



423 Great Rd, Acton MA 01720

978-263-5510

To: Acton Board of Selectman

From: Mark Coddair

Subject: Request use of Acton Road ways for the 3<sup>rd</sup> Annual Bill Rodgers Valentine Road Race

- **Date** Sunday February 15<sup>th</sup>, 2015
- **Location** West Acton
- **Distance** 5K – 3.1 Miles
- **Start Time** 11:00 AM
- **Facilities** Theatre III 250 Central St.
- **Parking** West Acton municipal lots
- **Proceeds** Theatre III – non profit
- **Organizing Committee** On your Marx Racing & Theatre III
- **Race Consultant** Mark Coddair – Marx Running
- **Sanction by** USA Track & Field
- **Insured by** USA Track & Field
- **Safety Plan** Attached

**Thank you for your consideration,**

**Mark Coddair**

# **Bill Rodgers Valentine Race Safety Plan**

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## **Course**

- **Start** On Willow – Beyond fork toward Summer St.
- **Willow St.** Follow Willow St. to Duggan Rd. – 1.1 Miles
- **Duggan Rd.** Right on Duggan Rd. to Smart Rd.
- **Smart Rd.** Right on Smart Rd. to Marian Rd.
- **Marian Rd.** Left on Marian Rd. to Squirrel Hill/Arlington St.
- **Squirrel Hill/Arlington** Right on Squirrel Hill/Arlington St.
- **Arlington** Follow Arlington St. 1 Mile to Mass Ave Rt 111
- **Mass Ave/ Rt 111** Right on Mass Ave/Rt 111 to Central St.
- **Central St.** Right on Central St. to finish at 250 Central

# Detail Assignments

- **Four Detail Officers**
  - **Officer #1**
    - 10:00am From 10:00am to 2:00pm
    - 10:58am **Traffic Control @ Start & Finish**
    - 11:00am General traffic control on Central St., between Rt. 111 and Willow
    - 11:10am Stop outbound traffic on Willow St.
    - 11:15am Race starts, open outbound traffic on Willow
    - 12:00pm Prepare for traffic control at intersection of Central St. and Rt. 111
    - Last walker Lead vehicle and 1<sup>st</sup> runner takes right on Central – slow motorists
    - General traffic control on Central St. as participants leave
  - **Officer #2**
    - 10:00am **Lead Vehicle Scout – Cruiser needed, Traffic Control - Arlington**
    - 10:50am General traffic control on Central St., between Rt. 111 and Willow
    - 11:00am Position Cruiser in front lead vehicle at start
    - 11:15am Race starts, drive course in front of lead vehicle
    - 12:00pm Stop at mile 3 Arlington/Rt. 111 intersection – Control traffic
    - Last walker
    - General traffic control on Central St. as participants leave
  - **Officer #3**
    - 10:00am **Traffic Control - Willow and Summer, Trail Vehicle – Cruiser needed**
    - 10:50am General traffic control on Central St., between Rt. 111 and Willow
    - 10:58am Prepare for traffic control at intersection of Willow and Summer
    - 11:00am Stop inbound traffic on Willow St.
    - 11:03am Stops traffic both ways on Summer St., allowing runners to cross
    - 11:04am Last runner/walker crosses Summer, open traffic both ways.
    - Follow last runner/walker to the finish as trail vehicle
    - General traffic control on Central St. as participants leave
  - **Officer #4**
    - 10:00am **Traffic Control – Arlington and Summer**
    - 11:00am General traffic control on Central St., between Rt. 111 and Willow
    - 11:12am Prepare for traffic control at intersection of Willow and Summer
    - 11:12am Lead vehicle and lead runner approach Summer
    - 11:50am Stop traffic allowing runners to cross Summer
    - Last runner/walker crosses Summer
    - General traffic control on Central St. as participants leave

## Course Marshalls

- |                            |  |
|----------------------------|--|
| ○ #1 Kingman Rd            | <u>Direct runners straight, alert exiting &amp; entering motorists</u> |
| ○ #2 Marian Rd             | <u>Direct runners straight, alert exiting &amp; entering motorists</u> |
| ○ #3 Macleod Ln            | <u>Direct runners straight, alert exiting &amp; entering motorists</u> |
| ○ #4 Duggan Rd             | <u>Direct runners right, alert exiting &amp; entering motorists</u>    |
| ○ #5 Smart Rd              | <u>Direct runners right, alert exiting &amp; entering motorists</u>    |
| ○ #6 Townsend              | <u>Direct runners straight, alert exiting &amp; entering motorists</u> |
| ○ #7 Marian Rd             | <u>Direct runners left, cross runners to right lane of Marian</u>      |
| ○ #8 Marian Rd             | <u>Alert motorists of crossing runners</u>                             |
| ○ #9 Squirrel/Arlington Rd | <u>Direct runners right, alert exiting &amp; entering motorists</u>    |
| ○ #10 Notre Dame Rd        | <u>Direct runners straight, alert exiting &amp; entering motorists</u> |
| ○ #11 Kingman Rd           | <u>Direct runners straight, alert exiting &amp; entering motorists</u> |
| ○ #12 Homestead St.        | <u>Direct runners straight, alert exiting &amp; entering motorists</u> |
| ○ #13 Birch Ridge Rd       | <u>Direct runners straight, alert exiting &amp; entering motorists</u> |
| ○ #14 Arlington St         | <u>Direct runner right</u>   |
| ○ #15 Central St           | <u>Direct runner right</u>   |

## Water Stop

- One water stop on Smart St. at Townsend

## Course set-up

- |              |  |
|--------------|--|
| ○ Cones      | <u>Runners lane defined on right side of road</u>          |
| ▪ Starting   | Wider lane will start after crossing Summer St and narrow  |
| ▪ Placement  | Cones place in groups of 3 every 1/10 mile 3' off shoulder |
| ▪ Corners    | Cones will wrap around each turn                           |
| ▪ Visibility | Cones placed at each intersection to alert motorist        |
| ○ Signage    | <u>Community awareness &amp; directional arrows</u>        |
| ▪ Awareness  | Sandwich boards placed in neighborhoods one week prior     |
| ▪ Message    | Road race Sunday 2/5 11am to 12pm expect delays            |
| ▪ Arrows     | Directional arrows place at each turn                      |

## Course communication

- Police will communicate with each other via radio, lead vehicle and finish line via cell phone.

## Medical

- Emergency/ambulance service will be called into service by the police as needed.