



423 Great Rd, Acton MA 01720

978-263-5510

To: Acton Board of Selectman

From: Mark Coddair

Subject: Request use of Acton Road ways for the 4th Annual Bill Rodgers Road Race

- **Date** Sunday March 13<sup>th</sup>, 2016
- **Location** West Acton
- **Distance** 5K – 3.1 Miles
- **Start Time** 11:00 AM
- **Facilities** Theatre III 250 Central St.
- **Parking** West Acton municipal lots
- **Proceeds** Theatre III – non profit
- **Organizing Committee** On your Marx Racing & Theatre III
- **Race Consultant** Mark Coddair – Marx Running
- **Sanction by** USA Track & Field
- **Insured by** USA Track & Field
- **Safety Plan** Attached

Thank you for your consideration,

A handwritten signature in black ink, appearing to read 'Mark Coddair', written in a cursive style.

Mark Coddair

# **Bill Rodgers Strides of March Safety Plan**

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## **Course**

- **Start** On Willow – Beyond fork toward Summer St.
- **Willow St.** Follow Willow St. to Duggan Rd. – 1.1 Miles
- **Duggan Rd.** Right on Duggan Rd. to Smart Rd.
- **Smart Rd.** Right on Smart Rd. to Marian Rd.
- **Marian Rd.** Left on Marian Rd. to Squirrel Hill/Arlington St.
- **Squirrel Hill/Arlington** Right on Squirrel Hill/Arlington St.
- **Arlington** Follow Arlington St. 1 Mile to Mass Ave Rt 111
- **Mass Ave/ Rt 111** Right on Mass Ave/Rt 111 to Central St.
- **Central St.** Right on Central St. to finish at 250 Central

## Course Marshalls

- #1 Kingman Rd Direct runners straight, alert exiting & entering motorists
- #2 Marian Rd Direct runners straight, alert exiting & entering motorists
- #3 Macleod Ln Direct runners straight, alert exiting & entering motorists
- #4 Duggan Rd Direct runners right, alert exiting & entering motorists
- #5 Smart Rd Direct runners right, alert exiting & entering motorists
- #6 Townsend Direct runners straight, alert exiting & entering motorists
- #7 Marian Rd Direct runners left, cross runners to right lane of Marian
- #8 Marian Rd Alert motorists of crossing runners
- #9 Squirrel/Arlington Rd Direct runners right, alert exiting & entering motorists
- #10 Notre Dame Rd Direct runners straight, alert exiting & entering motorists
- #11 Kingman Rd Direct runners straight, alert exiting & entering motorists
- #12 Homestead St. Direct runners straight, alert exiting & entering motorists
- #13 Birch Ridge Rd Direct runners straight, alert exiting & entering motorists
- #14 Arlington St Direct runner right
- #15 Central St Direct runner right

## Water Stop

- One water stop on Smart St. at Townsend

## Course set-up

- **Cones** Runners lane defined on right side of road
  - **Starting** Wider lane will start after crossing Summer St and narrow
  - **Placement** Cones place in groups of 3 every 1/10 mile 3' off shoulder
  - **Corners** Cones will wrap around each turn
  - **Visibility** Cones placed at each intersection to alert motorist
- **Signage** Community awareness & directional arrows
  - **Awareness** Sandwich boards placed in neighborhoods one week prior
  - **Message** Road race Sunday 2/5 11am to 12pm expect delays
  - **Arrows** Directional arrows place at each turn

## Course communication

- Police will communicate with each other via radio, lead vehicle and finish line via cell phone.

## Medical

- Emergency/ambulance service will be called into service by the police as needed.

# Detail Assignments

- **Four Detail Officers**
  - **Officer #1**
    - **10:00am** **From 10:00am to 2:00pm**
    - **10:58am** **Traffic Control @ Start & Finish**
    - **11:00am** **General traffic control on Central St., between Rt. 111 and Willow**
    - **11:10am** **Stop outbound traffic on Willow St.**
    - **11:15am** **Race starts, open outbound traffic on Willow**
    - **12:00pm** **Prepare for traffic control at intersection of Central St. and Rt. 111**
    - **Lead vehicle and 1<sup>st</sup> runner takes right on Central – slow motorists**
    - **Last walker**
    - **General traffic control on Central St. as participants leave**
  - **Officer #2**
    - **10:00am** **Lead Vehicle Scout – Cruiser needed, Traffic Control - Arlington**
    - **10:50am** **General traffic control on Central St., between Rt. 111 and Willow**
    - **11:00am** **Position Cruiser in front lead vehicle at start**
    - **11:15am** **Race starts, drive course in front of lead vehicle**
    - **12:00pm** **Stop at mile 3 Arlington/Rt. 111 intersection – Control traffic**
    - **Last walker**
    - **General traffic control on Central St. as participants leave**
  - **Officer #3**
    - **10:00am** **Traffic Control - Willow and Summer, Trail Vehicle – Cruiser needed**
    - **10:50am** **General traffic control on Central St., between Rt. 111 and Willow**
    - **10:58am** **Prepare for traffic control at intersection of Willow and Summer**
    - **11:00am** **Stop inbound traffic on Willow St.**
    - **11:03am** **Stops traffic both ways on Summer St., allowing runners to cross**
    - **11:04am** **Last runner/walker crosses Summer, open traffic both ways.**
    - **Follow last runner/walker to the finish as trail vehicle**
    - **General traffic control on Central St. as participants leave**
  - **Officer #4**
    - **10:00am** **Traffic Control – Arlington and Summer**
    - **11:00am** **General traffic control on Central St., between Rt. 111 and Willow**
    - **11:12am** **Prepare for traffic control at intersection of Willow and Summer**
    - **11:12am** **Lead vehicle and lead runner approach Summer**
    - **11:50am** **Stop traffic allowing runners to cross Summer**
    - **Last runner/walker crosses Summer**
    - **General traffic control on Central St. as participants leave**

**From:** [Christopher Prehl](#)  
**To:** [Frank Widmayer](#)  
**Cc:** [Lisa Tomyl](#)  
**Subject:** Re: 4th Annual Bill Rogers Roadrace  
**Date:** Friday, February 26, 2016 2:36:21 PM

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I spoke to Mark today by phone and he just dropped off the route. We have done this in the past with no issues and he will be paying for 4 traffic control officers.

Chris

Sent from my iPhone

> On Feb 26, 2016, at 2:30 PM, Frank Widmayer <[fwidmayer@acton-ma.gov](mailto:fwidmayer@acton-ma.gov)> wrote:  
>  
> It's fine as long as they have the detail officers. I assume they worked it out with Det. Prehl.  
>  
> Frank J. Widmayer III  
> Chief of Police  
>  
> -----Original Message-----  
> From: Lisa Tomyl  
> Sent: Friday, February 26, 2016 1:59 PM  
> To: Frank Widmayer  
> Cc: Christopher Prehl  
> Subject: 4th Annual Bill Rogers Roadrace  
>  
>  
> I'm sure that you are already aware of this event taking place - I will have it on the Selectmen's agenda for March 7th.  
>  
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