER PROGRAM OUTLINE **FOR NARA YOUTH, MIGHTY MINI, & CIT PROGRAM**

NARA PARK, 25 LEDGE ROCK WAY, ACTON, MA 01720

TOWN HALL OFFICE: 978-264-9608

NARA PARK OFFICE SEASONAL ONLY: 978-263-5519

FULL DAY PROGRAM: 8:00 AM— 4:00 PM (\$205 PER SESSION WEEK)

MIGHTY MINI AM: 8:00 AM—12:00 PM (\$125 PER SESSION WEEK)

MIGHTY MINI PM: 12:00 PM— 4:00 PM (\$125 PER SESSION WEEK)

PRE CARE OPTION: 7:30 AM—8:00 AM (\$20 PER SESSION WEEK)

POST CARE OPTION: 4:00 PM—5:30 PM (\$40 PER SESSION WEEK)

An energetic and caring staff is ready to provide a fun and nurturing environment for even the most timid participant. Come experience the Town of Acton NARA Youth and Mini Summer Program at NARA Park!

DAILY ACTIVITIES INCLUDE

- RECREATIONAL SWIMMING
- BOATING
- ARTS AND CRAFTS
- NATURE, DRAMA, MUSIC
- SPORTS
- SOCIAL INTERACTION WITH PEERS
- SUNSCREEN APPLICATION BREAKS

JUNE 22—26, #1 SUPER HERO & PRINCESS WEEK

It's a bird, it's a plane, no it's Superhero and Princess Week at NARA Park! So pack your costumes, powers, pixie dust and imagination and join us because there is no other NARA Park around!

JUNE 29-JULY 3, #2 PATRIOT'S WEEK

Celebrating American history and our own Patriots football team! It's going to be an all American fun week! Get ready to show your spirit as we enjoy a week of America's favorite pastimes. Participants will be playing baseball and feasting on watermelon as we enjoy the summer sun.

JULY 6-JULY 10, #3 SURVIVOR WEEK

It's back—Survivor Week! Come create tribal teams and unite all week while competing in program wide challenges including a scavenger hunt, group coordination challenge and more! Can you be the ultimate survivor?

JULY 13-JULY 17, #4 AROUND THE WORLD

All our bags are packed and ready to go! Our youth will be jet setting across the globe this week as we learn about games, crafts and fun other kids have throughout the world. Don't worry about bringing your passport; the kids will have the chance to make their own as we travel through the week. Ciao!

JULY 20-JULY 24, #5 Age of the Dinosaurs Week

Participants will explore these prehistoric animals. We will excavate our own dinosaurs using tools, learn about what life was like on our planet during the age of dinosaurs and explore various games, crafts, and activities with a dino-theme.

JULY 27-JULY 31, #6 OLYMPICS WEEK

Let the games begin! Campers unite to represent countries brought to the NARA Olympic Games. Together we learn and develop the value of good sportsmanship, fair play, and comradery while refining our game of skill. We will be sure to end our SESSION week with a bang during our closing ceremonies on Friday. Your children will be going for the gold this week!

AUGUST 3-AUGUST 7, #7 Jungle Fever Week

Lions and tigers and bears oh my! Come travel on an exciting safari adventure around NARA and discover exciting facts about our own local jungle animals and also about participant's favorite jungle animals. Participants will be creating their own jungle animal mask.

AUGUST 10-AUGUST 14, #8 WET & WILD WEEK

This SESSION will be filled with really wet and fun activities including getting soaked with water games and activities where participants will have the chance to learn and explore a whole new side of the wonders of water. Participants will learn about water safety, exciting water sports, water art activities and the exciting world "under NARA Pond" Come to NARA and cool down during these hot and hazy August days!

AUGUST 17-AUGUST 21, #9 Flower Power Week

We're kickin' it old school this week as campers go back in time to the '60s! Participants will learn games from years gone by and maybe bring some of those old trends back in style. Be on the look out for our program staff and participants as they dust the dirt off those old threads for our fashion show.

AUGUST 24-AUGUST 26, #10 Renaissance Week (3 DAYS ONLY--FULL DAY)

This history packed week will allow participants to see and explore what life would have been like in the Renaissance era. The kids will learn about medieval clothing, mythical creatures and popular sporting activities of this time. This SESSION will provide the opportunity to experience medieval traditions and many fun games from the medieval period.



TOWN OF ACTON RECREATION DEPARTMENT
 472 MAIN STREET, ACTON, MA 01720
 PHONE: (978) 264-9608

Office use only: Check MC VISA Cash
 \$ _____ on _____/_____/_____

2009 NARA YOUTH REGISTRATION FORM FOR AGES 6-13

Attendee's Information (one youth per form)

Last:		First:		MI
Nickname		Grade in Sept. 09:		
Birthday (MM/DD/YYYY)		Prior NARA Youth Participant? Yes No		
Allergies				
Special Needs				

Parent Information

Parent's Name(s)	
Mailing Address	
City, State Zip	
Home Phone	Cell Phone:
E-mail address	
List anyone authorized who may pick up your child including yourself. ID required must match.	

Free tee shirt included for those registered by June 1, 2009. Please circle your child's size

youth small youth medium youth large adult small adult medium adult large

Session #	Dates	Theme	Session Fee	Pre Care	Post Care	Total
1	June 22-June 26	Super Hero & Princess Week	\$205	\$20	\$60	\$
2	June 29-July 3	Patriot's Week	\$205	\$20	\$60	\$
3	July 6-July 10	Survivor Week	\$205	\$20	\$60	\$
4	July 13-July 17	Around the World	\$205	\$20	\$60	\$
5	July 20-July 24	Age of the Dinosaurs	\$205	\$20	\$60	\$
6	July 27- July 31	Olympics Week	\$205	\$20	\$60	\$
7	Aug. 3-Aug. 7	Jungle Fever	\$205	\$20	\$60	\$
8	Aug. 10-Aug. 14	Wet & Wild	\$205	\$20	\$60	\$
9	Aug. 17-Aug. 21	Flower Power	\$205	\$20	\$60	\$
10	Aug. 24-Aug. 26	Renaissance Week	\$125	\$12	\$36	\$

Please note: all snacks, meals and beverages are provided by parent. Field Trip Fees (optional and age limitations) are not included with registration fees. Total Paid \$

PAYMENT IN FULL DUE WITH REGISTRATION. PAYMENTS ACCEPTED WITH CASH, CHECK, MO, VISA, MASTERCARD.

Please note that fee of \$3 for each \$100 charged will be added for credit card transaction. Required: Please provide a copy of your child's physical (within one calendar year of attendance) and immunization record. [Scholarships available through Doli Atamian Campership Program, PO Box 693, Acton, MA 01720 or call 978-263-0131. For Flexible Spending Accounts: Town of Acton Tax ID #046-001-082.](#)

Refund Policy: \$50 non-refundable fee for each session. No refunds for cancellation within 15 days of the start of each session. All refund requests must be submitted in writing. Refunds will not be issued due to weather conditions or any water closure. **Switching Session Fee:** \$15 per session switch and must be received in writing. **Release of Liability:** The Town of Acton and any other associated groups, their officers, members or associates, appointed or volunteer, do not accept any liability for loss of life or property, personal injury or damage caused or rising out of any activity engaged in during the NARA Summer Youth Program for any reason whatsoever. I also agree to assume the risks for myself and my child and agree to hold The Town of Acton and its officers, employees and volunteers harmless and free of any liability for damage or injury my child may incur arising from participating in the NARA Youth Summer Program. Please initial if you wish for your child to NOT be included in any photographs _____ . I acknowledge the above policies and Release of Liability.

[Registrations will not be processed without proper information or signature.](#)

PARENT/GUARDIAN SIGNATURE: _____ **Date:** _____



TOWN OF ACTON RECREATION DEPARTMENT
472 MAIN STREET, ACTON, MA 01720
PHONE: (978) 264-9608

Office use only: Check MC VISA Cash
 \$ _____ on ____/____/____

2009 NARA YOUTH CIT REGISTRATION FORM FOR AGES 14 & 15

CIT's Information (ONE PERSON PER FORM)

Last:		First:		MI
Nickname		Grade in Sept. 09:		
Birthday (MM/DD/YYYY)		Prior NARA Youth Participant? Yes No		
Allergies				
Special Needs				

Parent Information

Parent's Name(s)	
Mailing Address	
City, State Zip	
Home Phone	Cell Phone:
E-mail address	
List anyone authorized who may pick up your child including yourself. ID required must match.	

Free tee shirt included for those registered by June 1, 2009. Please circle your child's size

youth small youth medium youth large adult small adult medium adult large

Session #	Dates	Theme	Session Fee	Pre Care	Post Care	Total
1	June 22-June 26	Super Hero & Princess	\$35	\$20	\$60	\$
2	June 29-July 3	Patriot's Week	\$35	\$20	\$60	\$
3	July 6-July 10	Survivor Week	\$35	\$20	\$60	\$
4	July 13-July 17	Around the World	\$35	\$20	\$60	\$
5	July 20-July 24	Age of the Dinosaurs	\$35	\$20	\$60	\$
6	July 27- July 31	Olympics Week	\$35	\$20	\$60	\$
7	Aug. 3-Aug. 7	Jungle Fever	\$35	\$20	\$60	\$
8	Aug. 10-Aug. 14	Wet & Wild	\$35	\$20	\$60	\$
9	Aug. 17-Aug. 21	Flower Power	\$35	\$20	\$60	\$
10	Aug. 24-Aug. 26	Renaissance Week	\$21	\$12	\$36	\$

All CIT's are required to have First Aid & CPR. Card must be shown with registration if your son/daughter has completed a program. If needed, please add fee with registration. No refunds permitted for First Aid/CPR.	CPR/First Aid	Total
All food, beverages, and snacks are provided by parent. FIELD TRIPS FEES ARE NOT INCLUDED.	add \$35	\$

PAYMENT IN FULL DUE WITH REGISTRATION. PAYMENTS ACCEPTED WITH CASH, CHECK, MO, VISA, MASTERCARD.
 Please note that fee of \$3 for each \$100 charged will be added for credit card transaction. Required: Please provide a copy of your child's physical (within one calendar year of attendance) and immunization record. [Scholarships available through Doli Atamian Campership Program, PO Box 693, Acton, MA 01720 or call 978-263-0131. For Flexible Spending Accounts: Town of Acton Tax ID #046-001-062.](#)
Refund Policy: No refunds for cancellation. Refunds will not be issued due to weather conditions or any water closure. **Switching Session Fee:** \$15 per session switch and must be received in writing. **Release of Liability:** The Town of Acton and any other associated groups, their officers, members or associates, appointed or volunteer, do not accept any liability for loss of life or property, personal injury or damage caused or rising out of any activity engaged in during the NARA Summer Youth Program for any reason whatsoever. I also agree to assume the risks for myself and my child and agree to hold The Town of Acton and its officers, employees and volunteers harmless and free of any liability for damage or injury my child may incur arising from participating in the NARA Youth Summer Program. Please initial if you wish for your child to NOT be included in any photographs _____. I acknowledge the above policies and Release of Liability. [Registrations will not be processed without proper information or signature.](#)
PARENT/GUARDIAN SIGNATURE: _____ **Date:** _____

NEW FOR 2009
**CORPORATE OUTINGS
AT NARA PARK**



NARA Park is the “classic outing” spot for a company picnic. NARA’s action-packed premier recreational sporting and picnic facility is one of the top places in the Metrowest Boston area to host a corporate outing. Why travel or experience the hassles of large crowds? Enjoy team building with good old time softball games, volleyball, kickball, swimming, great food and fun! If you want to entertain your group even more, we have a 3,000 seat lawn amphitheater or a portable stage that we can bring to your area. Last year NARA Park hosted many new companies from all around the Boston area. Don’t miss out on your opportunity to lock into a date for the 2009 season. Contact us today - we want to work with you to make your company have a memorable team building day at NARA Park!

All outings include:

- Tent
- Catering*
- Swimming
- Softball field
- Soccer field
- Volleyball
- Badminton
- Frisbee

Old Fashioned*

Hamburgers, Hot Dogs, Chicken, Veggie Burgers, Potato Salad, Pasta Salad, Corn on the Cob, Watermelon, Cookies, Soft Drinks, Water

NE Clam Bake*

Lobster, Steamed Clams, Chicken, Veggie Burgers, Potato Salad, Garden Salad, Corn on the Cob, Watermelon, Cookies, Soft Drinks, Water

Texas BBQ!*

Ribs, Pulled Pork, Chicken, Burgers Hot Dogs, Veggie Burgers, Cowboy Baked Beans, Potato Salad, Corn on the Cob, Watermelon, Cookies, Soft Drinks and Water

Outing Hours: 10AM-4PM
Catering Time: 12-1PM
Not included but available as an option, Amphitheater

NARA Park, Acton



**Menus are samples and are subject to change*





TOWN OF ACTON
CORPORATE OUTINGS
OUTING INQUIRY/QUOTATION REQUEST
NARA PARK



Company Name:

Contact Name: Title:

Co. Address:

City: State: Zip:

Contact Phone: E-Mail:

#1 Choice Date of Outing: Time Requested #1:

#2 Choice Date of Outing: Time Requested #2:

How many attendees?

Any special accommodation needs?
 No Yes

If yes, please detail:

All outings include Tent, 10 picnic tables, catered food with soft drinks, paper goods, softball field, soccer field, volleyball, beach & swimming (May 22-Aug. 26, 2009), frisbee, badminton, portable toilet, trash removal, and portable stage (if requested.)

Please note other items you may be seeking:

What catering option are you most interested in? These are sample menus.

- Clambake Texas BBQ Old Fashioned

NE Clam Bake*
 Lobster, Steamed Clams,
 Chicken, Veggie Burgers, Potato
 Salad, Garden Salad, Corn on the
 Cob, Watermelon, Cookies,
 Soft Drinks, Water

Texas BBQ*
 Ribs, Pulled Pork, Chicken,
 Burgers, Hot Dogs, Veggie
 Burgers, Baked Beans, Potato
 Salad, Garden Salad, Corn on the
 Cob, Watermelon, Cookies,
 Soft Drinks, Water

Old Fashioned*
 Hamburgers, Hot Dogs, Chicken,
 Veggie Burgers, Potato Salad,
 Pasta Salad, Corn on the Cob,
 Watermelon, Cookies,
 Soft Drinks, Water

Do you plan to have alcohol at your event? Yes No

For office use: Date received: **Staff:** CF MH CG

Quoted Price:

Applicant Contacted on: _____ By _____
 Via: Phone ____ Email ____ In Person ____ Fax ____
 Release Date: _____

Recreation Classes & Programs

PROGRAM #1 PLAYGROUND PLAYGROUP

Join us weekly at the NARA Park playground, meet new friends and socialize with other toddlers. This non-instructional class is designed to be a social group for children **ages 18 mos. to 4 years** of age. We will provide an array of age-appropriate equipment for your child to experiment with. Please bring a snack and drink for your child.

DAY/DATES: Thursdays May 7, 14, 21, 28, June 4, 11 No makeup classes

TIME: 10:30 AM-11:15 AM

LOCATION: NARA Park Playground

FEE: \$10 per child

INSTRUCTOR: Jamie Norton

MIN/MAX STUDENTS: 8/15

PROGRAM #2 PARENT AND TOT HIKING SESSION

Join in on the fun with other parents and small children hiking the conservation areas in Acton. This class is geared for **parents and young children** to experience the joint venture of nature and new friends. **Parents and their children from newborns and up**, can join in this great hiking session. Small infants can be brought in snugly packs or in an infant back carrier. This hike will be adaptable for young children. We will be stopping for a parent provided snack during our hike.

DAY/DATE: Thursdays May 7, 14, 21, 28, June 4, 11 No makeup classes

TIME: 10:00-11:15 AM

LOCATION: First class meets at the Acton Arboretum

FEE: \$20 per adult, children are free

INSTRUCTOR: Cathy Fochtman, Recreation Director

MIN/MAX: 4/12

PROGRAM #3 START SMART SPORTS DEVELOPMENT

Start Smart teaches children **3-5 years old** the basic motor skills necessary to play organized sports, while they work one-on-one and spend quality time with their parents. The program focuses on teaching children and their parents basic sport mechanics without the threat of competition or the fear of getting hurt. Each class will focus on an exercise which will become increasingly more challenging as the class progresses and the children show improvement. This class focuses on the skills of catching, throwing, kicking and hitting.

DAY/DATES: Tuesdays, April 28 May 5, 12, 19, 26, June 2 Weather Makeup Date: June 9

TIME: 10:15-11:00 AM

LOCATION: NARA Park Upper Fields

FEE: \$60

INSTRUCTOR: Jamie Norton

MIN/MAX STUDENTS: 6/12

PROGRAM #4 T-BALL (START SMART BASEBALL)

Start Smart Baseball was developed to assist young children **3-5 years old** in learning the basic skills necessary for a successful first time experience in organized baseball or tee ball. Start Smart Baseball is an offshoot of the popular Start Smart Sports Development Program. Start Smart Baseball focuses on including parents as an integral part of their child's learning process. Parents participate one-on-one with their child with the guidance of an instructor teaching them the baseball skills of throwing, catching, batting, and running/agility.

DAY/DATES: Wednesdays, April 29 May 6, 13, 20, 27, Jun 3

Weather Makeup Date: June 10

TIME: 10:15-11:00 AM

LOCATION: NARA Park Ball Field

FEE: \$60

INSTRUCTOR: Jamie Norton

MIN/MAX STUDENTS: 6/12

PROGRAM #5 START SMART SOCCER

Our most popular Start Smart program! Start Smart Soccer was developed to assist young children **3-5 years old** in learning the basic skills necessary for a successful first time experience in organized soccer. Start Smart Soccer focuses on including parents as an integral part of their child's learning process. Parents participate one-on-one with their child with the guidance of an instructor teaching them the soccer skills of kicking, dribbling, trapping, throw-ins and agility.

SESSION 1

DAYS: *Tuesdays for 4 & 5 Year Olds Only*

DATE: Tuesdays, April 28, May 5, 12, 19, 26, June 2

Rain makeup: June 9

TIME: 1:00-1:45 PM

LOCATION: NARA Park upper fields

FEE: \$60

INSTRUCTOR: Jamie Norton

MIN/MAX STUDENTS: 6/12, must meet min.

SESSION 3

DAYS: *Wednesdays for 3 Year Olds Only*

DATE: April 29, May 6, 13, 20, 27, Jun 3

Rain makeup: June 10

TIME: 1:00-1:45 PM

LOCATION: NARA Park upper fields

FEE: \$60

INSTRUCTOR: Jamie Norton

MIN/MAX STUDENTS: 6/12, must meet min.

SESSION 2

DAYS: *Wednesdays for 4 & 5 Year Olds Only*

DATE: April 29, May 6, 13, 20, 27, Jun 3

Rain makeup: June 10

TIME: 9:15-10:00 AM

LOCATION: NARA Park upper fields

FEE: \$60

INSTRUCTOR: Jamie Norton

MIN/MAX STUDENTS: 6/12, must meet min.

SESSION 4

DAYS: *Thursdays for 3 & 4 Year Olds Only*

DATE: April 30, May 7, 14, 21, 28, Jun 4

Rain makeup: June 11

TIME: 9:15-10:00 AM

LOCATION: NARA Park upper fields

FEE: \$60

INSTRUCTOR: Jamie Norton

MIN/MAX STUDENTS: 6/12, must meet min.

PROGRAM #6 START SMART GOLF

Start Smart Golf teaches children **ages 5-7** and their parents the basic skills necessary to play golf. Utilizing the innovative line of SNAG Golf products, children who have never picked up a club will discover how to play golf with fun activities and exciting equipment that is safe and developmentally appropriate. Start Smart Golf encourages parents to work one-on-one with their child, with the guidance of the instructor during the 6-week program.

DATE/DAY: Tuesdays, April 28, May 5, 12, 19, 26 June 2 No rain makeup dates

TIME: 3:45-4:30 PM

LOCATION: NARA amphitheatre

FEE: \$56

INSTRUCTOR: Cathy Fochtman, Recreation Director

MIN/MAX STUDENTS: 4/8

PROGRAM #7 SPECIAL NEEDS – PARENT & CHILD SOCCER

This class is designed to teach children **ages 5-8** with high-functioning autism or related diagnoses (Pervasive Developmental Disorder, Not Otherwise Specified (PDD-NOS), Asperger's Syndrome (AS), Nonverbal Learning Disability (NLD), etc.), and their parents the basic skills necessary for a successful first time experience in organized soccer. This class focuses on including the parent as an integral part of their child's learning process. A typically developing sibling, age 5 and up, is welcome to join class at a reduced rate.

DATE/DAY: Wednesdays, April 29, May 6, 13, 20, 27, June 3
TIME: 3:15pm – 4:00 PM
INSTRUCTOR: Cathy Fochtman, Recreation Director

Rain makeup: June 10
LOCATION: NARA Park Upper Fields **FEE:** \$60
MIN/MAX STUDENTS: 4 families / 6 families

PROGRAM #8 STICKS FOR KIDS –GOLFING

Young golfers **ages 8-10** will learn fundamentals such as stance, gripping, pitching, putting, and swinging. Instruction also covers golf safety, etiquette, and discipline. Youth-sized golf clubs will be available for the students. The clubs and the program are made possible through the partnership of The Town of Acton Parks & Recreation Department, the National Recreation and Park Association, and the Golf Course Builders Association of America.

DATE/DAY: Thursdays April 30, May 7, 14, 21, 28, June 4 No makeup classes
TIME: 2:30-3:15 PM
INSTRUCTOR: Cathy Fochtman, Recreation Director

LOCATION: NARA amphitheatre **FEE:** \$56
MIN/MAX STUDENTS: 4/8, must meet min.

We live in one of the most prestigious places in the country and Acton Recreation wants you to take full advantage of what Acton has to offer by presenting a variety of programs for various ages at beautiful NARA Park, Acton's Conservation Trails, and other Town recreational facilities. Take back your health and fitness, and make time for yourself, all while enjoying the best of what Acton offers, some of the most exceptional recreational and conservation facilities in Massachusetts.

The Next Champion Tennis ~ Spring & Summer Outdoor Tennis Classes

We are proud to offer more tennis classes this coming spring/summer season with The Next Champions Tennis Program, a highly professional and reputable instructional staff. Last year The Next Champions Tennis joined together with Acton Recreation and formed a variety of new tennis classes which were well received and highly recommended. The Next Champions also instruct at Shedd Park in Lowell, Sky Meadow Country Club, Quail Ridge Country Club, Nashua Country Club, Trull Brook Tennis and many other exceptional tennis clubs. In this program, we are happy to offer a large variety of affordable classes for all ages including a new special needs program. If you would like more details on the classes, please contact The Next Champions at (978) 369-8747 (please leave message if you get a recording) or email tennis@thenextchampions.com

TO FIND YOUR TENNIS LEVEL RATING, PLEASE CHECK: WWW.USTA.COM
MAY IS TENNIS MONTH SO START RAISIN' A RACKET AND SMASHIN' SOME BALLS.
IT'S AN EASY SPORT TO LEARN AND A GREAT WAY TO STAY IN SHAPE!

PROGRAM #9 SPRING MIGHTY MINI TENNIS

Help keep your child involved in physical activity this fall while meeting friends old and new. Young children **ages 4-6** will develop hand-eye coordination, racket skills and group interaction. Players will also enjoy group games and competition, building friendship and confidence. We recommend that each child bring a racquet—a limited amount of demo racquets will be available for use. Tennis balls are provided or you may bring your own. Please wear good sneakers and bring a filled water bottle. More information is also online at: www.thenextchampions.com or call (978) 369-8747 / Email: tennis@thenextchampions.com For class updates regarding weather, please contact (978) 369-8747. Due to court and instructor availability, no refunds will be issued for additional classes cancelled due to weather conditions.

Each SESSION FEE: \$75 **MIN/MAX per SESSION:** 3/8 **INSTRUCTOR:** The Next Champions Tennis **LOCATION:** Elm Street Tennis Courts

SESSION 1: Spring—Level 1

DAY/DATE: Wednesdays, April 29, May 6, 13, 20, 27
Weather Makeup Date: June 3
TIME: 1:05-1:50 PM

SESSION 3: Summer—Level 2

DAY/DATE: Wednesdays, June 10, 17, 24, July 1, 8
Weather Makeup Date: July 15
TIME: 1:05-1:50 PM

SESSION 2: Spring—Level 1

DAY/DATE: Tuesdays, April 28, May 5, 12, 19, 26
Weather Makeup Date: June 2
TIME: 10:45-11:30 AM

SESSION 4: Summer—Level 2

DAY/DATE: Tuesdays, June 9, 16, 23, 30, July 7
Weather Makeup Date: July 14
TIME: 10:45-11:30 AM

PROGRAM #10 SPRING SPECIAL NEEDS TENNIS PROGRAM

Special Needs Tennis program's goal is to promote and develop recreational tennis opportunities for individuals with differing abilities and circumstances through inclusion, knowledge, and support, and by providing, where needed, adaptive programming, equipment, and teaching techniques. Participants must have mobility. We recommend that each child bring a racquet—a limited amount of demo racquets will be available for use. Tennis balls are provided or you may bring your own. Please wear good sneakers and bring a filled water bottle. More information is also online at: www.thenextchampions.com or call (978) 369-8747 / Email: tennis@thenextchampions.com. For class updates regarding weather, please contact (978) 369-8747. Due to court and instructor availability, no refunds will be issued for additional classes cancelled due to weather conditions.

SESSION 1: Spring—SN For ages 7-10

DAY/DATE: Wednesdays, April 29, May 6, 13, 20, 27 Weather Makeup Date: June 3
INSTRUCTOR: The Next Champions Tennis

TIME: 4:35-5:30 PM **MIN/MAX:** 3/8
LOCATION: Elm Street Tennis Courts **FEE:** \$75

PROGRAM #11 SPRING TENNIS FOR BEGINNERS AND INTERMEDIATES FOR AGES 7 TO 12

Keep your child/teen involved in physical activity this spring while meeting friends old and new. Sessions are geared towards age and playing level/ability. Your child will learn basic grip, strokes, boundaries and scoring. We recommend that participant bring a racquet—a limited amount of demo racquets will be available for use. Tennis balls are provided or you may bring your own. Please wear good sneakers and bring a filled water bottle. More information is also online at: www.thenextchampions.com or call (978) 369-8747 / Email: tennis@thenextchampions.com For class updates regarding weather, please contact (978) 369-8747. Due to court and instructor availability, no refunds will be issued for additional classes cancelled due to weather conditions.

EACH SESSION FEE: \$105 MIN/MAX: 3/8 INSTRUCTOR: The Next Champions Tennis LOCATION: Elm Street Tennis Courts

SESSION 1: Spring—Beginners, Ages 7-9

DAY/DATE: Thurs, April 30, May 7, 14, 21, 28 June 4, 11
Weather Makeup Date: June 18 TIME: 1:30-2:30 PM

SESSION 2: Spring—Beginners, Ages 10-12

DAY/DATE: Thurs, April 30, May 7, 14, 21, 28 June 4, 11
Weather Makeup Date: June 18 TIME: 2:30-3:25 PM

SESSION 3: Spring-Intermediates, Ages 7-9

DAY/DATE: Thurs, April 30, May 7, 14, 21, 28 June 4, 11
Weather Makeup Date: June 18 TIME: 3:30-4:25 PM

SESSION 4: Spring-- Intermediates Ages 10-12

DAY/DATE: DAY/DATE: Wednesdays, June 10, 17, 24 July 1, 8, 15, 22
Weather Makeup Date: July 29 TIME: 3:30-4:25 PM

SESSION 5: Tween Tennis Adv. Beginner & Intermediate Combo for ages 7-9
(Prerequisite beginner tennis)

DAY/DATE: Saturdays, July 11, 18, 25 Aug. 1, 8, 15, 22 Sept. 5
Weather Makeup Date: TBD by INSTRUCTOR TIME: 8:30-9:25 AM

PROGRAM #12 SPRING ADULT TENNIS FOR AGES 16 & UP!

Stay fit with a fun physical activity and meet friends old and new. You will learn basic grip, strokes, boundaries and scoring. You will also gain the ability to sustain a rally with equal level players two or three times. You will work on court positioning for both singles and doubles, strategy and point play for both singles and doubles. We recommend that participant bring a racquet—a limited amount of demo racquets will be available for use. Tennis balls are provided or you may bring your own. Please wear good sneakers and bring a filled water bottle. More information is also online at: www.thenextchampions.com or call (978) 369-8747 / Email: tennis@thenextchampions.com For class updates regarding weather, please contact (978) 369-8747. Due to court and instructor availability, no refunds will be issued for additional classes cancelled due to weather conditions.

EACH SESSION FEE: \$105 MIN/MAX: 3/8 INSTRUCTOR: The Next Champions Tennis LOCATION: Elm Street Tennis Courts

SESSION 1 Beginner

DAY/DATE: Thurs, April 30, May 7, 14, 21, 28 June 4, 11
TIME: 5:00-6:00 PM Weather Makeup Date: June 18

SESSION 2 Beginner

DAY/DATE: Tues, April 28, May 5, 12, 19, 26 June 2, 9
TIME: 9:30-10:30 AM Weather Makeup Date: June 16

SESSION 3: Intermediate

DAY/DATE: Mon, April 27, May 4, 11, 18, 25 June 1, 8
TIME: 8:30-8:55 AM Weather Makeup Date: June 15

SESSION 4: Beginner

DAY/DATE: Tues, April 28, May 5, 12, 19, 26 June 2, 9
TIME: 12:05-1:00 PM Weather Makeup Date: June 16

PROGRAM #13 SUMMER TENNIS JAM --Classes fill up fast so don't delay!

Are your kids spending too much time behind a computer or video game screen? It's time to get on the court and get playing!

Our tennis programs have been very popular and well received. There are a variety of sessions geared towards age and playing level/ ability. Don't miss out on this great summer lineup of classes for you or your child. We recommend that participant bring a racquet—a limited amount of demo racquets will be available for use. Tennis balls are provided or you may bring your own. Please wear good sneakers and bring a filled water bottle. More information is also online at: www.thenextchampions.com or call (978) 369-8747 / Email: tennis@thenextchampions.com For class updates regarding weather, please contact (978) 369-8747. Due to court and instructor availability, no refunds will be issued for additional classes cancelled due to weather conditions. **All jam session makeup classes are the last Friday of each session week.**

PER SESSION FEE: \$85

INSTRUCTOR: The Next Champions Tennis

LOCATION: Elm Street Tennis Courts

MIN/MAX PER SESSION: 3/12

SESSION 1:	Mon-Thurs- July 6-9	7:30 AM-8:50 AM	Ages 10-12 Beginner
SESSION 2:	Mon-Thurs- July 6-9	10:30 AM-11:50 AM	Ages 13-15 Beginner
SESSION 3:	Mon-Thurs- July 13-16	6:00 AM-7:20 AM	Adult (16+) Beginner/Intermediate
SESSION 4:	Mon-Thurs- July 13-16	9:00 AM-10:20 AM	Ages 7-9 Beginner
SESSION 5:	Mon-Thurs- July 13-16	10:30 AM-11:50 AM	Ages 7-9 Intermediate
SESSION 6:	Mon-Thurs- July 20-23	7:30 AM-8:50 AM	Ages 13-15 Intermediate
SESSION 7:	Mon-Thurs- July 20-23	9:00 AM-10:20 AM	Ages 7-9 Beginner
SESSION 8:	Mon-Thurs- July 20-23	10:30 AM-11:50 AM	Ages 10-12 Beginner/Intermediate
SESSION 9:	Mon-Thurs- July 27-30	6:00 AM-7:20 AM	Ages 7-9 Doubles Beginner/Intermediate
SESSION 10:	Mon-Thurs- July 27-30	9:00 AM-10:20 AM	Ages 13-15 Beginner/Intermediate
SESSION 11:	Mon-Thurs- July 27-30	10:30 AM-11:50 AM	Ages 7-9 Beginner
SESSION 12:	Mon-Thurs- Aug. 3-6	7:30 AM-8:50 AM	Ages 7-9 Beginner
SESSION 13:	Mon-Thurs- Aug. 3-6	9:00 AM-10:20 AM	Ages 10-12 Beginner/Intermediate
SESSION 14:	Mon-Thurs-Aug. 10-13	6:00 AM-7:20 AM	Ages 7-9 Intermediate/Advanced
SESSION 15:	Mon-Thurs- Aug. 10-13	7:30 AM-8:50 AM	Ages 10-12 Beginner/Intermediate
SESSION 16:	Mon-Thurs- Aug. 10-13	9:00 AM-10:20 AM	Ages 7-9 Beginner/Intermediate
SESSION 17:	Mon-Thurs- Aug. 17-20	9:00 AM-10:20 AM	Ages 10-12 Advanced Beginner - prerequisite Beginner class
SESSION 18:	Mon-Thurs- Aug. 17-20	10:30-11:50 AM	Ages 7-9 Advanced Beginner - prerequisite Beginner class

PROGRAM #14 SUMMER ADULT TENNIS CLASSES! FOR AGES 16 & UP AND PARENT & ME CLASSES

Stay fit with a fun physical activity and meet friends old and new. You will learn basic grip, strokes, boundaries and scoring. You will also gain the ability to sustain a rally with equal level players two or three times. You will work on court positioning for both singles and doubles, strategy and point play for both singles and doubles. We recommend that participant bring a racquet—a limited amount of demo racquets will be available for use. Tennis balls are provided or you may bring your own. Please wear good sneakers and bring a filled water bottle. More information is also online at: www.thenextchampions.com or call (978) 369-8747 / Email: tennis@thenextchampions.com For class updates regarding weather, please contact (978) 369-8747. Due to court and instructor availability, no refunds will be issued for additional classes cancelled due to weather conditions.

MIN/MAX: 3/12 INSTRUCTOR: The Next Champions Tennis

LOCATION: Elm Street Tennis Courts

SESSION 1 After Work Tennis for Beginners

DAY/DATE: Tues. June 23, 30, July 7, 14, 21, 28 Aug. 4

TIME: 6:00-6:55 PM Weather Makeup Date: Aug. 11

FEE: \$105

SESSION 2 Saturday Parent and Child (ages 5-9) Class

DAY/DATE: Sat. May 2, 9, 16, 30, June 6, 13, 20

TIME: 10:30-11:25 AM Weather Makeup Date: June 27

FEE: \$150 per parent & child couple

SESSION 3 Saturday Parent and Child (ages 5-9) Class

DAY/DATE: Sat. July 11, 18, 25, Aug. 1, 8, 15, 22

TIME: 10:30-11:25 AM Weather Makeup Date: Sept. 5

FEE: \$150 per parent & child couple

SESSION 4: Parent & Me (kids aged 10-14) Tennis Class

DAY/DATE: Mon, April 27, May 4, 11, 18, 25, June 1, 8

TIME: 4:10-5:05 PM Weather Makeup Date: June 15

FEE: \$150 per parent & me couple

PROGRAM #15 KUNG FU FOR KIDS: YOUNG TIGERS

For children ages 7-12, Kung Fu teaches children to try their best. Through training they learn how to overcome challenges and experience victories, giving them confidence and spirit to be their best in martial arts, their school and home. This class develops: flexibility, strength, self defense, respect, self esteem and coordination. Testing for belt upon completion of the program is included. Web address: www.AthleticBalance.com All new (5000 sq. ft) facility!!!

PER SESSION FEE: \$80/6 weeks

MAXIMUM STUDENTS: 6

INSTRUCTOR: Eva Latecki and Narcyz Latecki

LOCATION: Athletic Balance, LLC d/b/a Chinese Martial Arts, 61-R Great Road, Acton

PHONE: (978)-635-1090

SESSION 1: YOUNG TIGERS AGES 7-12 YEARS

CLASS MEETS: Mondays, March 9 – April 13, 2009

TIME: 4:00 – 4:45 PM

SESSION 2: YOUNG TIGERS AGES 7-12 YEARS

CLASS MEETS: Tuesdays March 10 – April 14, 2009

TIME: 4:45 – 5:30 PM

SESSION 3: YOUNG TIGERS AGES 7-12 YEARS

CLASS MEETS: Wednesdays, March 11 – April 15, 2009

TIME: 4:00 – 4:45 PM

SESSION 4: YOUNG TIGERS AGES 7-12 YEARS

CLASS MEETS: Thursdays, March 12 – April 16, 2009

TIME: 4:45–5:30 PM

SESSION 5: YOUNG TIGERS AGES 7-12 YEARS

CLASS MEETS: Mondays, May 4-June 15, 2009

TIME: 4:00 – 4:45 PM (no class May 25)

SESSION 6: YOUNG TIGERS AGES 7-12 YEARS

CLASS MEETS: Tuesdays, May 5 - June 9, 2009

TIME: 4:45 – 5:30 PM

SESSION 7: YOUNG TIGERS AGES 7-12 YEARS

CLASS MEETS: Wednesdays, May 6 – June 10, 2009

TIME: 4:00 – 4:45 PM

SESSION 8: YOUNG TIGERS AGES 7-12 YEARS

CLASS MEETS: Thursdays, May 7 – June 11, 2009

TIME: 4:45 – 5:30 PM

PROGRAM #16 KUNG FU FOR KIDS: LITTLE DRAGONS

For children ages 4-6, Kung Fu teaches children to try their best. Through training they learn how to overcome challenges and experience victories, giving them confidence and spirit to be their best in martial arts, their school and home. This class develops: flexibility, strength, self defense, respect, self esteem and coordination. Testing for belt upon completion of the program is included. Web address: www.AthleticBalance.com All new (5000 sq. ft) facility!!!

PER SESSION FEE: \$80.00/6 weeks

MAXIMUM STUDENTS: 6

INSTRUCTOR: Eva Latecki and Narcyz Latecki

LOCATION: Athletic Balance, LLC d/b/a Chinese Martial Arts, 61-R Great Road, Acton

PHONE: (978)-635-1090

SESSION 1: LITTLE DRAGONS AGES 4-6 YEARS

CLASS MEETS: Tuesdays March 10 – April 14, 2009

TIME: 3:30—4:00 PM

SESSION 2: LITTLE DRAGONS AGES 4-6 YEARS

CLASS MEETS: Thursdays, March 12 – April 16, 2009

TIME: 3:30—4:00 PM

SESSION 3: LITTLE DRAGONS AGES 4-6 YEARS

CLASS MEETS: Saturdays, March 14—April 18, 2009

TIME: 10:00 – 10:30 AM

SESSION 4: LITTLE DRAGONS AGES 4-6 YEARS

CLASS MEETS: Tuesdays, May 5—June 9, 2009

TIME 3:30—4:00 PM

SESSION 5: LITTLE DRAGONS AGES 4-6 YEARS

CLASS MEETS: Thursdays, May 7—June 11, 2009

TIME: 3:30—4:00 PM

SESSION 6: LITTLE DRAGONS AGES 4-6 YEARS

CLASS MEETS: Saturdays, May 9—June 13, 2009

TIME: 10:00 – 10:30 AM

REGISTER EARLY! Nothing stops a program faster than everyone waiting until the last minute to register for it! As some point, we have to determine if our enrollment is sufficient to hold the class. If you are planning on signing up the first day of class, we don't know that. We may cancel, and you'll be out of luck. Don't assume, Register Early!

US SPORTS INSTITUTE

PROGRAM #17 MULTI SPORT CLINIC

Experience over 15 different sports from around the world with the US Sports Institute. All activities will take place in an atmosphere which promotes good sportsmanship teamwork and most of all fun. Participants will receive Technical Instruction in each sport then experience the sport in a realistic game situation. Participants will receive a t-shirt and certificate. This is the only summer program truly dedicated to the sports minded youngster. Weather makeup: US Sports Institute will add hours at the end of each day to make up for missed time. *10:1 Student/Instructor ratio*

SESSION 1: For ages 7-14

TIME: 9:00-3:00 PM

FEE: \$169

DAY/DATES: July 6, 7, 8, 9, 10

INSTRUCTOR: US Sports Institute

LOCATION: Elm Street Field

MIN: 12

SESSION 2: for ages 5-7

TIME: 9:00-1:00 PM

FEE: \$120

DAY/DATES: July 6, 7, 8, 9

INSTRUCTOR: US Sports Institute

LOCATION: Elm Street Field

MIN: 12

PROGRAM # 18 SPORTS SQUIRTS FOR AGES 3 TO 5

The Sport Squirts program is a great way to introduce children aged 3 to 5 to a variety of sports such as Soccer, T-ball, Basketball and Hockey all taking place in a safe structured environment to ensure learning. Activities are designed to evoke a child's imagination in which they can Find Nemo, send Shrek into a spin or capture Jellyfish with Sponge Bob Square Pants. All activities promote hand-eye coordination, movement and balance and most importantly Fun, Fun, Fun. *10:1 Student/Instructor ratio*

SESSION 1

TIME: 4:00-5:30 PM

FEE: \$89

DAY/DATES: July 6, 7, 8, 9, 10

Weather Makeup Date: July 13

INSTRUCTOR: US Sports Institute

LOCATION: Elm Street Field

MIN: 12

FALCON SPORTS PROGRAMS

About FSA: Falcon Sports Academy has provided high-end sports programs to recreation departments and organizations throughout the US for over a decade. We believe that the coach is the most essential part of the learning process. Each coach works with the participants to teach, encourage and challenge them. Our goals are to enhance fundamentals, focus on strategy and create a supportive and fun environment. Whether your child is a beginner, intermediate, or advanced athlete our comprehensive instruction will help your child focus on skill development and the excitement of participation and building participants' self-esteem.

Please note that groups are formed based on age & ability. Classes are filled on a first come, first serve basis. Register today!

PROGRAM #19 BEACH VOLLEYBALL

BUMP, SET, SPIKE! This program is designed to introduce players to the sport and provide the skills to become a better player. Receive an introduction to the rules, skills, and positions in the game of volleyball. Please have participant bring a filled water bottle and wear light clothing. Equipment is provided.

SPRING DAY/DATES

SESSION 1: Little Falcons 6-8 year olds

TIME: 11:00-12:30 PM **FEE:** \$135

DAY/DATES: Sat. May 2, 9, 16, 30, Jun 6

Weather Makeup Date: June 13

INSTRUCTOR: Falcon Sports Academy Staff

LOCATION: NARA Park Beach

MIN/MAX: 4/10

SESSION 2: Jr. Falcons 9-14 year olds

TIME: 12:30-2:00 PM **FEE:** \$135

DAY/DATES: Sat. May 2, 9, 16, 30, Jun 6

Weather Makeup Date: June 13

INSTRUCTOR: Falcon Sports Academy Staff

LOCATION: NARA Park Beach

MIN/MAX: 4/10

SUMMER BEACH VOLLEY BALL CLINIC

SESSION 3: Little Falcons 6-8 year olds

TIME: 4:30-6:00 PM **FEE:** \$105

DAY/DATES: July 27, 28, 29, 30

Weather Makeup Date: July 31

INSTRUCTOR: Falcon Sports Academy Staff

LOCATION: NARA Park Beach

MIN/MAX: 4/10

SESSION 4: Jr. Falcons 9-14 year olds

TIME: 6:00-7:30 PM **FEE:** \$105

DAY/DATES: July 27, 28, 29, 30

Weather Makeup Date: July 31

INSTRUCTOR: Falcon Sports Academy Staff

LOCATION: NARA Park Beach

MIN/MAX: 4/10

PROGRAM #20 FLAG FOOTBALL

Introduces and reinforces football skills such as passing, blocking, running routes, and catching. Participants will develop quickness and agility as they learn offensive and defensive game techniques. This clinic is designed to focus on skill development, teamwork, sportsmanship and fun! Please have children bring a filled water bottle and wear light clothing and sneakers. Equipment is provided.

SPRING FLAG FOOTBALL DAY/DATES

SESSION 1: Little Falcons 6-8 year olds

TIME: 2:00-3:30 PM **FEE:** \$135

Dates: Thursday, May 7, 14, 21, 28, Jun 4

Weather Makeup Date: Jun 11

INSTRUCTOR: Falcon Sports Academy Staff

LOCATION: Elm Street Field

MIN/MAX: 6/unlimited

SESSION 2: Jr. Falcons 9-14 year olds

TIME: 3:30-5:00 PM **FEE:** \$135

Dates: Thursday, May 7, 14, 21, 28 Jun 4

Weather Makeup Date: Jun 11

INSTRUCTOR: Falcon Sports Academy Staff

LOCATION: Elm Street Field

MIN/MAX: 6/unlimited

FALCONS FLAG FOOTBALL SUMMER CLINIC

SESSION 3: for 7-12 Year Olds

Dates: Aug. 3, 4, 5, 6

Weather Makeup Date: Aug. 7

TIME: 9:00-11:15 AM

FEE: \$105

INSTRUCTOR: Falcon Sports Academy Staff

LOCATION: Elm Street Field

MIN/MAX: 6/unlimited

PROGRAM #21 ULTIMATE FRISBEE

Ultimate Frisbee is a fun place to learn the sport that combines speed, grace, and agility. Learn the art of passing, pulling, scoring, stacking, and maybe even complete a "GREATEST." Participants will love the non-stop action and movement of the disc, which combines the athletic endurance of soccer and the aerial passing of football. Fly into action with our new program and participate in the growing sport of Ultimate Frisbee! Please have participant bring a filled water bottle and wear light weight clothing and sneakers.

SPRING CLINIC

SESSION 1: Falcons Frisbee for 7-12 Year Olds
DAY/DATES: Tuesdays, April 28, May 5, 12, 19, 26, Jun 2
Weather Makeup Date: Jun 9
TIME: 4:15-5:45 PM **FEE:** \$135
INSTRUCTOR: Falcon Sports Academy Staff
LOCATION: Elm Street Field **MIN/MAX:** 6/unlimited

SUMMER CLINIC

SESSION 2: Falcon Frisbee Summer Clinic for 7-12 Year Olds
DATES: Aug 10, 11, 12, 13
Weather Makeup Date: Aug 14
TIME: 9:00-11:15 AM **FEE:** \$105
INSTRUCTOR: Falcon Sports Academy Staff
LOCATION: Elm Street Field **MIN/MAX:** 6/unlimited

PROGRAM #22 WOLFPAC BASEBALL CLINIC (formerly COLONIAL BASEBALL CLINIC)

The week-long camp is run by area coach, Steve Donovan. The clinic is open to **boys and girls ages 8-12** who are interested in improving their baseball skills and having fun. Learn the fundamentals and techniques of throwing, catching, pitching, fielding and hitting. Positioning and game play will also be covered. The instruction is individualized so that all abilities are welcome. Participants should bring their baseball glove, wear sneakers or cleats and bring a baseball bat, if desired. Also bring a bag lunch, snack with drink and cooler. Clinic will be held regardless of weather.

Steve Donovan, BS in Physical Education, Springfield College, MEd in Human Movement, Boston University, is the founder of the New England Wolfpac Baseball Program. He has been coaching and teaching baseball for over 25 years. His experiences include varsity baseball coach of Acton-Boxborough (10 years) and Littleton (5 years), pitching coach for Merrimack College (3 years) and head coach of the AAU/ Junior Olympic New England Mariners (U15 National Champions). Coach Donovan has run the highly successful Colonial Camps and Clinics in the surrounding communities since 1984. Steve pitched for Springfield College and has played/coached in Europe and Australia. He currently pitches in the Boston Men's Baseball League. For more information contact Steve Donovan at (978) 263-5642.

SESSION 1

DAYS/DATES: Monday-Friday, June 29 -July 3, 2009
TIME: 8:30 AM-4:00 PM
LOCATION: Veteran's Field—2A/27
SESSION FEE: \$175
INSTRUCTOR: Steve Donovan
MIN/MAX STUDENTS: 30/50

SESSION 2

DAYS: Monday-Friday, July 6-July 10, 2009
TIME: 8:30 AM-4:00 PM
LOCATION: Veteran's Field—2A/27
SESSION FEE: \$175
INSTRUCTOR: Steve Donovan
MIN/MAX STUDENTS: 30/50

PROGRAM #23 INSTRUCTIONAL FIELD HOCKEY

Designed for the beginner, this class will focus on learning the skills of field hockey and will introduce participants to field hockey. Class format will include stick skills, drills, 3v3, and defensive/offensive concepts. This class is ideal for anyone thinking about playing field hockey at the junior high or high school level. Open to **grades 5 through 7**. Limited Field Hockey sticks will be available for participants. Field Hockey Balls will be supplied – however, participants may bring their own.

DAY/DATES: Tuesdays, April 28, May 5, 12, 19, 26, Jun 2 **Rain Date Makeup:** June 9 **FEE:** \$62
TIME: 4:15-5:30 PM **LOCATION:** Elm Street **INSTRUCTOR:** Lynda Lareau
MIN/MAX STUDENTS: Min. 20 **NOTE:** Mouth guards and shin guards are required for participation.

PROGRAM #24 SUMMER FIELD HOCKEY CLINIC

This four-day clinic will provide the novice field hockey player the opportunity to learn the skills and tactics of field hockey. Participants will experience success and skill improvement over the course of this clinic. Players will have the opportunity to participate in a game situation. Bring your sneakers, a mouth guard, shin guards and your enthusiasm. We'll supply all the equipment you'll need to learn this fast-paced sport. This class is **open to grades 5 – 8**. Anyone thinking about playing in Junior High should participate in this clinic. Limited Field Hockey sticks will be available for participants. Field Hockey Balls will be supplied – however, participants may bring their own.

DAY/DATES: Mon-Thur. July 6, 7, 8, 9 **Rain Date Makeup:** July 10 **FEE:** \$77
TIME: 8:30-10:20 AM **LOCATION:** Leary Field **INSTRUCTOR:** Laura Sikalis/Acton Recreation
MIN/MAX STUDENTS: Min. 20 **NOTE:** Mouth guards and shin guards are required for participation.

PROGRAM #25 PICK-UP SUMMER FIELD HOCKEY 4-DAY SESSION

This four-day clinic is designed for those who "just want to play". The focus of this class is to allow participants an opportunity to play the game of field hockey in preparation for their upcoming season. Participants must be entering **grade 9 through 12** only and have previous playing experience. Participants must bring their own stick. Field Hockey balls will be provided, however, participants may bring their own. *Goggles are also mandatory for participation in this program.*

DAY/DATES: Mon-Thurs, Aug. 10-13 **Rain Date Makeup:** Aug. 14 **FEE:** \$45
TIME: 8:45 - 10:00 AM **LOCATION:** Leary Field **COORDINATOR:** Laura Sikalis/Acton Recreation
MIN/MAX STUDENTS: Min. 20 **NOTE:** Stick, mouth guards and shin guards are required for participation.

**ACTON RECREATION IS NOW ACCEPTING MASTERCARD AND VISA
FOR ALL PROGRAMS, TRIPS AND TICKETS!
TRANSACTIONS MUST BE COMPLETED IN PERSON.
\$3 FEE FOR EACH \$100 CHARGED**

PROGRAM #26 CARTOONING CLASS

With the goal of creating your own comic story, kids **ages 7-12** will explore how to "cartoonize" starting with heads & bodies. The evolution of your final story will include lessons in color, composition, lettering and backgrounds as well as story lines. All that is required is an imagination and smile.

DAY/DATES: Sat., 14, 21, April 4, 11, 18, May 5, 9, 16 **TIME:** 10:15-11:15 AM **FEE:** \$77 includes all materials
LOCATION: 34 Oneida Rd., Acton **INSTRUCTOR:** Sue Funk **MIN:** 4

PROGRAM #27 BASIC DRAWING

Come join us as we explore the world of drawing. No prior experience required. Kids **ages 7 – 10** just come ready to create and laugh. We will learn how to draw faces, people, landscapes, cityscapes, shading and more. All you need to bring to class is your smile.

DAY/DATES: Sat., 14, 21, April 4, 11, 18, May 5, 9, 16 **TIME:** 9:00-10:00 AM **FEE:** \$77 includes all materials
LOCATION: 34 Oneida Rd., Acton **INSTRUCTOR:** Sue Funk **MIN:** 4

PROGRAM #28 MORRISON FARM YOUTH GARDENERS NEW!!!

The Recreation Director is offering an opportunity for youth **ages 6–11** to Green Morrison Farm! We'll be meeting over the best part of the gardening season to do hands-on projects at Morrison Farm each week with plants - beautify our surroundings with plants we grow from seed, raise tasty vegetables in our planting beds and get a garden ready for the coming summer season. You will also be able to take many projects home to Green your own backyard! It's a fun way to learn about gardening by seeing the results. Each participant will receive a tee-shirt!

DAY/DATES: Thurs., April 17, 24, May 1, 8, 15, 22, 29, June 5, 12 **TIME:** 4:00-5:00 PM **FEE:** \$75
LOCATION: Morrison Farm, 116 Concord Rd., Acton **INSTRUCTOR:** Cathy Fochtman, Master Gardener **MIN/MAX:** 4/8

PROGRAM #29 T.J. O'GRADY SKATE PARK

The Recreation Department oversees the Skate Park operations. The Skate Park is open daily during daylight hours. Please observe posted rules and regulations. The Park is open to the public and there is no user fee. The Park is located on Hayward Road in Acton near the ABRHS.

PROGRAM #30 "LET'S ALL COOK" -- MOMMY AND ME!

Would you like to start a new and fun class with your **preschooler (ages 3 or 4)** and introduce him/her to new and healthy foods? Do you love to cook with your child and would like to learn new easy recipes? We will cook together, eat lunch and make new friends!

EQUIPMENT/MATERIALS NEEDED: Adult apron, container for leftovers

DAY/DATES OF CLASS: Thursday, April 30, 7, 14, 21, 28, Jun 4 **TIME:** 11:00AM – 12:30 PM **FEE:** \$150
INSTRUCTOR: Maxine Bussell. Maxine has worked as a chef for over 25 years. She has taught cooking to children and adults for the past 7 years and works part-time for one of the largest catering companies in Boston. **MIN/MAX:** 8/16
LOCATION: Church of Good Shepherd, 164 Newtown Road, Acton Website: www.letsallcook.com



PROGRAM #31 "LET'S ALL COOK" BEGINNERS FOR GRADES K-3

This class will teach kids to identify foods, measure ingredients and cook simple recipes, such as bread, cookies and fun snacks. Any food allergies or special needs should be disclosed on registration form.

EQUIPMENT/MATERIALS NEEDED: Container for leftovers

DAY/DATES OF CLASS: Thursday, April 30, 7, 14, 21, 28, Jun 4 **TIME:** 1:30PM – 3:00 PM **FEE:** \$120
INSTRUCTOR: Maxine Bussell-- Maxine has worked as a chef for over 25 years. She has taught cooking to children and adults for the past 7 years and works part-time for one of the largest catering companies in Boston. **MIN/MAX:** 8/16
LOCATION: Church of Good Shepherd, 164 Newtown Road, Acton Website: www.letsallcook.com

PROGRAM #32 "LET'S ALL COOK" BEGINNERS II FOR GRADES 4-6

This class will teach older kids to read a recipe, prepare and cook delicious and healthy dishes with emphasis on nutrition and food science. Any special needs or food allergies should be disclosed on registration form.

EQUIPMENT/MATERIALS NEEDED: Container for leftovers

DAY/DATES OF CLASS: Thursday, Thursday, April 30, 7, 14, 21, 28, Jun 4 **TIME:** 3:15-4:45 PM **FEE:** \$150
INSTRUCTOR: Maxine Bussell. Maxine has worked as a chef for over 25 years. She has taught cooking to children and adults for the past 7 years and works part-time for one of the largest catering companies in Boston. **MIN/MAX:** 8/16
LOCATION: Church of Good Shepherd, 164 Newtown Road, Acton Website: www.letsallcook.com

PROGRAM #33 "LET'S ALL COOK" TEEN SUPPER CLUB FOR GRADES 7-12

Do you want to have fun cooking, make new friends and eat what you make? This class will teach basic cooking skills and techniques, so you can cook for your friends and family with confidence. Any special needs or food allergies should be disclosed on registration form.

EQUIPMENT/MATERIALS NEEDED: Container for leftovers

DAY/DATES OF CLASS: Thursday, Thursday, April April 30, 7, 14, 21, 28, Jun 4 **TIME:** 5:00-6:30 PM **FEE:** \$150
INSTRUCTOR: Maxine Bussell. Maxine has worked as a chef for over 25 years. She has taught cooking to children and adults for the past 7 years and works part-time for one of the largest catering companies in Boston. **MIN/MAX:** 8/16
LOCATION: Church of Good Shepherd, 164 Newtown Road, Acton Website: www.letsallcook.com

**SPECIAL SPRING /SUMMER PROGRAM & NARA PARK INFO NIGHT!
FRIDAY, MARCH 13 FROM 4-7 PM, ROOM 204, ACTON TOWN HALL**

SPRING VACATION PROGRAM AT NARA PARK!

A new and affordable option for working parents and kids looking for vacation activities
in response to many requests received!

Offered by the Acton Recreation Department – Don't delay sign up today!

PROGRAM #34 LET THE GAMES BEGIN!

This is new and exciting day long program for youth ages 7-13 during spring vacation week. This will be a day filled with games of all sorts and not just sporting games! Participants will play assorted field games i.e. soccer, kickball, golf, field hockey, field tennis, volleyball (alternate activities if rainy). Participants will also have an arts and crafts activity. Please have your child wear outdoor clothing and sneakers. If possible, please bring their bicycles and helmets.



SESSION 1: DAY/DATE: TUESDAY, APRIL 21

TIME: 9:00 AM – 4:00 PM

LOCATION: NARA Park Pavilion & Grounds

INSTRUCTOR: Acton Recreation Department

NOTE: Please provide a bag lunch, snack and drink

SESSION FEE: \$42

MIN/MAX: 6/14



PROGRAM #35 ALL ABOUT NATURE ADVENTURES!

It's all about NARA's critters that crawl, swim and fly! Participants will explore the grounds around NARA, including a small hike in the Town Forest. Activities include nature fun, arts and crafts—nature themed, and a visit from a conservation expert. This new and exciting program for youth ages 7-13. A fun family movie on bears will also be shown! Please have children wear clothes for both indoors and outdoors.



SESSION 2: DAY/DATE: WEDNESDAY, APRIL 22

TIME: 9:00 AM – 4:00 PM

SESSION FEE: \$42

LOCATION: NARA Park Pavilion & Grounds

INSTRUCTOR: Acton Recreation Department MIN/MAX: 6/14

NOTE: Please provide a bag lunch, snack and drink and have children wear clothes for both indoors and outdoors.

PROGRAM #36 FAIRY TALES AND MORE!

Making friends with the fairies will bring you luck and joy. The legends say that if you build a house for a fairy and place it in a garden or oak tree that you will attract the fairies. Fairies like the little homes, made with bits and pieces of nature and oddities. This new and exciting magical class is for youth ages 7-13. To attract fairies each participant will create a fairy home made with assorted items such as bark, dry grasses, pebbles, feathers, seaweed, pinecones, nuts and more that they have gathered around the park grounds and materials supplied. Many fairy houses look so natural that they are almost hidden. Each fairy house will be unique as creativity and imaginative minds are used to build this special garden home for our little friends. Each home will be made into a small garden to take home and place in a special area. Please have children wear clothes for outdoors and sneakers. Also included in this day, a special movie will be shown and assorted games will be offered.



SESSION 3: DAY/DATES: THURSDAY, APRIL 23

TIME: 9:00 AM – 4:00 PM

SESSION FEE: \$42

LOCATION: NARA Park Pavilion & Grounds

INSTRUCTOR: Acton Recreation Department

NOTE: Please provide a bag lunch, snack and drink

MIN/MAX: 6/14



PROGRAM #37 GNOMES & LEPRECHAUNS!

A **gnome** is a mythical creature characterized by its extremely small size and subterranean lifestyle. The first garden gnomes were made in Germany in the mid-1800s. Myths about Gnomes were a way for people to enjoy the stories of the gnomes' willingness to help in the garden at night. Participants will make their very own garden Gnome. Many people suspect Leprechauns in their garden but have yet to catch one! Did you know that you can make a Leprechaun trap? Class participants will also make a Leprechaun trap! Other fun activities on this day include finding a pot of gold scavenger hunt, leprechaun movie, and field games. This new and exciting program is geared for a fun day of activities during school vacation week for youth ages 7-13. Please have children wear outdoor clothing and sneakers.



SESSION 4: DAY/DATES: FRIDAY, APRIL 24

TIME: 9:00 AM – 4:00 PM

SESSION FEE: \$42

LOCATION: NARA Park Pavilion & Grounds

INSTRUCTOR: Acton Recreation Department

NOTE: Please provide a bag lunch, snack and drink.

MIN/MAX: 6/14



ATHLETES IN MOTION Youth Clinic

PROGRAM #38 ATHLETES IN MOTION YOUTH CLINIC

Athletes in Motion Youth Clinic is a collection of conditioning workouts crafted for children **ages 6 - 18**.

Our number-one priority is to teach children and teenagers the basic skills they need to be successful in sports and other physical activities. Our workouts are safely run - teaching kids the proper execution of movement to help prevent injuries. The best time to instill a good physical routine is when we're young, which is the primary focus of this clinic.

We offer the following workouts each day:

1. **General conditioning (GEN)** - which all kids need whether athletic or not
2. **Speed conditioning (SPD)** – useful for all sports
3. **Soccer conditioning (SOC)** – designed specifically for current or future soccer players

All workouts include exercises and techniques to improve:

- | | | |
|----------------|-----------------------|-------------------------------|
| • Agility | • Balance | • Strength |
| • Coordination | • Spatial orientation | • Speed |
| • Quickness | • Endurance | • Synchronization of movement |

A session runs 5 days, 3 hours per day. Ages will be grouped 6-9, 10-13, 13-15, 16-18.

Week #	Dates	Time	Fee
Session 1	July 6-10	10:00AM-1:00PM	\$100
Session 2	July 13-17	10:00AM-1:00PM	\$100
Session 3	July 20-24	10:00AM-1:00PM	\$100
Session 4	July 27-31	10:00AM-1:00PM	\$100
Session 5	Aug 3-7	10:00AM-1:00PM	\$100
Session 6	Aug 10-14	10:00AM-1:00PM	\$100
Session 7	Aug 17-21	10:00AM-1:00PM	\$100

Weather makeup dates will be announced as necessary

FEE: \$100 per session

LOCATION: Leary Field

INSTRUCTORS: Armand Chery, Riley Yuan, Jennifer Faldasz

EQUIPMENT TO BRING: Bottled water, Gatorade, athletic footwear and clothing

DEADLINE: Deadline for registration is June 19, while space is available. **MIN/MAX:** 10/40

WEBSITE: www.cbcfitnesscenter.com Please contact CBC Fitness Center regarding any questions about this clinic.

INSTRUCTORS OF THE ACTON RECREATION DEPARTMENT PROGRAMS ARE TRAINED PROFESSIONALS IN THEIR FIELDS. ANY OPINIONS, VIEWS OR RECOMMENDATIONS ARE THEIR OWN. ACTON RECREATION DEPARTMENT DOES NOT ENDORSE ANY SERVICES OR PRODUCTS OFFERED BY THE INSTRUTORS.

PROGRAM #39 HYBID'S HORSIN AROUND-AGES 6-12

Hybid's Horsin' Around

2009 Summer Program for Children Registration Form for Ages 6-12

MAIL COMPLETED FORM TO: HYBID FARM, 217 NAGOG HILL ROAD, ACTON, MA 01720

PLEASE MAKE YOUR CHECK PAYABLE TO: HYBID FARM Note: Payment for program can not be combined with other programs

Questions can be directed to Michelle at michelle@hybidfarm.com

Name of Student: _____ Name(s) of Parent: _____

Address: _____ City _____ St _____ Zip _____

Email: _____ Phone #: _____ Emergency #: _____

Age: _____ Date of Birth: _____ / _____ / _____ Height: _____ Weight: _____

Rider is competent: Walking ___ Trotting ___ Cantering ___ Jumping ___ Horses you like riding at Hybid Farm: _____

Circle which week(s) your child will attend:

Week 1: June 22-26

Week 3: July 13-17

Week 5: July 27-31

Week 7: August 10-14

Week 2: July 6-10

Week 4: July 20-24

Week 6: August 3-7

Week 8: August 17-21

FEE	Amount	Total
Tuition	\$375	\$
Hybid Farm Cap	\$15 each	\$
Theme Thursdays (Afternoon fun) 2:00-4:00 PM @ Hybid Farm	\$50 per SESSION week: Circle week: 1 2 3 4 5 6 7 8	\$
Total Amount Due		\$
Less <u>Non-Refundable Deposit</u> (\$100 per week due at time of registration) A deposit is due at the time of registration; the balance is due in full on May 1st. Your space is confirmed when payment is received. Confirmation will be sent via email after May 1st by Hybid Farm.		\$
Balance Due on May 1, 2009		
Refund Policy: Deposits are non-refundable		

WAIVER AND INDEMNIFICATION

Rider's Name (print) : _____

In consideration of the permission granted to me by Rita-Marie McConnon and Thomas Bostwick McConnon to be on their premises known as Hybid Farm, Inc. I hereby irrevocably waive any and all claims and release any and all causes of action against the owners, their employees, agents, guests, invitees, boarders and their respective heirs, successors and assigns, whether now existing or hereby arising, which may occur, directly or indirectly, as a result of, relating to or arising out of my presence on Hybid Farm, Inc. whether by reason of negligent acts, or otherwise, and hereby save and hold harmless all these same persons against any and all losses, costs, damages or expenses, including reasonable attorney's fees, resulting from, relating to or arising out of, directly or indirectly, my presence on Hybid Farm, Inc.

I agree to hold harmless the Town of Acton and/or its employees, independent contractors, their agents and employees, from claims or liability related to any accident or injury that may occur. I certify that the participant is in good health. I understand there is some risk in taking part in sports and recreational related activities, and I am willing to assume those risks. I give participant permission for medical treatment to be given if the need arises.

WARNING: Under Massachusetts law, an equine professional is not liable for an injury to, or the death of, a participant in equine activities resulting from the inherent risks of equine activities, pursuant to section 2D of Chapter 128 of the General Laws.

Signature: _____ Date: _____

If rider is a minor child, Parent signature: _____ Date: _____

(Printed) Parent(s) name: _____

I hereby grant permission to the owners of Hybid Farm to seek emergency medical care for my minor child in my absence: (Initials) Yes _____ No _____
From time to time, we at Hybid Farm take photographs of the children enjoying their time with the horses. This release gives us the right, without further permission, to publish pictures of your child for the purposes of advancing our family business.

Parent signature: _____ Date: _____

PROGRAM #40 INDOOR TENNIS

ALL SEASONS INDOOR TENNIS CLINICS FOR ADULTS

WHERE CLASSES ARE HELD RAIN OR SHINE

All Seasons Tennis Club provides top level instruction with an experienced group of USPTA and USPTR qualified teaching professionals that represent one of the best tennis staffs in the region. All Seasons has new resurfaced US Open Blue Courts. Participants should bring tennis racquets (demos are available for use) and wear appropriate footwear.

LOCATION: All Classes are held All Seasons Tennis Club, 10 Granite Road located in N. Acton off Quarry Road.

SESSION 1: Beginner Tennis Clinic
DAY/DATES: Mondays, May 18-June 29
TIME: 6:00-7:00 PM
FEE: \$105 MIN/MAX: 3/8

SESSION 2: Advanced Tennis Clinic
DAY/DATES: Mondays, May 18-June 29
TIME: 7:00-8:00 PM
FEE: \$105 MIN/MAX: 3/8

SESSION 3: Beginner Tennis Clinic
DAY/DATES: Mondays, July 6-Aug 17
TIME: 6:00-7:00 PM
FEE: \$105 MIN/MAX: 3/8

SESSION 4: Advanced Tennis Clinic
DAY/DATES: Mondays, July 6-Aug 17
TIME: 7:00-8:00 PM
FEE: \$105 MIN/MAX: 3/8

SESSION 5: Beginner Tennis Clinic
DAY/DATES: Sundays, May 17-June 28
TIME: 9:00-10:00 AM
FEE: \$105 MIN/MAX: 3/8

SESSION 6: Advanced Tennis Clinic
DAY/DATES: Sundays, May 17-June 28
TIME: 10:00-11:00 AM
FEE: \$105 MIN/MAX: 3/8

SESSION 7: Beginner Tennis Clinic
DAY/DATES: Sundays, July 12-Aug 23
TIME: 9:00-10:00 AM
FEE: \$105 MIN/MAX: 3/8

SESSION 8: Advanced Tennis Clinic
DAY/DATES: Sundays, July 12-Aug 23
TIME: 10:00-11:00 AM
FEE: \$105 MIN/MAX: 3/8

Fall 2009

SESSION 9: Beginner Tennis Clinic
DAY/DATES: Mondays, Sept 14 -Nov 2, No Class Oct. 12
TIME: 9:00-10:00 AM
FEE: \$130 MIN/MAX: 3/6

SESSION 10: Advanced Beginner Tennis Clinic
DAY/DATES: Mondays, Sept 14-Nov 2, No Class Oct. 12
TIME: 10:00-11:00 AM
FEE: \$130 MIN/MAX: 3/6

SESSION 11: Intermediate Tennis Clinic
DAY/DATES: Mondays, Sept 14-Nov 2, No Class Oct. 12
TIME: 11:00 AM-12:00 PM
FEE: \$130 MIN/MAX: 3/6

SESSION 12: Adv. Beginner/Intermediate Tennis Clinic
DAY/DATES: Mondays, Sept. 14-Nov 2, No class Oct. 12
TIME: 8:30 PM-9:30 PM
FEE: \$130 MIN/MAX: 3/6

SESSION 13: Adv. Beginner/Intermediate Tennis Clinic
DAY/DATES: Mondays, Nov 9-Dec 21
TIME: 8:30 PM-9:30 PM
FEE: \$130 MIN/MAX: 3/6

SESSION 14: Adv. Beginner Tennis Clinic
DAY/DATES: Tuesdays, Sept 15- Oct 27
TIME: 12:00 PM-1:00 PM
FEE: \$130 MIN/MAX: 3/6

SESSION 15: Adv. Beginner Tennis Clinic
DAY/DATES: Tuesdays, Nov 3-Dec 15
TIME: 12:00 PM-1:00 PM
FEE: \$130 MIN/MAX: 3/6

SESSION 16: Intermediate Tennis Clinic
DAY/DATES: Wednesdays, Sept 16-Oct 28
TIME: 12:00 PM-1:00 PM
FEE: \$130 MIN/MAX: 3/6

SESSION 17: Advanced Beginner Tennis Clinic
DAY/DATES: Wednesdays, Nov 4-Dec 16
TIME: 7:00 PM-8:00 PM
FEE: \$130 MIN/MAX: 3/6

SESSION 18: Advanced Beginner Tennis Clinic
DAY/DATES: Fridays, Sept 18-Oct 30
TIME: 10:30 AM-11:30 AM
FEE: \$130 MIN/MAX: 3/6

SESSION 19: Advanced Beginner Tennis Clinic
DAY/DATES: Fridays, Nov 6-Dec 18, No Class Nov. 27
TIME: 10:30 AM-11:30 AM
FEE: \$115 MIN/MAX: 3/6

PROGRAM #41 SPRING 2009 ADVENTURIDES

Join us on a new adventure each week as we explore scenic country roads and enough civilized off-road routes to keep things interesting. We are mere mortals who believe "fitness is fun" – and that a bad day outdoors beats a good day indoors. We'll get great exercise and discover new places together. A hybrid or mountain bike in good working condition, an ANSI approved bicycle helmet, and the ability to ride 1½ to 2 hours are required. Starting locations vary each week, but will always be within ½ hour drive of Groton, Massachusetts. The first ride is free- come check us out. You will need to sign our waiver form before participating.

Recreational rides. We will cycle approximately 10-12 miles at a leisurely pace adjusted to the desires and abilities of the group. These rides are scheduled for:

Mondays 12:15 - 2:15 PM Starting April 6
Fridays 9:30 - 11:30 AM Starting April 3

Fitness rides. We will cycle approximately 15-20 miles at a moderate pace with time for sightseeing. These rides are scheduled for:

Mondays 9:30 - 11:30 AM Starting April 6
Fridays 12:15 - 2:15 PM Starting April 3

DATES: Monday ride dates will be 4/6, 4/13, 4/27, 5/4, 5/11, 5/18, 6/1, 6/8, 6/15 and 6/22

Friday ride dates will be 4/3, 4/17, 5/1, 5/8, 5/15, 5/22, 5/29, 6/5, 6/12, 6/19

FEE: Each section is a series of at least 8 weekly rides. There will be no rides during Massachusetts school vacations, major holidays, or really lousy weather. The cost is \$80 for one ride a week or \$120 for all the rides you can handle.

INSTRUCTORS: Bill Brandt is an escapee from the world of high tech. He owns several non-traditional bikes, including one that fits in the tiny trunk of his sports car. Carole Greenfield has been riding with friends and groups for over 20 years. She wants to share her enthusiasm for exercise, fresh air and scenery with others. See AdventuRides.com for more information.

PROGRAM #42 ACTON ADULT SOFTBALL LEAGUE (AASL) WEBSITE: WWW.ACTONASL.COM



The Acton Adult Softball league will kick off its 10th season in the spring of 2009. The league offers participation for both men and women, ages 21 and up (no exceptions). Team records and standings will be kept throughout the season but the league is considered "recreational," mostly social yet semi-competitive. The upcoming season will be limited to 16 teams and play games in Acton at Elm Street field and NARA Park. Each team must be coed and have at least three female members on the field each inning. Team size will be determined by captains. As with prior seasons, returning teams will have a deadline to re-register after which waitlisted teams and individuals will be accepted as space permits, on a first-come, first served basis. **Registration forms, enrollment instructions, Fees, season schedule, and important league information is available at www.ActonASL.com** All registrations and team payments are now submitted to AASL directly.

Unable to print from the website? Forms will also be available outside the Recreation Department on a wall file.

AASL COMMISSIONER: Rich Gottesman, rich@actonasl.com

LOCATION: Games are played at Elm Street and at NARA Park fields

PROGRAM #43 INLINE SKATING FOR FITNESS

Join an inline skating enthusiast for a weekly skate. Our first class at NARA Park we will begin by learning or reviewing the basics: correct fit of your gear, stopping, striding, turning and the correct way to fall. We will then meet at the entrance to the Minuteman Bike Trail in Bedford and work at increasing our distance and improving our technique each week. You may modify your distance according to your own needs. You will get a great workout in the process! Students will supply their own equipment including inline skates, helmet, elbow pads, knee pads and wrist guards. You may contact the instructor for advice prior to purchasing new gear. Bottled water and sunglasses are suggested. Instructor will supply directions to the new Bike Trail at the first class.

CLASS MEETS AT: NARA Park Bathhouse for first session—remaining classes will skate on the Minuteman Bike Trail in Bedford.

DAY/DATES: Fridays, May 1, 8, 15, 29 June 5, 12 No Class May 22—Memorial Day Weekend **FEE:** \$50

TIME: 10:00-11:30 AM (ending time approximate depending upon class SESSION trail)

INSTRUCTOR: Cathy Fochtman, Acton Recreation Director **MIN/MAX:** 4/12

PROGRAM #44 KICKSTART CARDIO WALKING WORKOUT!

Join us for an all new class by Acton Recreation! Introducing Kickstart Cardio Walking Workout-- When the weather is pleasant, there's absolutely no reason to confine your workouts to the gym. With all the high-tech advances in running and climbing and biking machines, we tend to forget that the real thing lies right outside our front door, and at a substantially lower cost than a gym membership. Your own body weight provides more than enough resistance for a good strength-training program. Your class will consist of walking at an aerobic pace and body toning exercises for an even tighter and toned body. Our class is geared for all levels, and anyone looking to get back into shape.

SESSION 1: DAY/DATES: Tues/Thurs, March 24, 26, 31 APR 2, 7, 9, 14, 16

WEATHER MAKEUP DATES FOR SESSION 1: April 3, April 27

TIME: 9:30-10:30 AM

FEE: \$25

TIME: 9:30-10:30 AM

SESSION 2: DAY/DATES: Tues/Thurs, April 28, 30 MAY 5, 7, 12, 19, 21 and Friday, May 15

WEATHER MAKEUP DATES FOR SESSION 2: Tues, May 26, Thurs, May 28

TIME: 9:30-10:30 AM

FEE: \$25

TIME: 9:30-10:30 AM

EQUIPMENT NEEDED: Good cross training sneakers, filled water bottle, towel, and mat.

LOCATION: NARA Park—Meet at Pavilion

INSTRUCTOR: Maura Haberman, Acton Recreation Dept., AFFA Certified Fitness Instructor since 1995

MIN/MAX STUDENTS: 8/20

PROGRAM #45 DESPERATE HOUSEWIVES BOOT CAMP AT NARA PARK

Desperate Housewives Boot Camp is designed for ALL fitness levels and is extremely helpful to those who are trying to get back into exercising on a regular basis in order to live a healthy lifestyle. It is an exciting outdoor full-body conditioning fitness program that combines cardiovascular activities with resistance training for a fun and exhilarating workout. Don't take our word for it - come and see for yourself and get in tip-top shape for Summer.

For further information visit CBC's website at: <http://www.cbcfitnesscenter.com> or contact Armand at 978-263-8797 or armand@cbcfitnesscenter.com

DAYS/DATES: Mon, Wed, Fri, April 27 through June 5 No class on Monday, May 25

FEE: \$204

TIME: 9:30-10:30 AM

LOCATION: NARA Park Amphitheater

INSTRUCTORS: Armand Chery, Donna McGavick from CBC Fitness & Wellness Center in Acton

EQUIPMENT NEEDED: Bring your own mat and free weights. Free weights should be no heavier than 12 pounds, please. Rain cancellations will be announced by email. Please bring drinking water and a warm up jacket.

PROGRAM #46 ACTON TRAILS: A Fun Place to Be Active

Although regular physical exercise offers many benefits, people who are seeking ways to become more active often overlook the opportunities that trails offer. Trails can be found everywhere, from national and state parks to urban areas. They provide a wide variety of ways to be physically active and have fun:

- Walking, jogging, running, and hiking
- Rollerblading/inline skating
- Bicycling
- Cross-county skiing and snowshoeing
- Fishing, hunting.
- Horseback riding
- Canoeing or kayaking on water trails

Acton Conservation Trail Guides can be purchased for \$10 through the Conservation Department or Recreation Department, Acton Town Hall. If you would like to order one, please mail a check payable to the "Town of Acton" in the amount of \$15 to cover postage and handling of your guide, along with your mailing address and phone number.

PROGRAM #47 CAMP ACTON

Camp Acton is a great place to camp locally in the woods. It is located off Pope Road in Acton. There are seven campsites available for rental. For more information or to reserve a campsite, please visit www.acton-ma.gov and go to the Natural Resources - Conservation Department to obtain permit form, rules and regulations and map. If you need additional assistance please contact the Conservation Department at (978) 264-9631

PROGRAM #48 SENIOR NATURE WALKS

Explore Acton's Conservation Areas with our own renowned Conservation Director, Tom Tidman. Each class will be held at a different conservation area in town. Learn about the native plants and wildlife habitats that make Acton such a unique place to live.

CLASS DATES: Fridays, April 17, 24, May 1, 8, 15, 22

TIME: 10:00-11:30 AM

LOCATION: Acton Memorial Library parking lot for first meeting, LOCATION TBA thereafter by weekly e-mail

FEE: \$20.00

INSTRUCTOR: Tom Tidman

MAX: 15 *This class is designed for senior citizens, but all are welcome to attend.

PROGRAM #49 CALLIGRAPHY FOR ADULTS

This class is for ages 16 and up. In this class, we will explore how to write fancy letter characters and how to enhance them artistically. Working with calligraphy markers and fine line markers, we will learn how to use calligraphy point, how to write a whole alphabet(s) and then how to decorate each letter. The instructor's goal is to teach this in a relaxed atmosphere where previous skills are not necessary. Supplies list available by email at swel18@verizon.net

DAY/DATES: Thursdays, March 9, 26 April 2, 16, 30, May 7, 14, 21

TIME: 7:00-8:30 PM **FEE:** \$77 materials not included

LOCATION: 34 Oneida Rd., Acton

INSTRUCTOR: Sue Funk

MIN/MAX STUDENTS: 4

PROGRAM #50 LEARN TO SEW FOR ADULTS

Learn to sew this Spring! Basic sewing skills will be taught in this class. You will learn to sew starting with the basics of how to operate a sewing machine. This includes how to thread a needle to winding a bobbin and everything else in between! You will also learn how to work with a pattern and basic hand stitching techniques. Students learn by completing a chef's apron plus another project as time allows. Pattern will be provided.

Classes will be held at the instructor's sewing studio which is totally equipped with sewing machines for each student. Materials list, address and directions to studio will be sent upon registration by the instructor.

Rebecca Szetela is an experienced instructor whose sewing experience includes everything from making simple pillows to creating a satin and lace wedding gown, complete with "train" and hand-sewn pearls on each Chantilly lace flower.

DAY/DATES: Saturdays, May 2, 9, 16

TIME: 9:00 AM -12:00 PM

FEE: \$162 (materials not included)

LOCATION: Create! Sewing Studio, 70 Seminole Road, Acton

INSTRUCTOR: Rebecca Szetela

MIN/MAX STUDENTS: 2/4

PROGRAM #51 "LET'S ALL COOK" FOR ADULTS

Learn healthy new recipes for your family from a professional chef. In this hands-on class, we will make a main course and dessert each week, using seasonal, fresh ingredients that won't break the bank.

EQUIPMENT/MATERIALS NEEDED: Apron, container for left-overs

DAY/DATES OF CLASS: Thursday, Thursday, April 30, 7, 14, 21, 28, Jun 4

TIME OF CLASS: 9:00AM-10:30AM

FEE: \$150

INSTRUCTOR: Maxine Bussell. Maxine has worked as a chef for over 25 years. She has taught cooking to children and adults for the past 7 years and works part-time for one of the largest catering companies in Boston.

LOCATION: Church of Good Shepherd, 164 Newtown Road, Acton

Website: www.letsallcook.com



Master Narcyz Latecki Awarded Top One Hundred Extraordinary Chinese Martial Artists of the World

In 2008 Mr. Latecki was voted one of the **Top One Hundred Extraordinary Martial Artists of the World and Prominent Wushu Coach**, receiving an officially registered certificate approved by the *Evaluation Committee of the World Culture Science Academe* and *International Wushu Sanshou Dao Association*, a highly regarded global organization of Wushu experts. This award was to show recognition for his outstanding achievements in teaching and training in Chinese martial arts.

Along with this honor, Mr. Latecki was included in the publication, *In the Spirit of the 2008 Olympics: Extraordinary Chinese Martial Artists of the World*, with a brief biography and photos. This book was timed to coincide with the Olympics of 2008 in Beijing, China to promote acknowledgement of Chinese martial artists who have made unique contributions to the Wushu community. It features such famous martial artists as his teachers, Shouyu Liang and Jwing-Ming Yang, as well as other renowned masters and grandmasters such as Xu Cai (First Chairman, International Wushu Federation), Wang Jurong, Wu Chengde, Wu Bin, Li Junfeng, Zhang Wen-guang, Jiang Haoquan, Cai Longyun, and Aiping Cheng, along with the celebrated martial arts film stars Jackie Chan, Jet Li and Hu Jiaogiang.

PROGRAM #52 TAI CHI & CHI KUNG (Taijiquan and Qigong) for Adults

What is Tai Chi? Tai Chi is a traditional Chinese Martial Arts focusing on the circulation of chi or "life energy" found within and around all living things. Sometimes called "moving meditation", millions of **men and women** all over the world practice it daily as a gentle, stress reducing exercise. At its deepest level, Tai Chi can also become an extremely powerful and effective system of self-defense, characterized by a relaxed low of internal energy and power as opposed to sheer muscular strength and speed.

Benefits of Tai Chi include reduced stress, increased flexibility, increased energy and vitality and improvement in general health.

INSTRUCTOR: Narcyz Latecki

PHONE: (978)-635-1090

FEE PER SESSION: \$90

LOCATION: Athletic Balance, LLC d/b/a Chinese Martial Arts, 61-R Great Road, Acton

MIN: 6

SESSION 1: TAI CHI & CHI KUNG FOR ADULTS

Class Meets: **Tuesdays** March 10 – April 14, 2009

Time: 7:00-8:00 PM

SESSION 2: TAI CHI & CHI KUNG FOR ADULTS

Class Meets: **Thursdays**, March 12 – April 16, 2009

Time: 7:00-8:00 PM

SESSION 3: TAI CHI & CHI KUNG FOR ADULTS

Class Meets: **Tuesdays**, May 5—June 9, 2009

Time: 7:00—8:00 PM

SESSION 4: TAI CHI & CHI KUNG FOR ADULTS

Class Meets: **Thursdays**, May 7—June 11, 2009

Time: 7:00—8:00 PM

PROGRAM #53 ZUMBA® fitness -- Get Fit and Have Fun—Experience the new fitness rage Zumba !!!

Zumba is a dynamic and exciting dance fitness class fusing international musical rhythms and movement into a fun and easy class that tones and sculpts your entire body. Zumba is Fun, effective and easy to learn. The Latin rhythms create a party-like atmosphere that delivers results and a "feel happy" workout! No previous dance or fitness experience needed. Zumba is a great cardio conditioning workout. Just bring comfortable dance shoes or sneakers, towel, water bottle and your smile. Instructor Gina Flaherty is a certified Zumba® dance and fitness instructor. She has extensive training in ballet, Jazz and hip-hop and has expanded her solid dance and fitness foundation to include ZUMBA, the International Dance and Fitness sensation! **For ages 16+**

INSTRUCTOR: Gina Flaherty

FEE PER SESSION: \$95.00/8 weeks

LOCATION: Athletic Balance, LLC d/b/a Chinese Martial Arts, 61-R Great Road, Acton

PHONE: (978)-635-1090

MIN: 8



SESSION 1. TUESDAY MORNING SESSION:

Class Meets: **Tuesdays**, March 10 – April 28, 2009

Time: 10:30 – 11:30 AM

SESSION 2. FRIDAY EVENING SESSION:

Class Meets: **Fridays**, March 13 – May 1, 2009

Time: 7:00 – 8:00 PM

SESSION 3. TUESDAY MORNING SESSION

Class Meets: **Tuesdays**, May 5 – June 23, 2009

Time: 10:30 – 11:30 AM

SESSION 4. FRIDAY EVENING SESSION:

Class Meets: **Fridays**, May 8 – June 26, 2009

Time: 7:00 – 8:00 PM

PROGRAM #54 BIRDING IN ACTON

Join our popular Conservation Director Tom Tidman as he leads a series of four weekly birding walks through different environments in Acton. Walks will last approximately an hour and a half. First class will meet at the Acton Town Hall and locations for subsequent walks will be discussed each week. Bring your binoculars and get ready to be surprised by the number and diversity of bird species you're sure to see while hiking Acton's rich and varied conservation lands.

DAYS: Thursdays, May 7, 14, 21, 28

TIME: 7:30-9:00 AM

FEE: \$30

LOCATION: Meet at Acton Town Hall (1st week--remaining class meeting locations TBD)

INSTRUCTOR: Tom Tidman

MAX: 10

PROGRAM #55 MOUNT AUBURN CEMETERY SPRING MIGRANT WALK

Andy Magee, amateur birder, will lead a bird walk, searching for and discussing spring arrivals. Meet at the Acton Town Hall entrance at 6:00 AM, where participants will carpool on to Mount Auburn Cemetery. Tour will be for 3 hours (7-10 AM), with return to Acton Town Hall by 11:00 AM. Note: Bring your binoculars.

DATE: Wednesday May 13

TIME: 6:00-11:00 AM

LOCATION: Meet at Acton Town Hall Entrance—carpooling encouraged

FEE: \$10

INSTRUCTOR: Andy Magee

MIN/MAX: 12

PROGRAM #56 LANDSCAPE WORKSHOP – VEGETABLE GARDENING IN LIMITED SPACES



There's nothing more satisfying than growing your own vegetables, herbs and flowers. Outside of the farmer's market or a share in a local Community Supported Agriculture (CSA) Farm, nothing is fresher or tastes better than what you can harvest right outside your door. Learn techniques for beginning your own productive and minimal care vegetable garden. We'll explore options for creating gardens in the ground (Weedless Gardening, Lasagna Gardening, Grow Biointensive) and above the ground (Square Foot Gardening, Container Gardening). You can create a wonderful garden in any available sunny area with these options. Bring your questions and we'll plan the right garden for you!
DATE: Tuesday, June 2 **TIME:** 1:00-2:30PM **LOCATION:** Morrison Farm, 161 Concord Road, Acton
FEE: \$25 **INSTRUCTOR:** Cathy Fochtman, Recreation Director, MMGA Master Gardener **MIN/MAX:** 4/12

PROGRAM #57 FLORAL ARTS WORKSHOP MOTHER'S DAY BOUQUET FOR AGES 16+

Create your own special floral arrangement for Mom or treat yourself!
DAY/DATE: Friday, May 8 **TIME:** 1:00-2:30 PM **LOCATION:** NARA Park Office/bathhouse
FEE: \$35 for class, includes class and materials **INSTRUCTOR:** Cathy Fochtman, Recreation Director and an MMGA Master Gardener **MIN/MAX:** 4/8

PROGRAM #58 ACTON ARBORETUM TOUR

The Acton Arboretum contains four lovely gardens that are maintained by dedicated volunteers. Take a tour of the Wildflower Garden in May, followed by a tour of the Hosta, Butterfly, and Herb Gardens in June. We will discuss the plants in the gardens, their maintenance and encourage you to grow some of them. When we meet at the Arboretum, you will receive a *Friends of the Acton Arboretum* Pocket Packet, which contains lists of suggested plants for each of the four gardens and two self-guided tours to the Arboretum, *The Upper Grounds* and *The Back 40*.
SESSION 1: DATES: Sat., May 2, Woodland Wildflower Tour **TIME:** 10:00AM-11:00 AM
SESSION 2: DATES: Sat., June 6, Hosta, Butterfly and Herb Garden Tours **TIME:** 10:00AM-12:00 PM
LOCATION Meet at the Arboretum Taylor Rd. parking lot kiosk, Taylor Rd., off Main Street and Taylor Rd. intersection
FEE: \$5 (Includes Friends of the Acton Arboretum Pocket Packet) for one or both tours
TOUR GUIDE: Cathy Fochtman, Recreation Director. Cathy is a member of the Acton Garden Club and an MMGA Master Gardener **MIN/MAX:** 3/12

PROGRAM #59 MARY KAY MUFFINS AND MAKEOVERS -- THIS CLASS IS NOW CLOSED – WE LOOK FORWARD TO OFFERING IT AGAIN.

PROGRAM #60 JUST FOR MOM'S BEGINNER SOCCER CLASS

Description: Moms, have you wanted to get out and kick around the soccer ball but haven't had much opportunity? Have you wanted to join a soccer team but felt you needed more skills? Have you wanted to play but just didn't know where to start? This beginner's soccer class is for you! Each week we will learn the basic skills and then play a game for fun. We'll play with other moms, kick around the ball, and have some good laughs together.
EQUIPMENT NEEDED: #5 Soccer Ball
DAY/DATES: Tuesdays, April 28 May 5, 12, 19, 26 June 2 **TIME:** 9:00-10:00 AM **MIN/MAX:** 6/30
FEE: \$30 **LOCATION:** NARA Upper Fields **INSTRUCTOR:** Jamie Norton

PROGRAM #61 ACTON DRUM & DANCE

Celebrate a spring evening with drumming and dancing around a fire! We'll dance and play to a mix of African rhythms and organized rhythm jams. You're welcome to bring your own hand drums and percussion, or simply come to dance and enjoy. Open to all ages and experience levels. The evening will be hosted by the Earth Drum Council who have been creating magical drum circles throughout the country for over 15 years. For more information and weather cancellations phone Jim Salem at 978-635-1911.
EVENT DATE: Sat., June 6 **START TIME:** 7:45PM **LOCATION:** NARA PARK Picnic Area **FEE:** Free
~ REGISTRATION WITH ACTON RECREATION NOT REQUIRED ~

PROGRAM #62 MODEL ROCKET FLYING

Enjoy the excitement of model rocketry in a fun and safe environment that the whole family will enjoy. There will be well over two hundred flights to watch with all shapes and sizes of rockets or bring your own model rockets and motors to launch. The Central Massachusetts Spacemodeling Society manages the launch with their professional quality range equipment. For more information and weather cancellations: <http://www.cmass.org> or phone Jim Salem at (978) 635-1911
SESSION 1 EVENT DATE: Saturday, June 27 **TIME:** 9:30 AM - 4:30 PM
SESSION 2 EVENT DATE: Saturday, August 1 **TIME:** 9:30 AM - 4:30 PM
SESSION 3 EVENT DATE: Saturday, August 29 **TIME:** 9:30 AM - 4:30 PM
LOCATION: School Street Soccer Fields, School Street Extension and Route 2 **FEE:** Free
~ REGISTRATION WITH ACTON RECREATION NOT REQUIRED ~

PROGRAM #63 ACTON LIBRARY SUMMER READING PROGRAM

Join Acton Memorial Library's Summer Reading Program and Blast Off on a Spaceship Adventure!
Watch the library's website for details at: www.actonmemoriallibrary.org
~ REGISTRATION WITH ACTON RECREATION NOT REQUIRED ~

BUS TRIPS ~ All bus trips are first come-first serve basis. Don't delay, sign up today ~

About our Bus Operator: Silver Fox Tours

Silver Fox Tours is a diversified family business that has served New England since 1978. Starting as a motor coach company, we have grown into the region's largest **group tour operator**, an international **contract carrier** and a **corporate travel specialist**. If you would like more information on our trips or other trips that may be taking place, please contact Fox Tours at: (800) 342-5998 or via email at: billjr@SilverFoxCoach.com Silver Fox Tours has earned the highest safety rating that is awarded by the United States Department of Transportation and is certified by The Department of Defense to support our service men and women.



DESTINATION	DATE OF DEPARTURE	DATE OF RETURN	FEE
St. Patrick's & Foxwoods Showtime	Saturday, March 14	Saturday, March 14	\$59 per person CLOSED
2009 Ottawa Tulip Festival	Thursday, May 7	Sunday, May 10	\$499 per person double/\$489 per person triple/\$639 single
Boothbay Harbor Getaway	Monday, June 8	Tuesday, June 9	\$205 per person double/\$195 per person triple/\$259 single
Tall Ships Cruise	Saturday, July 11	Saturday, July 11	\$59 per person
Red Sox in Baltimore & Wash. DC	Friday July 31	Sunday, Aug. 2	\$289 per person double/\$285 per person triple/\$369 single/\$249 Child w/ two adults
West Point & Hyde Park	Monday, September 14	Tuesday, Sept. 15	\$199 per person double/\$195 per person triple/\$249 single

PROGRAM #64 ST. PATRICK'S & FOXWOODS SHOWTIME -- CLOSED

Depart in the morning on your luxury Silver Fox VCR/DVD motor coach. This exciting outing begins when you arrive at Foxwoods Resort Casino, the Northeast's premier casino resort destination. Here you'll receive a full course buffet luncheon coupon and \$15 in exciting Keno coupons. Foxwoods is the world's largest casino with the most action and fun! This afternoon you'll take a short ride through the rolling hills of Connecticut to the fabulous new Cornerstone Theatre in Old Mystic Village for the spectacular St. Patrick's musical show. This wonderful show will amuse and entertain you with great Irish lyrics, memorable music and songs. You'll arrive home this evening with wonderful memories of your fantastic Foxwoods Show Tour. Join your friends on this most memorable holiday tour!

WHEN: Saturday, March 14, 2009 **TIME:** Approximate departure 7:30 AM and evening return
PICK-UP/DROP OFF LOCATION: NARA Park lower parking lot, 25 Ledge Rock Way (off Rt. 27 in North Acton), *subject to change*
FEE: \$59 per person **REGISTRATION DEADLINE:** March 6 **CANCELLATION:** Full payment is due at time of reservation. This trip is nonrefundable. **MIN/MAX:** 40/54

PROGRAM #65 2009 OTTAWA TULIP FESTIVAL

No other city offers a more quintessentially Canadian experience than Ottawa. Looking for a taste of Canadian culture? As Canada's Capital, Ottawa is rich in national attractions and symbols, a city of breathtaking beauty. **Day 1:** Depart approximately 7:00 AM onboard your luxury VCR/DVD equipped Silver Fox Coach. Today you'll travel north to the Canadian Capital City of Ottawa. Your tour includes the excitement of Canada's first city and the splendor of millions of tulips blooming in beautiful displays. Your luxury Marriott Ottawa Hotel* is equipped with all amenities including an indoor pool. A delicious dinner is included in Ottawa tonight. **Day 2:** Breakfast is included. As Canada's capital city, Ottawa offers a fascinating overview of Canadian history and the Canadian people. Your native guide will take you by all the sights, including the beautiful Canadian Parliament, Embassy Row, and view residences of the Prime Minister and the Governor General and much more. This afternoon you'll be free to explore the many attractions of this international city. A full course dinner is included. **Day 3:** After breakfast (included), a special treat will be your cruise along the Rideau Canal referred to as the 'Venice of America.' The millions of tulips which mark Ottawa's spring began as a gift from Holland's royal family who were exiled in Ottawa during World War II and will be especially beautiful on your cruise. A truly festive atmosphere encompasses the whole city. This evening enjoy another full course, delicious dinner. Later you'll visit Canada's Casino de Hull where a \$10 casino cash bonus awaits. Good luck to all! **Day 4:** After breakfast, you'll depart Ottawa for a leisurely journey back home after a delightful tour of beautiful Ottawa, Canada's Capital City. **Tour includes six full course meals (3 breakfasts & 3 dinners) Luxurious Marriott Ottawa Hotel*, Ottawa Sightseeing with native guide, Ottawa's Rideau Canal Cruise, Casino visit, Luxury VCR/DVD Silver Fox Motor Coach.**

*Other hotels may be used
WHEN: Thursday, May 7 thru Sunday, May 10 **TIME:** Departure time approx. 7:00 AM, return Sunday evening.
PICK-UP/DROP OFF LOCATION: NARA Park lower parking lot, 25 Ledge Rock Way (off Rt. 27 in North Acton), *subject to change*
FEE: \$499 per person double/\$489 per person triple/\$639 single
Payment option: Full balance payable or 50% of payment is due at time of reservation. Balance is due May 1, 2009.
REGISTRATION DEADLINE: April 3, 2009 **CANCELLATION:** All cancellations received in writing up to 30 days prior to the trip are subject to a \$50 cancellation fee per person. No refunds will be issued with less than 30 days notice. **MIN/MAX:** 40/54

PROGRAM #66 TALL SHIPS CRUISE -- RESERVE NOW FOR SAIL BOSTON 2009!

In the summer of 2009, the Tall Ships will once again parade into historic Boston Harbor. This magnificent international fleet will visit Boston from July 6-13th, as part of the International Sail Training Association and will be one of the finest and largest gatherings of Tall Ships in the history of the United States. After departing this morning, you'll travel to Boston where the Tall Ships will be docked along the harbor. On arrival, you'll board the Provincetown II cruise vessel for an exciting Boston Harbor Cruise to view the world's largest and grandest sailing ships. The Provincetown II is a superb vessel, equipped with food and beverage service as well as large decks to view the flotilla. As you sail the harbor, your Captain will relate important information about the Tall Ships that you are viewing. Returning to dockside, you'll be able to view the vessels, which will be docked on the Boston waterfront, where you may meet crewmembers. What a spectacle as the event of 2009 takes place. You'll return home this evening after a wonderful day of experiencing "Sail Boston 2009."

WHEN: Saturday, July 11, 2009 **TIME:** Departure and return times TBA
PICK-UP/DROP OFF LOCATION: NARA Park lower parking lot, 25 Ledge Rock Way, N. Acton, *subject to change*
FEE: \$59 per person **REGISTRATION DEADLINE:** June 11, 2009 Don't delay this trip is filling up already!
CANCELLATION: Full payment is due at time of reservation. All cancellations received in writing up to 30 days prior to the trip are subject to a \$50 cancellation fee. No refunds will be issued with less than 30 days notice. **MIN/MAX:** 40/54

PROGRAM #67 BOOTHBAY HARBOR MAINE GETAWAY

Some say that the Boothbay Harbor Region is the perfect Maine destination. The Boothbay Harbor peninsula is rich in history, awash in local color, and home to a thriving year-round community. There's so much to see and do - quite literally something for everyone - and yet we're grounded in the occupations that our ancestors held here - lobstering, fishing, and shipbuilding. There are quaint village streets lined with shops and boutiques, and picture perfect harbors dotted with lobster boats, pleasure craft, and windjammers. You'll be captivated by Boothbay Harbor's quiet coves, rocky shores, and island lighthouses, and by the warmth and friendliness of the people who call this home. **Bus Tour includes Deluxe Boothbay Harbor Accommodations, 2 meals (1 breakfast, 1 Lobsterbake), 2-hour narrated Boothbay cruise, LL Bean Outlets and Freeport visit. Luxury Silver Fox VCR/DVD motor coach.** **Day 1:** Depart for Downeast Maine this morning. As you enter Maine, you'll travel north along Rte. 1 through the town of Bath, before arriving in Wiscasset, "the prettiest village in Maine." You'll stay at Cap'n Fish's Waterfront Inn, located right on the Harbor, close by all attractions. Later you'll enjoy a real Downeast Lobsterbake at Ken Grey's with two delicious lobsters, corn on the cob and all the trimmings (For those who prefer, steak or chicken may be substituted). The evening is free for you to enjoy beautiful Boothbay Harbor. **Day 2** after a delicious breakfast this morning, you'll enjoy a special two hour narrated cruise highlighting the beauty, wildlife, seals and history of the Great State of Maine. Later, there will be time to explore the many shops in Boothbay Harbor or take a leisurely stroll by the waterfront. Then travel along the scenic coastal route to the charming community of Freeport, where time is allowed for lunch and shopping at LL Bean and other fine stores. Expected arrival home is early evening after a great stay in beautiful Boothbay Harbor.

WHEN: Monday, June 8 – Tuesday, June 9

TIME: Approximate departure 6:30 AM – details will be finalized closer to travel date.

PICK-UP/DROP OFF LOCATION: NARA Park lower parking lot, 25 Ledge Rock Way (off Rt. 27 in North Acton), *subject to change*

FEE: \$205 per person double/\$195 per person triple/\$259 single *Payment option: Full balance payable or 50% of payment is due at time of reservation. Balance is due May 15, 2009.*

REGISTRATION DEADLINE: April 30

CANCELLATION: All cancellations received in writing up to 30 days prior to the trip are

subject to a \$50 cancellation fee per person. No refunds will be issued with less than 30 days notice.

MIN/MAX: 40/54

PROGRAM #68 RED SOX – ORIOLES AND WASHINGTON DC!

Featuring the Boston Red Sox vs. Orioles at Camden Yards and Washington DC sights. Sporting legends match great teams and cities. For that reason alone, the Boston Red Sox and the Orioles share a great tradition and rivalry. Baltimore's also the birthplace of baseball's legendary hero, George Herman "Babe" Ruth. **Day 1:** Depart approx. 7:30AM for a great tour featuring the Red Sox vs. Orioles at Camden Yards. Today you'll travel to Baltimore's Inner Harbor to enjoy the lively atmosphere of great restaurants and shops. Then you'll enjoy the Red Sox and Orioles tonight at 7:30 PM at Camden yards in the upper reserved seats. After the game, you'll travel to your luxury Hilton Hotel in McLean, VA, equipped with all amenities, including an indoor pool and full course restaurant. **Day 2:** Enjoy a tour of Washington DC, including the historic sights and institutions that you have heard so much about. You'll begin on the Capitol Mall at the WWII and FDR Memorials. Then you'll visit the Air & Space Museum, where Lindberg's "Spirit of St. Louis" and other aeronautical attractions are housed. Enjoy the many attractions of our nation's Capital in what will be a most memorable visit. **Day 3:** Depart the Hilton in the morning and arrive home in the early evening after a most memorable time in Baltimore, MD and Washington DC. This tour includes luxury Hilton Hotel (visit www.mclean.hilton.com) Red Sox. Vs. Orioles, reserved seating, all admissions and sightseeing as listed www.washington.org and luxury VCR/DVD Silver Fox Motor Coach.

WHEN: Friday July 31-Sunday August 2, 2009

TIME: Approximate departure 7:30 AM and evening return

PICK-UP/DROP OFF LOCATION: NARA Park lower parking lot, 25 Ledge Rock Way (off Rt. 27 in North Acton), *subject to change*

FEE: \$289 per person double/\$285 per person triple/\$369 single/\$249 Child w/ two adults

Payment option: Full balance payable or 50% of payment is due at time of reservation. Balance is due July 17, 2009.

REGISTRATION DEADLINE: June 19, 2009 **This trip filled up last time and we had to turn folks away, secure your spot now!** **CANCELLATION:** All cancellations received in writing up to 30 days prior to the trip are subject to a \$50 cancellation fee per person. No refunds will be issued with less than 30 days notice. Refunds cannot be issued due to any game time changes or cancellations made by MLB. **MIN/MAX: 40/54**

PROGRAM #69 WEST POINT, FDR'S HYDE PARK, AND NARRATED HUDSON RIVER CRUISE

Day 1: Depart approximately 8AM for the scenic Hudson River Valley. Arriving in early afternoon at the Franklin Delano Roosevelt's family home in Hyde Park, you'll tour this very interesting estate. Besides the beautiful mansion, you'll enjoy viewing one of America's best collection of documents and momentos of the Great Depression and World War II. You'll arrive at your hotel, the Holiday Inn, in the early evening. After a wine and cheese reception, dinner is included this evening at your hotel. **Day 2:** Today you'll board your coach for the United States Military Academy. A native West Point guide will meet us this morning to begin our tour at West Point. Your tour guide, well versed in the history of the USMA, the oldest military academy in the US, will point out and discuss all the historic sights. You'll walk the paths of such war heroes as Patton, MacArthur and Schwarzkopf. You'll then enjoy a delicious luncheon at the West Point Officers' Club, located right on the grounds of the Academy. The West Point Club Buffet features assorted relishes, garden salad, a choice of delicious hot entrees, oven brown potatoes and vegetables with chef's choice dessert and beverage. Then sit back and enjoy a narrated cruise from West Point up the Hudson River, itself a storehouse of historic events as well as being most scenic. Returning home at approximately 8PM, you'll carry fond memories of beautiful West Point and FDR's lasting legacy. Tour includes tour of West Point, Narrated Hudson River Cruise, FDR's Hyde Park Mansion, and Luncheon at the West Point Officers Club, Dinner at your hotel, deluxe hotel, sightseeing tour of West Point, luxury Silver Fox Motor Coach.

WHEN: Monday, September 14 – Tuesday, September 15, 2009

TIME: Departure approx. 8AM Monday, return Tuesday evening approx. 8PM

PICK-UP/DROP OFF LOCATION: NARA Park lower parking lot, 25 Ledge Rock Way, N. Acton, *subject to change*

FEE: \$199 per person double/\$195 per person triple/\$249 single *Payment option: Full balance payable or 50% of payment is due at time of reservation. Balance is due August 14, 2009.* This is our first trip to the Hudson Valley—don't delay on this trip during the best time of year!

CANCELLATION: All cancellations received in writing up to 30 days prior to the trip are subject to a \$50 cancellation fee. No refunds will be issued with less than 30 days notice. **MIN/MAX: 40/54**

Please don't let our programs go to waste....It will happen if you put off registering until the last minute. You see, if we haven't received the minimum number of participants, we will have to cancel the program. We will cancel undersubscribed programs no less than 3 business days prior to the start date. Waiting until the last minute won't revive the program – the dastardly deed will already be done. So ...

REGISTER EARLY – DON'T BE LATE – WE WANT YOU TO PARTICIPATE

2009 Bus Trip Form

(Please Print All Information - Signature Required Below)

Trip: _____ Date of Trip: _____

(Participants under 18 must have parent/guardian/chaperone)

Participant Name 1: _____ Age: _____

Participant Name 2: _____ Age: _____

Address: _____ Town: _____ Zip: _____

Email: _____

(Note: email addresses will not be distributed-they are for class and bus updates and Recreation events notifications!)

Telephone:

Call 1st _____ 2nd _____ 3rd _____

NOTES: _____

SPECIAL ACCOMMODATIONS - In order to enhance participation, please identify any special accommodations needed: _____

BY SIGNING BELOW:

I agree to hold harmless the Town of Acton and/or its employees, independent contractors, their agents and employees, from claims or liability related to any accident or injury that may occur. I give permission for medical treatment to be given if the need arises.

I acknowledge the REFUND, CANCELLATION & WITHDRAWAL policy as written for this trip as described. If trip is cancelled due to the lack of minimum participants, a full refund will be issued. Please note that pickup/drop-off locations are subject to change due if adequate number of registrations are not received for a pickup location in Acton. Refunds will not be issued for a non-Acton pickup/drop-off location. In the event of illness, a trip can be transferred but not refunded once commitment has been made. If you have any refund questions, please inquire prior to signing up. All changes and special requests must be completed in writing.

Signature of Class Participant 1 (Parent/Guardian if under age 18)

Date

Signature of Class Participant 2 (Parent/Guardian if under age 18)

Date

I am traveling with other people who are registered on a separate form.

They are: _____

Other (i.e. meal selection): _____

The Recreation Department accepts cash, check, money order, VISA or MasterCard.

Checks payable to: Town of Acton. Credit card transactions must be completed at the Recreation Dept. A \$3 FEE up to \$99 and \$3 for each \$100 after is added to credit card transactions.

Please mail or bring completed registrations with payment to:
Town of Acton Recreation Department, 472 Main Street, Acton, MA 01720

For Office Use: Received by: _____ Date: _____ Check # _____ Cash MasterCard VISA Amount \$ _____

TICKETS—GET YOUR TICKETS NOW!

SAVE MONEY BY GETTING YOUR TICKETS THROUGH ACTON RECREATION . . . GREAT SEATS!

PLEASE COMPLETE SPRING SUMMER PROGRAM REGISTRATION FORM

TICKETS MUST BE PICKED UP AT THE RECREATION DEPT. ONE WEEK PRIOR TO SHOW

ALL TICKETS ARE NON REFUNDABLE, BUT TRANSFERABLE

TICKET ORDER DEADLINE IS ONE MONTH PRIOR TO SHOW.

SHOW TICKET	SHOW DATE	SHOW TIME	LOCATION	PRICE PER TICKET
Harlem Globetrotters!	SUN., MARCH 29	1:00 PM	TD BANKNORTH	\$32.50 FOR END COURT AND \$22.50 FOR UPPER END COURT
Smucker's Stars on Ice	SUN., APRIL 5	3:00 PM	TD BANKNORTH GARDEN	\$38 PER TICKET
Lord of the Dance	THURS., APR 30	8:00 PM	LOWELL MEMORIAL AUDITORIUM	\$54 PER TICKET
Movin' Out	THUR., MAY 7	8:00 PM	LOWELL MEMORIAL AUDITORIUM	\$48.50 PER TICKET
Vince Gill	WED., JUNE 10	8:00 PM	LOWELL MEMORIAL AUDITORIUM	\$59.75 PER TICKET

SHOW TICKETS @ TD BANKNORTH GARDEN

FOR DIRECTIONS AND MORE INFORMATION VISIT:

[HTTP://WWW.TDBANKNORTHGARDEN.COM/](http://www.tdbanknorthgarden.com/)

PROGRAM #70 HARLEM GLOBETROTTERS AT TD BANKNORTH GARDEN

The magicians of basketball will be making their annual visit to the TD Banknorth Garden for two great shows of hilarious comedy and non-stop family entertainment on the parquet.

Now in their 83rd consecutive season of touring the world, the Harlem Globetrotters showcase a captivating assortment of trick shots, high-flying dunks and ball-handling wizardry...with a sidesplitting array of comedy guaranteed to entertain both the young and the young at heart.

WHEN: Sunday, March 29, 2009 **TIME:** 1:00 PM Showtime **LOCATION:** TD Banknorth Garden, Boston **FEE:** \$32.50 for End Court Tickets and \$22.50 for upper end court per person –tickets only no bus transportation. Excellent show seats!

Payment option: Full balance payable or 50% of payment is due at time of reservation. Balance is due March 19th.

REGISTRATION DEADLINE: March 19, 2009 – First come, first served!

CANCELLATION: No refunds for show programs. Refunds cannot be issued due to any time changes or rescheduling made by hosting event.

MIN/MAX: Limited tickets available

PROGRAM #71 SMUCKERS STARS ON ICE AT TD BANKNORTH GARDEN--CLUB/LOGE SEATING!

Produced by Scott Hamilton, Smucker's Stars on Ice "On the EDGE" is coming for one performance only! To be a Champion... You Have to Live On The Edge. The World's top skaters are coming in America's #1 skating tour - Smucker's Stars on Ice. Come see the sport's most exciting Olympic, World and National Champions

including Sasha Cohen, Ilia Kulik, Todd Eldredge, Shen & Zhao, Michael Weiss and more in this Emmy Award-winning Tour! Produced by Scott Hamilton, Smucker's Stars on Ice - On The Edge is coming for one performance only with special guest Tanith Belbin and Benjamin Agosto, Kimmie Meissner, and Evan Lysacek! Don't miss your only chance to see LIVE skating prior to the 2010 Olympics!

Smucker's Stars on Ice puts the World's best skaters to the ultimate test, showcasing their elite athletic skills within an Emmy Award-winning production. They'll be going to the limit to bring to the ice the very best that skating has to offer - and will be pushing their bodies right to the EDGE. With a soundtrack that ranges from Beethoven to Big & Rich, Dave Kos and Celine Dion, Smucker's Stars on Ice will show you all of the possibilities... all the ways in which Sport can truly become Entertainment... and they will do it all on the edge of a steel blade no thicker than a pane of glass.



WHEN: Sunday, April 5, 2009 **TIME:** 3:00 PM Showtime **LOCATION:** TD Banknorth Garden, Boston **FEE:** \$38

Excellent show seats! Club and Loge Seating! Payment option: Full balance payable or 50% of payment is due at time of reservation. Balance is due March 27.

REGISTRATION DEADLINE: March 27, 2009 – First come, first served!

CANCELLATION: No refunds for show programs. Refunds cannot be issued due to any time changes or rescheduling made by hosting event.

MIN/MAX: Limited tickets available

SHOW TICKETS @ LOWELL MEMORIAL AUDITORIUM

FOR DIRECTIONS AND MORE INFORMATION VISIT:
HTTP://WWW.LOWELLAUDITORIUM.COM/INDEX.ASPX

PROGRAM #72 LORD OF THE DANCE AT LMA

Lord of the Dance had preview shows at the Point Theatre in Dublin from June 28 to July 1, 1996. The show premiered on July 2, 1996. The story follows the character "Lord of the Dance" and his fight against the evil dark lord "Don Dorcha" from taking over Planet Ireland. The "Lord of the Dance" defeats the dark lord's invasion with help from a little spirit. There is also a story with a "love vs lust" theme expressed through dance throughout the show. "Saoirse, the Irish Cailín" fights for the love of the "Lord of the Dance" against the wicked "Morrighan, the Temptress". The stories are based on ancient Irish folklore and some Biblical references.

In March 1997, *Lord of the Dance* was performed at the Oscars. That November, *Lord of the Dance* expanded operations by forming several troupes of dancers which would tour North America and Europe. Flatley signed a contract with Disney for *Lord of the Dance* to perform at Epcot in Walt Disney World in the summer of 1999 and *Lord of the Dance* was asked back the following summer in 2000. Troupe 4 performed at the Disneyland Paris Resort in 2002-03. There are currently four troupes of *Lord of the Dance* productions touring the world.

WHEN: Thursday, April 30, 2009 **TIME:** 8:00PM **LOCATION:** Lowell Memorial Auditorium

FEE: \$54.00 Balcony seating! *Payment option: Full balance payable or 50% of payment is due at time of reservation. Balance is due April 20, 2009* **TICKET REFUND POLICY:** No refunds for tickets

REGISTRATION DEADLINE: March 27, 2009

CANCELLATION: No refunds for show programs. Refunds cannot be issued due to any time changes or rescheduling made by hosting event.

MIN/MAX: Limited tickets available



PROGRAM #73 MOVIN' OUT! AT LMA

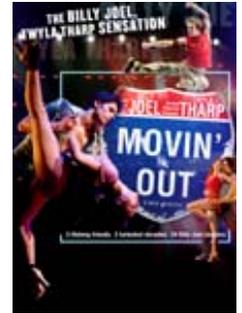
Back by popular demand, *Movin' Out* brings 24 Billy Joel classics to electrifying new life as it tells the story of five life-long friends over two turbulent decades. It all adds up to one unforgettable Broadway musical. Five-time Grammy winner Billy Joel and legendary director/choreographer Twyla Tharp have joined forces to create the spectacular musical Time Magazine declares "The #1 Show of the Year!" The New York Times calls *Movin' Out* "a shimmering portrait of an American generation. These tornado driven dances and rock musicians propel the audience into delirious ovations."

WHEN: Thursday, May 7, 2009 **TIME:** 8:00PM **LOCATION:** Lowell Memorial Auditorium

FEE: \$48.50 Excellent show seats! *Payment option: Full balance payable or 50% of payment is due at time of reservation. Balance is due April 23rd.*

REGISTRATION DEADLINE: March 19, 2009 – First come, first served!

CANCELLATION: No refunds for show programs. Refunds cannot be issued due to any time changes or rescheduling made by hosting event. **MIN/MAX:** Limited tickets available



PROGRAM #74 VINCE GILL! GRAMMY WINNER, BEST COUNTRY ALBUM! AT LMA

"Vince Gill is quite simply a living prism refracting all that is good in country music. He uses the crystal planes of his songwriting, his playing, and his singing to give us a musical rainbow that embraces all men and spans all seasons." - Kyle Young/Country Music Foundation on Vince's induction into the Country Music Hall of Fame. Gill has sold more than 26 million albums. He has earned 18 CMA Awards, including Entertainer of the Year in 1993 and 1994. He is tied with George Strait for having won the most CMA Male Vocalist Awards (five), and is currently second only to Brooks and Dunn for accumulating the most CMA Awards in history. Gill is a member of the Grand Ole Opry, and has received 19 Grammy Awards to date, the most of any male Country artist. An avid golfer, he helped create the annual Vince Gill Pro-Celebrity Invitational Golf Tournament ("The Vinny") in 1993 in order to help support junior golf programs throughout Tennessee. Besides being known for his talent as a performer, musician and songwriter, Gill is regarded as one of Country Music's best known humanitarians, participating in hundreds of charitable events throughout his career.



In August of 2007, the Country Music Association inducted Gill as the newest members of the coveted Country Music Hall of Fame.

WHEN: Wednesday, June 10, 2009 **TIME:** 8:00 PM Showtime

LOCATION: Lowell Memorial Auditorium **FEE:** \$59.75 Excellent show seats! *Payment option: Full balance payable or 50% of payment is due at time of reservation. Balance is due May 27*

REGISTRATION DEADLINE: May 27, 2009 – First come, first served!

CANCELLATION: No refunds for show programs. Refunds cannot be issued due to any time changes or rescheduling made by hosting event.

MIN/MAX: Limited tickets available

EVEN A SMALL GIFT MAKES A HUGE DIFFERENCE

A contribution to NARA Park of any size is a tremendous gift to the 22,000+/- people that reside in Acton. Your tax deductible donation to the Town of Acton helps us to ensure that all of the Park's dynamic concerts and special events remain open to the public for FREE.

You can make your tax-deductible donation by mailing a check to

**Acton Recreation Department
472 Main Street
Acton, MA 01720**



Please make your check payable to "Town of Acton" and memo "NARA Park Events Donation"

DON'T MISS OUT ON OUR MOST CURRENT UPDATES MAKE US A WEBSITE FAVORITE! TELL YOUR FRIENDS TOO!

An exciting new summer season is coming upon us and we look forward to sharing the details with you and your friends. Like you, your friends can receive up-to-the-minute information about our NARA Park upcoming concerts, special events, and programs via email. If you would like to subscribe, please send us an email at recreation@acton-ma.gov and we will be happy to add you to our Acton Recreation Current Events email.

ABOUT NARA PARK

NARA (North Acton Recreational Area) Park was a sand and gravel quarry pit prior to being developed into the elite park it now is. NARA Park opened in 1999 and each year has become even grander. It now flourishes as an ever-evolving natural landscape, 9 acre spring fed pond & beach, multi-recreational fields, bathhouse pavilion, 3,000 seat amphitheater, and assorted picnic areas.

NARA Park is one of the most prestigious parks in all of Massachusetts and currently attracts more and more visitors annually as this hidden jewel is now being discovered.

NARA Park is open 365 days a year from sunrise to sunset. The Beach Parking Lot is located off Rt. 27 on 25 Ledge Rock Way in North Acton. The Upper Field Parking Lot is located off Rt. 27 on Quarry Road (end of Quarry Rd. on the right)



Thank You

2009 DONATIONS RECEIVED AS OF FEBRUARY 17, 2009!

Please show your appreciation to these very generous businesses
in recognition to their support to the community.

- AAA Southern New England - Tribute to the 60s Summer Concert Series
- Acton Boxborough Youth Baseball - Winter Carnival 2009
- Acton Medical Associates - Theater Group
- Benjarong Restaurant - Theater Group
- Boston Bruins - Winter Carnival 2009
- Boston Red Sox - Winter Carnival 2009
- Cambridge Savings Bank - Winter Carnival 2009
- Capelli Salon - Winter Carnival 2009
- Donelan's Supermarket - 2009 July 4th Fireworks Premier Sponsor, Theater Group
- Dunkin' Donuts - Winter Carnival 2009
- Especially for Pets - Tribute to the 60s Summer Concert Series
- 421 Gas Inc. - Theater Group
- Gould's Plaza - 2009 July 4th Fireworks Premier Sponsor
- Graham & Harsip - Tribute to the 60s Summer Concert Series
- Holiday Inn Boxborough - Theater Group
- James V. Tabner Esq. Counselor at Law - Summer Concert Series, Theater Group
- Legends Sporting Goods - Tribute to the 60s Summer Concert Series
- Life Care Center of Acton - Winter Carnival 2009
- Litchfield Plastering - Tribute to the 60s Summer Concert Series
- Longfellow's Wayside Inn - Tribute to the 60s Summer Concert Series
- Middlesex Savings Bank - Winter Carnival 2009, Summer of Love Concert Premier Sponsor
- Moodz Salon - Winter Carnival 2009
- Nashoba Family Dentists - Theater Group
- Onyx Transportation, Inc. - Tribute to the 60s Summer Concert Series
- Roche Brothers Supermarket - 2009 Beach Party Blast Premier Sponsor
- Ruth M. Lull, PsyD - Tribute to the 60s Summer Concert Series
- Six Flags New England - Winter Carnival 2009
- Sorrento's Brick Oven Pizza - Skate Park 3rd Anniversary Event Premier Sponsor
- Stop & Shop, Acton - Winter Carnival 2009
- Wetherbee Plaza - Tribute to the 60's Summer Concert Series and Special Events
- [Add your company or family here for our next program recognition!](#)

Thank you once again to our 2008 Special Event and Concert Supporters!

AAA Southern New England, AB Pop Warner, AB Youth Baseball, Acton Ford, Acton Medical, Acton Toyota, Ameriprise Financial, Be Well & Beyond, Benjarong Restaurant, Blue Hills Ski Area, Boston Red Sox, Butterbrook Organic Farm, Cambridge Savings Bank, Capelli Salon, CBC Fitness & Wellness Center, Citizen's Bank, Comcast, Community Phone Book, Concord Oil Company, Digital Credit Union, Domino's Pizza, Donelan's Supermarket, Dunkin Donuts, Eastern Border, EmbroidMe of Chelmsford, Especially for Pets, Gould's Plaza, Graham & Harsip, PC, Huntington Learning Center, LeLyonnais, Inc., Life Care Center of Acton, Lockes Pest Control, Maynard Outdoor Store, Middlesex Savings Bank, Nashoba Valley Ski Area, NE Patriot Cheerleaders, Pet Source, ReMax- Walden Landmark in Concord, Roche Brothers, Serafina Ristorante, Sorrento's Pizza, US Air Force Concert, and Vincenzo's Ristorante

2009 SPRING SUMMER SPECIAL EVENTS

CLIP THIS PAGE FOR YOUR FRIDGE!



<u>EVENT</u>	<u>DAY</u>	<u>DATE</u>	<u>TIME</u>	<u>LOCATION</u>	<u>ADMIN. FEE</u>
Recreation Summer Programs & NARA Park Info Night	Friday	March 13	4:00-7:00 PM	Acton Town Hall	Free
TJ O'Grady 3 rd Anniversary Event	Saturday	May 16	4:00-9:00 PM	TJ O'Grady Skate Park	Free
Fishing for Fun at NARA Park (up to age 14)	Sunday	May 17	7:30-10:00 AM	NARA Park	\$2
Dog Day Jubilee	Sunday	May 17	4:00-6:30 PM	NARA Park	Free
Family Movie Night	Friday	May 29	Dusk	NARA Bathhouse	Free
Family Movie Night	Friday	June 5	Dusk	NARA Bathhouse	Free
Lions Club Fair at NARA Park	Wed-Sun	June 10-14	Varied	NARA Park Fields	Yes
Danny Juice Music Fest!	Saturday	June 13	12:00-10:00 PM	NARA Amphitheater	TBD
Classical Concert	Thursday	June 18	6:00-8:00 PM	NARA Amphitheater	Free
Annual Family Campout	Fri-Sat AM	June 19	4:00PM Fri -9:00 AM Sat.	NARA Park	\$40
US Air Force Band: Afterburner! Classic Rock Concert	Thursday	June 25	7:00-9:00 PM	NARA Park	Free
July 4 th Concert featuring the Blushing Brides and warm-up band Facepaint	Saturday	July 4	6:00-10:00 PM	NARA Amphitheater	Free
July 4 th Fireworks	Saturday	July 4	Following concert	NARA Park	Free
Reign of Motown: Scooby Snax Band	Thursday	July 16	7:00-9:00 PM	NARA Amphitheater	Free
Flower Power: Classic Trax	Thursday	July 23	7:00-9:00 PM	NARA Amphitheater	Free
Summer of Love: In the House	Thursday	July 30	7:00-9:00 PM	NARA Amphitheater	Free
The British Invasion: Beatles for Sale	Thursday	August 6	7:00-9:00 PM	NARA Amphitheater	Free
Beach Party Blast: 60s Invasion	Thursday	August 13	6:00-8:00 PM	NARA Beach	Free
Family Movie Night	Friday	August 14	Dusk	NARA Bathhouse	Free
Sri Lankan Festival!	Saturday	August 15	4:00-9:00 PM	NARA Amphitheater	Free
Elvis Alive and Well with Oldies Show	Thursday	August 20	7:00-9:00 PM	NARA Amphitheater	Free
Family Movie Night	Friday	August 21	Dusk	NARA Bathhouse	Free
Tanglewood Marionettes Show	Thursday	August 27	7:00 Showtime	NARA Bathhouse	Free
Family Movie Night	Friday	August 28	Dusk	NARA Bathhouse	Free
Acton Day	Saturday	Sept. 12	Save the date!	NARA Park	Free

DONATIONS ARE GREATLY APPRECIATED TO HELP SUPPORT THESE GREAT EVENTS!

RECREATION SUMMER PROGRAMS AND NARA PARK INFO NIGHT

Friday, March 13

Time: 4:00-7:00PM

Acton Recreation will be holding a special information night for upcoming Recreation programs including our NARA Summer Youth Program, NARA Park Beach. Registrations will also be accepted for all programs. This is a great opportunity to get to know your Recreation Department and some of our class instructors. We look forward to meeting you! No registration is required for attending. Registrations for all classes and program are now accepted for all programs until maximum registrations are received.

LOCATION: Acton Town Hall, 472 Main Street in the Faulkner Meeting Room, 2nd Floor

WELLNESS UNIVERSITY

Saturday, June 20

Time: 10:00AM-2:00PM

The Acton Board of Health and Acton Public Health Nursing Service are pleased to announce the 3rd Annual "Wellness University."

Wellness University is an event that has been designed to address the health and wellness needs of Acton residents. Unlike years past, this day will be open to all residents 30+ years of age. The day's programming consists of classes that will focus on different aspects of wellness ranging from nutrition, healthy living, fitness and much, much more. The day will be complemented by an exhibit area that will be available throughout the day for participants to receive information on local health and wellness services as well as information on health care, a variety of fitness, nutrition and other age appropriate topics. This is a free day to attendees and we rely heavily on donations from local businesses to make this day possible. *If you are interested in attending the day either as a participant or as a business more information will be available by contacting the Acton Health Department at 978-264-9634.*

LOCATION: Parker Damon Building, Charter Road, Acton

FEE: Free

CONTACT: Health Department at 978-264-9634 or health@acton-ma.gov

NASHOBA SPORTSMAN'S CLUB ANNUAL FISHING DERBY

Saturday, May 16

Time: 9:00AM-3:00PM

The Nashoba Sportsman's Club will hold its Annual Kid's Fishing Derby on May 16th from 9am - 3pm. The Derby is Free and open to kids aged 14 and under. Please bring your own equipment. We will be supplying worms, but feel free to bring your own if you can, worm donations gladly accepted.

The pond will be stocked with trout and you can keep what you catch up to a limit established that day based on how many kids are fishing and catching. This event is fun for the whole family and some food concessions will be available or feel free to bring a picnic lunch and some folding chairs if you need to.

The club is located on Main St (Rt. 27) about a mile on the left from the intersection of Great Rd. and Rt. 27. There will be a sign on the street with balloons where you need to turn into the club.

LOCATION: Nashoba Sportsman's Club FEE: Free

FISHING FOR FUN AT NARA PARK

Sunday, May 17

Time: 7:30-10:00AM

FOR KIDS UP TO AGE 14. Please fill out spring/summer registration form. This is not a fishing derby but a fun morning for parent and child. Children must have their own fishing rod, reel and bait. All participants will receive a goody bag. Our fun fishing day is catch and release. **Children under age 12 must not be left unattended.** Refreshments will be provided.

RAINDATE: No rain-date

LOCATION: NARA Park, 25 Ledge Rock Way, Acton

FEE: \$2 per child (non-refundable)

HOSTED BY: The Acton Recreation Department *Registrations must be received by May 12th.* MIN/MAX: 20/75

DOG DAY JUBILEE, MUSIC AND FUN FOR THE ENTIRE FAMILY!

Sunday, May 17

Time: 4:00-7:00PM

Man's best friend....Dogs are not our whole life, but they make our lives whole. -Roger Caras

It's a dog day full of fun for all ages and breeds! We do ask that all dogs be on a leash and that all owners cleanup after their dog.

Lots of fun for all attendees with assorted dog vendors, games, prizes, contests and music! Premier sponsor: Especially for Pets!

Food & Drink Special! Grilled hot dog, chips and soda combo for \$2.00!

FEE: Free

LOCATION: NARA Park Amphitheater Bowl, Acton



RELAY FOR LIFE 2009

Sat, May 30 – Sun, May 31

Time: 3:00PM Sat. to 9:00AM Sunday*

Relay For Life of Acton-Boxborough is an overnight team event to fight cancer. The Relay raises awareness of cancer in the community and raises money to support the programs of cancer research, education, advocacy and patient services of the American Cancer Society.

The theme of hope is ignited as cancer survivors make the first official lap of the Relay For Life on Saturday, serving as living testimony to the fact that cancer survival rates are increasing and cancer is no longer thought of as a death sentence. During the Survivor's Lap, survivors come together, and walk, run, or wheelchair the opening lap – unified in unity and hope! Following this lap, we honor them with a reception! At 9:00 PM* Saturday evening, there is a Luminary Ceremony. White bags with a candle are placed around the pond path. Behind every bag there is a story to tell. Each one is dedicated in honor of a cancer survivor or someone who has lost the fight with cancer. The candles surround the pond and light the way as Relay For Life participants walk throughout the night. Please visit the Relay for Life website

http://main.acsevents.org/site/TR?pg=entry&fr_id=16319 for more information and to register or contact Gia Coratti at: gia.coratti@cancer.org or call (781) 314-2673.

LOCATION: NARA Park (pond area) * Times are subject to change.

FREE FAMILY MOVIES AT DUSK

Pack your snacks, drinks and chairs for a good old fashioned family night out. Popcorn will be sold at the beginning of each movie night to help offset operating expense. Your support is greatly appreciated. *ALL MOVIES WILL BE FAMILY FRIENDLY AND RATED G OR PG AND ALL MOVIES WILL BEGIN AT DUSK.*

- FRIDAY, MAY 29, 2009
- FRIDAY, JUNE 12, 2009
- FRIDAY, AUGUST 14, 2009
- FRIDAY, AUGUST 21, 2009
- FRIDAY, AUGUST 28, 2009

TJ O'GRADY SKATE PARK 3RD ANNIVERSARY EVENT

Saturday, May 16 Time: **4:00-9:00PM**

Celebrate the third year of the park opening with your family and friends. Live bands, Pro's from Eastern Boarder will be onsite. Special entertainment provided by local youth rock bands. So, oil up the wheels, tighten the trucks, and strap up the safety gear to be ready for this exciting event. Hot dog, soda and chip combo for \$2.

LOCATION: TJ O'Grady Skate Park, Hayward Road, Acton HOST: Acton Recreation Department & Danny's Place FEE: Free

Sponsored by
Sorrento's Pizza

ACTON 5K, KIDS MILE AND TOT TROT AT NARA PARK

Sunday, May 24 Time: **8:00-11:00AM**

What a great family day of fitness! Please visit www.marxrunning.com for more information and registration form. T-Shirts to the first 150 pre-registrations received!

REGISTRATION OPENS AT: 8:00AM

ACTON 5K RACE TIME: 11:00AM

ACTON 5K FEE: \$15 pre-registered, \$20 post registration

LOCATION: NARA Park, 25 Ledge Rock Way, Acton

KIDS MILE REGISTRATION START TIME: 10:00AM

KIDS MILE FEE: \$10 pre-registered, \$10 post registration

HOSTED BY: Marx Running (978) 263-5510

TOT TROT TIME: 10:30AM

TOT TROT: Free

CLASSICAL CONCERT

Thursday, June 18 Time: **6:00-8:00PM**

Join us for this wonderful evening in the Park! This concert has been donated to the Selectmen and the Town by a generous Acton citizen. Thank you!

More details on this concert will be available on the Recreation Department page of: www.acton-ma.gov

LOCATION: NARA Park Amphitheater

FEE: Free

SUMMER FAMILY CAMPOUT

Friday, June 19 Time: **4:00PM Friday to 9:00AM Saturday**

You pick your camping location at NARA Park (except playing fields) where you would like to setup your tent and enjoy an evening under the stars. We supply the cooking fire, s'mores and continental breakfast consisting of juice, milk, cereal, coffee, muffins and assorted breads. New this year, we will supply a cooking grill for those who plan to eat at the park and would like to prepare their own food. We will provide lifeguards for early morning swim and boating. Suggested items to bring: tent, sleeping bag, flashlights, food, beverages, snacks and personal items. Our snack bar will be open until 11:00 PM with snack food if you wish to purchase items. All participants must be pre-registered. No onsite registrations will be accepted.

START TIME: Setup/check-in begins at 4:00PM Friday evening.

Campers must have tent broken down and area cleared by 9:00AM Saturday morning.

FEE: \$40 per family of four \$6 for each additional member LOCATION: NARA Park, 25 Ledge Rock Way, Acton

REGISTRATION DEADLINE: **Friday, June 12**

MIN/MAX: 15/40

AFTER BURNER – US AIR FORCE CLASSIC ROCK CONCERT!

Thursday, June 25 Time: **7:00-9:00PM**

Afterburner is the United States Air Force Band of Liberty's high energy rock band. The seven member group brings an explosive blend of blues, rock, and R&B to their dynamic stage shows. The members of this versatile group are all active duty military and are based out of Hanscom Air Force Base, Massachusetts. They have appeared on national TV, headlined major festivals, and opened for artists such as Charlie Daniels, The Commodores, The Subdudes, The Fabulous Thunderbirds and Lee Ann Womack. The group also performs countless concerts each year throughout New England, New York and New Jersey, as well as performing overseas for deployed servicemen.

LOCATION: NARA Park Amphitheater HOST: Acton Recreation Department FEE: Free

JULY 4TH FIREWORKS

Saturday, July 4 Time: **10:00PM***

PLEASE HELP CONTINUE THIS ANNUAL EVENT AND UPCOMING EVENTS WITH YOUR GENEROUS DONATION. Donations can be mailed into the Recreation Department or put into the donation collection buckets at the event.

Limited Shuttle busing will be available from Nagog Park Drive to NARA. We recommend attendees park at Nagog Park and walk through the Town Forest located at the end of Nagog Park Drive. NAGOG Park Drive is located at the intersection of Bickford's Restaurant and Great Road. *FIREWORKS AT APPROX. 10 PM LOCATION: NARA Park

Rain Date: Sunday, July 5, 2009

FEE: Free

Fireworks donated by
Donelan's Supermarket &
Gould's Plaza

BLUSHING BRIDES - WORLD'S MOST DANGEROUS TRIBUTE BAND TO THE MUSIC OF THE ROLLING STONES

Saturday, July 4 Time: 8:00-10:00PM

Warm-up Band: "Face Paint" Time: 6:00-7:30PM

The Blushing Brides: Although the comparisons are undeniable, the seemingly prototyped Bride's have distinguished themselves from the originals (The Rolling Stones), with a very distinctive sound and delivery. All cover versions clearly have the Bride's improvisational signature stamped on them, and are performed at an energy level that is immeasurable. Coupled with a repertoire of original material that is chiseled from the same stone as their predecessors, the stage is set for a powerhouse live experience. The spontaneity and passion of the music, allows the audience to participate, and in effect create the entire event. The Brides have played to sold out major entertainment venues since 1979. From royalty in the United Arab Emirates (Dubai), and all across North America... the Brides are recognized as the pre-eminent concert entertainers available today! There is good reason why the Brides set the standard, as the "highest grossing revenue" non-recording artists in Canadian Rock n' Roll history. That reason... TALENT!

After 25 plus years of touring the Brides continue to bring fans of the Rolling Stones a unique performance perspective on the music of the Stones. Far more daring than the now cookie-cutter type performances of the Stones, The 'Brides' continue to live up to the title, "The World's Most Dangerous Tribute to the Music of The Rolling Stones".

Facepaint is a rising group out of Acton, MA, who wish to simply entertain and make their musical mark on as many people as possible. This energetic and charismatic quartet takes each of their individual influences to create an enjoyable yet unique sound that people are drawn to, regardless of musical tastes. Facepaint is primarily considered an acoustic-rock band, but they consistently range across several musical styles to give everyone something to love. With captivating stage presence and a little bit of humor thrown in on occasion, Facepaint creates a comfortable atmosphere that anyone of any age and character can enjoy. Facepaint has a new sound with just enough old influence to keep people dancing and "rocking out" like they were listening to their favorite band alone in their room. With powerful lyrics, catchy musical hooks, and tight 3-part harmonies, Facepaint makes sure everyone can sing along and have a good time at every show.

LOCATION: NARA Park Amphitheater Blushing Brides 8:00-10:00 PM, Face Paint 6:00-7:30 PM HOST: Town of Acton FEE: Free

The Reign of Motown Concert Featuring the "Scooby Snax Band"

Thursday, July 16 Time: 7:00—9:00 PM

From the "Motor City" of Detroit, a unique blend of pop, R&B, and rock 'n roll virtually dominated the airways throughout the '60s. '60s Motown really was the sound of teenage America. Our Reign of Motown Concert will feature hits from these artists and more! Diana Ross & the Supremes, Four Tops, Temptations, Smoky Robinson, Martha Reeves & the Vandellas, Otis Day & the Nights, Marvin Gaye, Stevie Wonder and more.

The Scooby Snax Band is a high energy, four-piece cover band, whose showmanship, talent, and virtuoso are what set them apart from all the rest. Their musical diversity is made evident by their extensive song list, which spans six decades. Each member can sing lead vocals, which allows the band to adapt to every song style. Founded in 1993, by longtime friends Jay Buckley and Will Motroni, The Scooby Snax Band has become one of the finest cover bands on the Boston club scene.

Through the late 1980's and early 1990's, Jay and Will performed together in various bands, playing original music, as well as cover songs. During that time they played in some of Boston's hottest music clubs, including The Paradise, The Channel, The Rack, The Harp, The Purple Shamrock, and The Green Dragon. Through it all, Jay and Will stuck to a pretty simple plan - play the music that people want to hear, play it well, and have fun doing it! After four years of playing as a duo, The Scooby Snax decided to expand the line up and asked drummer Jack Shea to join the band. At the time, Will was working with Jack in another popular cover band and knew his hard playing and his twenty years experience would be a perfect addition. As the band continued to grow in popularity, The Scooby Snax decided to add a lead guitarist.

Finding a guitarist with a similar range of musical talent and possessing the same vision was not going to be an easy task. The Snax decided to bring in Rich Dacier into the band to fill the void. Rich had a musical history of eight years with the band and possessed the versatility and coherence the band was looking for. The Scooby Snax Band was now complete. Website: <http://www.thescoobysnaxband.com>

LOCATION: NARA Park Amphitheater HOST: Acton Recreation Department FEE: Free

Flower Power Concert Featuring "Classic Trax"

Thursday, July 23 Time: 7:00—9:00PM

The Flower Power concert will be a folk rock music event where many of the hits from these performers were from the late '60s: Simon & Garfunkel, Buffalo Springfield, Bob Dylan, The Byrds, Joni Mitchell, Crosby, Stills, Nash & Young and the Allman Brothers.

The slogan says it all: Playing Classic hits of YESTERDAY and the best Trax of TODAY makes Classic Trax one of the most versatile bands in New England. Award winners of *Boston's Best* cover band 1999, 2000, 2003 & 2005 (nominated 8 years running). Website: <http://www.classic-trax.com>

LOCATION: NARA Park Amphitheater HOST: Acton Recreation Department FEE: Free

Summer of Love Concert Featuring "In the House"

Thursday, July 30 Time: 7:00—9:00PM

Premier Sponsor - Middlesex Savings Bank In the summer of 1967, the newly-born hippie movement was gathering around the city of San Francisco and with it, local bands were quickly formulating a unique sound. Our Summer of Love concert will feature hits from The Doors, Frank Zappa, Sly Stone, Jefferson Airplane, Grateful Dead, CCR, and Bob Dylan.

"In the House" was created as a Heavy Groovin' House Rockin' (yet soulful) Party and Dance Band. In The House has been performing at Clubs, Concerts and Events throughout New England and New York since 1998! Performing the Best R&B, Motown, Reggae and Latin/Dance Rock of the 60's through today including the music of Stevie Wonder, Earth Wind and Fire, Aretha Franklin, Santana, Bob Marley, Outkast and No Doubt, In The House guarantees to Bring The House Down! One Big Family! Not just another band like the rest! Website: <http://www.sabarts.com>

LOCATION: NARA Park Amphitheater HOST: Acton Recreation Department FEE: Free

**Sponsored by
Middlesex
Savings Bank**

The British Invasion Concert Featuring "Beatles for Sale"

Thursday, August 6 Time: 7:00—9:00PM

The Beatles' triumphant arrival in New York City on February 7, 1964, opened America's doors to a wealth of British musical talent. What followed would be called the second British Invasion.

"A splendid time is guaranteed for all..." Beatles for Sale is a New England-based Beatles tribute band that is committed to recreating the sounds of the Beatles live in concert. This band of talented musicians was drawn together by our love of Beatles music and desire to keep the music alive, bringing it to a whole new generation of Beatles fans. Website: <http://www.beatlesforsale.net>

LOCATION: NARA Park Amphitheater HOST: Acton Recreation Department FEE: Free

Beach Party Blast Featuring "60s Invasion"

Thursday, August 13 Time: 5:00—8:00PM

In 1962 Surfin' Safari scored the Beach Boys a #1 hit and the rest is history! It's our annual Beach Party Blast at NARA Park. So we're waxing our surfboards and getting ready for lots of fun and games for all ages! Fun time 5 – 8 PM, Concert Time 6—8 PM.

The 60s Invasion is not a bar band. This a show band with experienced musicians who know how to engage and entertain an audience and they do just that for 90-plus minutes of nostalgia, comedy, audience participation and, yes, some great old rock 'n roll. David, Jack, Bob and Dave work hard the entire evening and the audience shows its appreciation with a standing ovation at the end of the extended encore. Website: <http://www.sixtiesinvasion.com>

LOCATION: NARA Park Amphitheater HOST: Acton Recreation Department FEE: Free

**Sponsored by
Roche Brothers
Supermarket!**

SRI LANKAN FESTIVAL

Saturday, August 15 Time: 4:00-9:00PM



Save this date, it's going to be a great time for all! Everyone is welcome to our first Sri Lankan Festival! The event activities are being finalized at time of print and more detailed information will be available on the Town website in May. Activities will include the Sri Lankan Drum Orchestra, dancing, Sri Lankan handicrafts, exhibits, and Facepainting. Sri Lankan Cuisine will be available for purchase. This new event is hosted by Acton Recreation and the Sri Lankan Association of New England. The Sri Lankan Association of New England has been very active in promoting and sharing Sri Lankan traditions and culture in the US as well as to reach out in helping those who are in need in Sri Lanka. The Sri Lankan Association of New England just celebrated their 10th Anniversary as a non profit organization last December. Please visit the Recreation Department page www.acton-ma.gov for more event information. Visit SLANE at <http://www.slaneusa.com/> to obtain more information on the Sri Lankan Association of New England.

LOCATION: NARA Park Amphitheater HOST: Acton Recreation Department FEE: Free

Elvis Alive & Well and Oldies Show Concert Featuring "Jeff Jarvis"

Thursday, Aug. 20 Time: 7:00—9:00 PM

The Jeff Jarvis Show is a fun, high energy show.

Elvis Alive & Well is pure energy from beginning to end. From the Theme from 2001 concert opening to the powerful and moving vocal power of Jeff Jarvis' 3 1/2 octave vocal range, you will be brought back to the Concert Programs of the 70's as well as lots of the favorites from the Early Years, Full Jumpsuits and accurate professional backing tracks coupled with the best sound systems suited for groups of all sizes and ages...From Hound Dog to Blue Suede Shoes....and from Suspicious Minds to Can't Help Falling in Love...The King is indeed "ALIVE and WELL". Jeff has been performing as an Elvis Impersonator throughout the nation. Music features Oldies hits from Elvis, Johnny Cash, Roy Orbison, Tom Jones, Neil Diamond, Frank Sinatra & the Blues Brothers. WEBSITE: <http://www.jeffjarvisshow.com>

LOCATION: NARA Park Amphitheater HOST: Acton Recreation Department FEE: Free

Tanglewood Marionettes

Thursday, Aug. 27 Time: 7:00 Showtime

Back By Popular Demand! Founded in 1993 by Anne Ware and Peter Schaefer, Tanglewood Marionettes is a nationally touring marionette theater based in New England. Our repertoire consists primarily of classic tales performed by skilled puppeteers who have spent many years perfecting their art. **Selected Show: Perseus and Medusa** Take a trip back in time to the dawn of civilization, to an ancient world of gods, goddesses, prophecies and heroes. In this masterful production, you will accompany Perseus through personal trials and glorious quests. This is Tanglewood Marionettes' most lavish production featuring beautiful, hand-crafted marionettes, scrolling sets, exotic music and much, much more. The ancient world has never been so accessible! Website: <http://www.tanglewoodmarionettes.com>



LOCATION: NARA Park Amphitheater HOST: Acton Recreation Department FEE: Free

BLUSHING BRIDES



WORLD'S MOST DANGEROUS TRIBUTE TO THE
MUSIC OF THE ROLLING STONES!

SATURDAY

JULY 4TH

8:00-10:00 PM

NARA PARK AMPHITHEATER!

WARM-UP BAND

FACEPAINT 6:00-7:30 PM

FREE CONCERT

OPEN TO THE PUBLIC

YOUR DONATION IS GREATLY APPRECIATED!



DANNY'S JUICE MUSIC FESTIVAL

SATURDAY, JUNE 13

12:00-9:00 PM

NARA PARK AMPHITHEATER

**LIVE PERFORMANCES
BY 15+ BANDS!**

FREE ADMISSION

*Food concessions to benefit
Danny's Place Youth Center*

For more event information visit
www.myspace.com/dannys_juice

*Danny's Juice Music Festival held in conjunction
with the Acton Lions Club Town Fair!*

Sponsorship opportunities available!

Contact: info@dannys-place.org

Danny's Place is a 501(c)(3) non profit organization

Lions Club Town Fair at NARA Park!



EMAIL: SIGN UP NOW

The Acton Recreation Department, in an effort to be more efficient and consume fewer resources, would like to be able to email our bi-annual program, class updates, special event information, and current events from the Acton Recreation Department to your inbox.

Your email will not be distributed outside our Department and information sent will strictly be Recreation news. If you wish to be removed, just email us to have you dropped.

Please email, call or write to request that we add you to our list.

Email: recreation@acton-ma.gov

Phone: (978) 264-9608

Mail: Acton Recreation Department
472 Main Street
Acton, MA 01720

2009 SPRING SUMMER CLASS REGISTRATION FORM

**PLEASE USE THIS FORM FOR CLASSES & SHOW TICKETS. PLEASE USE BUS FORM FOR BUS TRIPS
PLEASE PRINT ALL INFORMATION, SIGNATURE REQUIRED BELOW
THIS FORM MAY BE DUPLICATED**

Please contact us with any questions you may have prior to registering @ recreation@acton-ma.gov or phone: 978-264-9608

1. Participant Name: _____ Program # _____ Session # _____
Program Name: _____ Age: _____ Grade (in Fall 09): _____ Class Fee: \$ _____
2. Participant Name: _____ Program # _____ Session # _____
Program Name: _____ Age: _____ Grade (in Fall 09): _____ Class Fee: \$ _____
3. Participant Name: _____ Program # _____ Session # _____
Program Name: _____ Age: _____ Grade (in Fall 09): _____ Class Fee: \$ _____

TOTAL ENCLOSED \$ _____

If any participant(s) is under age 18 for any class please PRINT parent Name: _____

Address: _____ Town: _____ Zip: _____

Email: _____

(Note: email addresses will not be distributed-they are for class notifications and recreation updates)

Telephone: (list in order)

(1) _____ (2) _____ (3) _____

BY SIGNING BELOW I ACKNOWLEDGE THE FOLLOWING:

I agree to hold harmless the Town of Acton and/or its employees, independent contractors, their agents and employees, from claims or liability related to any accident or injury that may occur. I certify that the participant is in good health. I understand there is some risk in taking part in sports and recreational related activities, and I am willing to assume those risks. I give participant permission for medical treatment to be given if the need arises.

REFUNDS & WITHDRAWALS POLICY: You may withdraw from a program up to 7 (seven) business days prior to the start date—a non-refundable administrative fee of **\$10 will be applied to all registrations.** After that time, no refunds will be issued. All refunds must be submitted in writing to the Recreation Department requesting withdrawal and refund. It will take two-three weeks for the refund to be processed. Refunds will not be made for classes missed due to inclement weather. Exception to policy: a written letter from a licensed physician excusing participant from a program. The Recreation Department reserves the right to suspend a participant in a program due to inappropriate behavior. No refunds will be given for any participant who has been suspended from a program. **NOTE: Certain programs and trips have separate refund policies and will be duly noted in description and /or on form.**

CLASS CANCELLATION POLICY: Classes are cancelled if Acton-Boxborough Schools have closed or have early dismissal due to weather. Notification via email for Recreation Dept. run programs will be made if a class is cancelled due to poor weather or field conditions or lack of min. participants or maximum participants. Programs run outside of the Recreation Department are responsible to notify participants of class cancellations. Efforts will be made to makeup weather cancelled classes, but are not guaranteed. Any class cancellations due to an illness of an instructor will be made-up or refunded. Refunds will not be offered due to a participant's inability to partake in missed makeup sessions. Come programs or classes have special cancellation policies and are noted in program description and/or special registration form.

Signature of Parent/Guardian or Class Participant over age 18 (Form must be signed to participate)

Date

SPECIAL ACCOMMODATIONS: In order to enhance participation, please identify any special accommodations needed.

The Recreation Department accepts cash, check, money order, VISA or MasterCard.

Checks payable to: Town of Acton. Credit card transactions must be completed at the Recreation Department. A \$3 fee for each \$100 charged is added to all credit card transactions.

Please mail or bring completed registrations with payment to:

Town of Acton Recreation Department, 472 Main Street, Acton, MA 01720

Phone: (978) 264-9608 Fax: (978) 264-9630

For Office Use: Received by: _____ Date: _____ Check # _____ Cash MasterCard VISA Amount \$ _____



RECREATION DEPARTMENT
TOWN OF ACTON
472 MAIN STREET
ACTON, MA 01720

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POSTAL PATRON

A sneak peek of what's inside!

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FUN AND AFFORDABLE BUS TRIPS

SCHOOL SPRING BREAK PROGRAM AT NARA PARK!

TENNIS PROGRAMS- INDOOR & OUTDOOR

START SMART SPORTS PROGRAMS

SUMMER SPORTS CLINICS

ALL NEW YOUTH & ADULT COOKING CLASSES

SPECIAL EVENTS

TRIBUTE TO THE 60s FREE SUMMER CONCERTS!

MARTIAL ARTS & ZUMBA CLASSES