

From: [Myke Farricker](#)
To: [Lisa Tomyl](#)
Cc: [Jonathan Stackhouse](#)
Subject: Permit Request for the 2016 Positive Spin on ALS Bike Ride Fundraiser
Date: Tuesday, July 19, 2016 11:04:48 AM

Dear Lisa and Jonathan -

As we did last year and previous years, I'm writing to request a permit for this year's 2016 Positive Spin for ALS bike ride to raise money for research and patient care for those afflicted with ALS, or Lou Gehrig's disease. Over the past 16 years of our ride, we've raised over \$1.6 million in donations.

Here is the information for the ride -

- it will take place on Sunday, September 25th.
- Our ride is sponsored again this year by the Massachusetts Chapter of the National ALS Association.
- It begins and ends at The Longfellow Club in Wayland, with starting times of 7:00 a.m.(70 miles), 9:00 am (50 miles), 10:00 am (25 miles), and 11:00 am (10 miles).
- The ride routes are the same as last year. I've attached a cue sheet for the ride, as well as a copy of the Certificate of Insurance for the Town of Acton.

The riders in the 50 and 70 mile rides will be the riders coming thorough Acton. By the time they get to Acton, they will be spaced out in groups of 1-3 riders usually. So there shouldn't be a big group of riders coming through Acton at any one time.

We will be putting up road signs in the ground again this year as we have done in all the past years. We will be putting the signs up the day before the ride, Saturday, September 24th, and we will take all the signs down at the end of the day of the ride, Sunday, September 25th. The signs will be put on metal stakes into the ground - we will not be attaching any signs to any trees or poles.

Thank you for your help again this year and in the previous years. Please let me know if you need anything else from me, and if I need to send this permit request to anyone else in the Town of Acton government. Thank you.

Hope all is well.

Take care,

Myke Farricker

Co-Chair of the 2016 Positive Spin for ALS Bike Ride Committee

Myke Farricker, General Manager, The Longfellow Clubs, Wayland & Natick, MA

The Longfellow Club, Wayland 524 Boston Post Road, Wayland, MA 01778

508.358.7355

Longfellow Sports Club, Natick

203 Oak St, Natick, MA 01760

508.653.4633

Natick Racquet Club, Natick

16 Michigan Drive, Natick, MA 01760

508.653.4606



Click on The Longfellow Clubs logo above to go to the Longfellow Clubs website!

The Longfellow Clubs - Recipient of the First Annual "**Sustainable Business of the Year Award**" from the Sustainable Business Network of Massachusetts in 2015

The Longfellow Clubs - designated as one of the "**Top Places to Work in Massachusetts**" by the Boston Globe in 2012

The Longfellow Clubs - Recipient of the "**Outstanding Community Service Award**" at the 2011 International Health and Racquet Sports Association's Annual Convention

www.longfellowclubs.com

Find us on FaceBook: www.facebook.com/Longfellowclubs

On Wed, Sep 9, 2015 at 4:11 PM, Lisa Tomyl <ltomyl@acton-ma.gov> wrote:

The Board of Selectmen approved the request for the use of the Town for the upcoming Positive Spin for ALS Bike Ride on September 27, 2015.

-----Original Message-----

From: ATH-MGR-COPIER@acton-ma.gov [mailto:ATH-MGR-COPIER@acton-ma.gov]

Sent: Wednesday, September 09, 2015 3:48 PM

To: Lisa Tomyl

Subject: Scanned from a Xerox multifunction device

Please open the attached document. It was scanned and sent to you using a Xerox multifunction device.

Attachment File Type: pdf, Multi-Page

multifunction device Location: Town Hall, First Floor

Device Name: ATH-MGR-COPIER

For more information on Xerox products and solutions, please visit <http://www.xerox.com>

From: [Jonathan Stackhouse](#)
To: [Lisa Tomyl](#)
Subject: Re: Positive Spin on ALS Race
Date: Tuesday, August 02, 2016 11:17:43 AM

Shouldn't be an issue

Sent from my iPhone

On Aug 2, 2016, at 11:16 AM, Lisa Tomyl <ltomyl@acton-ma.gov> wrote:

Did you get a chance to approve the course through Acton yet? I have it on the consent calendar for this Monday's BOS meeting.

Regards,

Lisa Tomyl

Executive Assistant
Office of the Town Manager
472 Main Street
Acton, MA 01720
(p) 978.929.6611
(f) 978.929.6350
ltomyl@acton-ma.gov

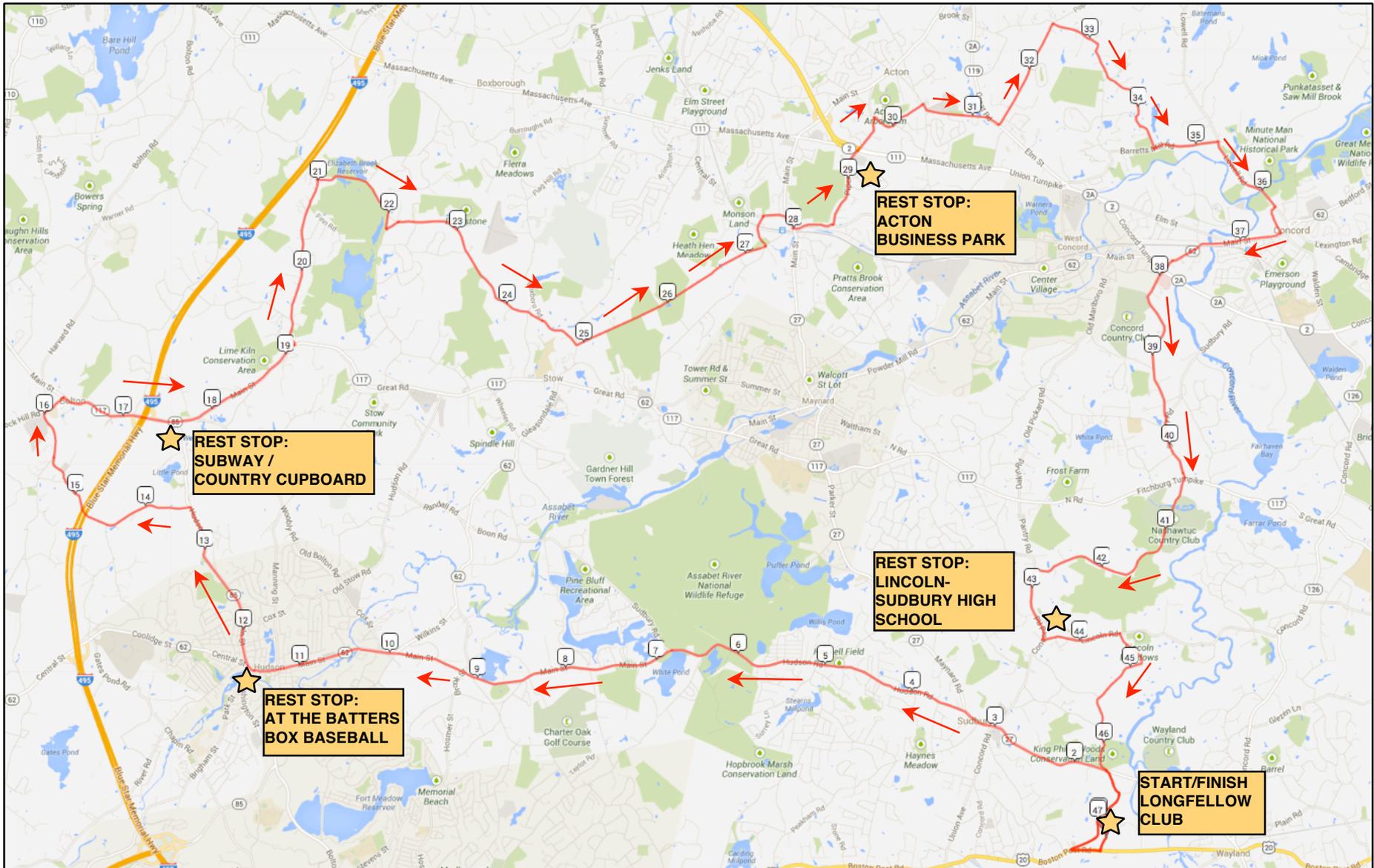
<Permit Request for the 2016 Positive Spin on ALS Bike Ride Fundraiser.pdf>



50 Mile Ride

Sunday, September 25, 2016 | 8:30AM
50 Mile participants follow **ORANGE** markers

EMERGENCIES: CALL 911
Event Headquarters & SAG
support: 781-234-4028





The ALS Association Massachusetts Chapter
2016 Ride to Defeat ALS

50 Mile Ride
Sunday, September 25, 2016 | 8:30AM
50 Mile participants follow **ORANGE** markers

DIST	CUE	DIST TO NEXT CUE
0.0	Start of route	0.2
0.2	→ R onto US-20 W/Boston Post Rd	0.3
0.5	→ R onto Old County Rd	0.3
0.8	↑ Continue onto River Rd	0.5
1.4	← L onto Water Row. CAUTION: Oncoming traffic has R of Way	0.3
1.7	← L onto MA-27 N/Old Sudbury Rd. CAUTION: 50 MILE TURNS ONTO OLD SUDBURY ROAD (other routes continue straight.)	1.4
3.1	↑ Continue Straight. Old Sudbury Rd becomes Hudson Rd	0.4
3.5	↑ CAUTION: 50 MILE ROUTE CONTINUES STRAIGHT AS RT 27 GOES TO THE R	3.1
6.5	↑ Continue Straight. Hudson Rd becomes Sudbury Rd	0.4
6.9	← L onto State Rd	0.3
7.2	↑ Continue Straight. State Rd becomes Main St	4.4
11.6	☪ REST STOP @ At the Batters Box Baseball Open 8:45am - 11am	0.1
11.6	↑ At the traffic circle, continue straight onto MA-62 W/MA-85 N/Main St	0.1
11.8	→ Bear R onto MA-85 N/Lincoln St	1.4
13.1	↑ Continue Straight. Lincoln St. becomes Hudson Rd	0.5
13.7	← L onto Century Mill Rd/Mill Rd	1.0
14.7	↑ Continue Straight. Mill Rd becomes S Bolton Rd	1.1
15.7	↑ Continue Straight. S Bolton Rd becomes Berlin Rd	0.5
16.2	→ R onto Wattaquodock Hill Rd	0.3
16.5	→ R on Main St/RT 117	1.1
17.6	☪ REST STOP @ Subway Restaurant / Country Cupboard. Open 9:30am - Noon	1.7
19.4	← L onto East End Rd	0.7
20.0	↑ Continue Straight. East End Rd becomes Stow Rd	1.2
21.2	→ R onto Eldridge Rd	0.7
21.9	↑ Continue Straight. Eldridge Rd becomes Taylor Rd	0.3
22.2	↑ Straight onto Garner Rd	0.2
22.4	← L onto No Name Rd	0.2
22.5	→ R onto Taylor Rd	2.1
24.7	↑ Continue straight onto Boxboro Rd	0.5
25.1	← L onto S Acton Rd. CAUTION: Cross W Acton Rd	1.7
26.8	↑ Continue Straight. S Acton Rd becomes Stow St	0.7
27.5	← L onto Martin St	0.4
27.8	→ R onto Central St	0.3
28.1	→ Slight R onto MA-27 S/Main St. CAUTION: Short distance until next turn!	0.1
28.2	← L onto School St	0.5
28.7	← L onto Piper Rd	0.8
29.4	☪ REST STOP @ Acton Business Park. Open 10:00am - 1:30pm.	0.2
29.6	↑ Cross Massachusetts Ave and continue onto Taylor Rd	0.4
30.0	→ R onto Minot Ave	0.7

DIST	CUE	DIST TO NEXT CUE
30.7	→ R onto Concord Rd	0.0
30.7	← CAUTION: Bear L to stay on Concord Rd	0.7
31.4	→ R onto MA-119 E/Massachusetts 2A E/Great Rd. CAUTION: Busy road	0.2
31.6	← L onto Pope Rd	1.2
32.9	→ R onto Strawberry Hill Rd	1.9
34.8	← L onto Barretts Mill Rd	0.7
35.5	→ R onto Lowell Rd	1.0
36.5	→ R onto Keyes Rd	0.4
36.8	→ R onto MA-62 W/Main St	1.3
38.1	← L onto Old Road to 9 Acre Corner. CAUTION: Merging Traffic.	0.1
38.2	↑ Continue Straight. Cross Route 2	1.8
40.0	→ R onto Sudbury Rd	0.7
40.7	↑ Continue Straight, crossing Route 117	0.5
41.1	↑ Continue straight, Sudbury Rd becomes Concord Rd	2.0
43.1	← L to stay on Concord Rd	0.8
43.9	← L onto Lincoln Rd	0.0
44.0	☪ REST STOP @ Lincoln Sudbury High School (Open 10:30 AM - 2 PM)	0.8
44.8	→ R onto Water Row	1.9
46.6	↑ CAUTION: Cross Route 27 and continue on Water Row.	0.3
46.9	→ Slight R onto River Rd	0.5
47.5	↑ River Rd becomes Old County Rd	0.3
47.8	← L onto US-20 E/Boston Post Rd	0.3
48.1	← L onto Minuteman Dr	0.2
48.3	End of route	0.0

Rules of the Road

- > Follow traffic laws. They apply to cyclists, too!
- > Keep your helmet on while riding.
- > No headphones. It is illegal to ride with headphones in the State of Massachusetts
- > No speaking or texting on cell phones while riding. Safely pull over and stop to use your phone.
- > If you need to pull over, warn cyclists behind you and then get completely out of the path of other riders.
- > Call out hazards to warn cyclists around you. Repeat hazard warnings to those behind you.
- > Avoid collisions. Call out "slowing" or "stopping" to warn riders behind you.

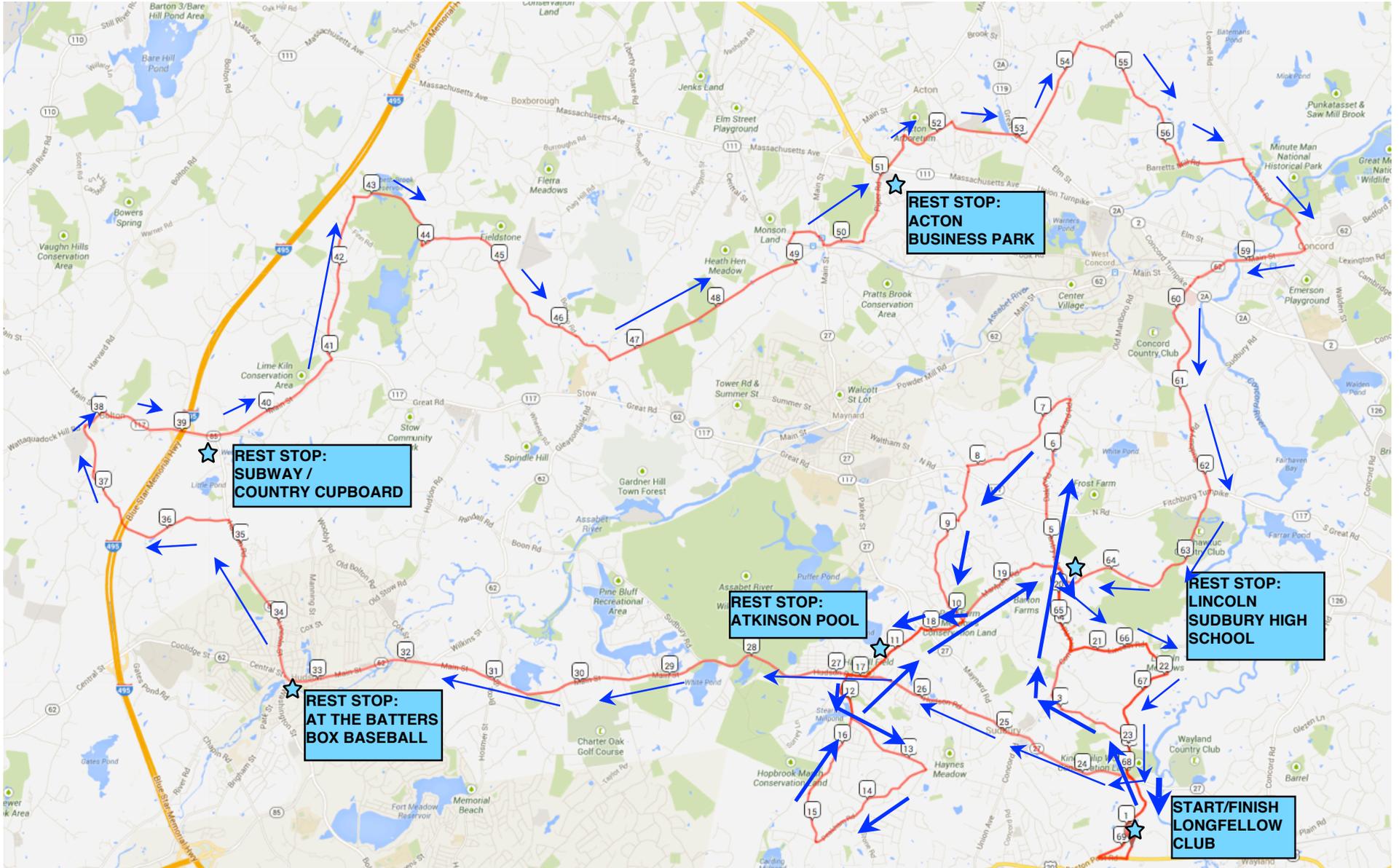
EMERGENCIES: CALL 911
Event Headquarters & SAG
support: 781-234-4028



70 Mile Ride

Sunday, September 25, 2016 | 7:00AM
70 Mile participants follow **BLUE** markers

EMERGENCIES: CALL 911
Event Headquarters & SAG support: 781-234-4028



DIST	CUE	DIST TO NEXT CUE
0.0	Start of route	0.2
0.2	→ R onto US-20 W/Boston Post Rd	0.3
0.5	→ R onto Old County Rd	0.3
0.8	↑ Continue onto River Rd	0.5
1.4	← Bear L onto Water Row. CAUTION: Oncoming traffic has R of way	0.3
1.7	↑ CAUTION: Cross Route 27 and continue straight on Water Row.	0.5
2.2	← L onto Plympton Rd	1.1
3.3	→ R onto Concord Rd.	0.1
3.4	↑ Continue Straight on Concord for 70 Mile Route.	0.4
3.8	← Bear L to continue on Concord Rd.	0.8
4.7	↑ Continue Straight. Concord Rd becomes Pantry Rd.	0.7
5.3	↑ Continue Straight. Pantry Rd becomes Dakin Rd at RT 117	0.7
6.0	↑ Continue Straight. Dakin Rd becomes Old Pickard Rd	0.6
6.7	← Sharp L onto Old Marlboro Rd	0.8
7.5	↑ Continue Straight. Old Marlboro Rd becomes Powers Rd	0.7
8.2	← L onto Powder Mill Rd	0.1
8.2	↑ Continue Straight. Powder Mill Rd becomes Mossman Rd at RT 117	0.6
8.8	→ R onto Willis Rd	1.4
10.2	→ R onto Marlboro Rd	0.4
10.6	→ R onto MA-27 N/Maynard Rd	0.1
10.7	← L onto Fairbank Rd	0.7
11.3	☹ REST STOP @ Atkinson Pool. Open 7:45am - 12:30pm.	0.2
11.5	→ R onto Hudson Rd	0.2
11.7	← L onto Dutton Rd for first quarter of 70 Mile Route	0.6
12.2	← L onto Pratts Mill Rd	1.0
13.3	→ Sharp R onto Peakham Rd	1.5
14.8	→ R onto French Rd. CAUTION: Short distance until next turn!	0.0
14.8	→ R onto Old Garrison Rd	0.6
15.4	↑ Continue Straight. Old Garrison Rd becomes Dutton Rd	1.5
16.9	→ R onto Hudson Rd for first quarter of 70 Mile Route	0.2
17.1	← L onto Fairbank Rd	0.2
17.3	☹ REST STOP @ Atkinson Pool. Open 7:45am - 12:30pm.	0.7
17.9	→ R onto MA-27 S/Maynard Rd. CAUTION: Short distance until next turn!	0.1
18.0	← L onto Marlboro Rd	0.4
18.4	↑ Continue Straight to stay on Marlboro Rd	0.5
19.0	← Slight L to stay on Marlboro Rd/Marlborough Rd	0.5
19.5	→ R onto Haynes Rd	0.3
19.7	→ R onto Pantry Rd	0.2
19.9	↑ Bear R to stay on Concord Rd	0.8
20.7	← L onto Lincoln Rd. CAUTION: Oncoming Traffic has R of Way	0.9
21.6	→ R onto Water Row	1.9
23.5	→ CAUTION: Sharp R onto MA-27 N/Old Sudbury Rd to continue 70 Mile Route	1.4
24.9	↑ Continue Straight. Old Sudbury Rd becomes Hudson Rd.	0.4
25.2	↑ CAUTION: 70 MILE ROUTE CONTINUES STRAIGHT AS RT 27 GOES TO THE R	1.7
26.9	↑ CAUTION: Continue Straight past Dutton Rd for remaining 70 Mile Route	1.4
28.3	↑ Continue Straight. Hudson Rd becomes Sudbury Rd	0.3
28.6	← Slight L onto State Rd	0.3
28.9	↑ Continue Straight. State Rd becomes Main St	4.3
33.3	☹ REST STOP @ At the Batters Box Baseball Open 8:45am - 11am.	0.1
33.3	↑ At the traffic circle, continue straight onto MA-62 W/MA-85 N/Main St	0.1
33.4	→ Bear R onto MA-85N/Lincoln St	1.3
34.8	↑ Continue Straight. Lincoln St becomes Hudson Rd	0.6
35.3	← L onto Century Mill Rd/Mill Rd	1.0
36.3	↑ Continue Straight. Mill Rd becomes S Bolton Rd	1.1
37.3	↑ Continue Straight. S Bolton Rd becomes Berlin Rd	0.5

DIST	CUE	DIST TO NEXT CUE
37.8	→ R onto Wattaquodock Hill Rd	0.3
38.1	→ R onto MA-117 E/Main St	1.2
39.3	☹ REST STOP @ Subway Restaurant / Country Cupboard. Open 9:30am - Noon.	1.7
41.0	← L onto East End Rd	0.7
41.7	↑ Continue Straight. East End Rd becomes Stow Rd	1.2
42.9	→ R onto Eldridge Rd	0.7
43.5	↑ Continue Straight. Eldridge Rd becomes Taylor Rd	0.3
43.9	↑ Straight onto Garner Rd	0.2
44.0	← L onto No Name Rd	0.2
44.2	→ R onto Taylor Rd	2.1
46.3	→ Slight R onto Boxboro Rd	0.5
46.8	← L onto S Acton Rd. CAUTION: Cross W Acton Rd	1.7
48.4	↑ Continue Straight. S Acton Rd becomes Stow St	0.7
49.1	← L onto Martin St	0.4
49.5	→ R onto Central St	0.3
49.8	→ Slight R onto MA-27 S/Main St. CAUTION: Short distance until next turn!	0.1
49.9	← L onto School St	0.5
50.3	← L onto Piper Rd	0.8
51.1	☹ REST STOP @ Acton Business Park. Open 10:00am - 1:30pm.	0.1
51.3	↑ Cross Massachusetts Ave and continue onto Taylor Rd	0.4
51.7	→ R onto Minot Ave	0.6
52.4	→ R onto Concord Rd	0.1
52.4	← CAUTION: Bear L to stay on Concord Rd	0.7
53.1	→ R onto MA-119 E/Massachusetts 2A E/Great Rd. CAUTION: Busy road	0.1
53.3	← L onto Pope Rd	1.3
54.6	→ R onto Strawberry Hill Rd	2.0
56.5	← L onto Barretts Mill Rd	0.7
57.3	→ R onto Lowell Rd	1.0
58.2	→ R onto Keyes Rd	0.3
58.6	→ R onto MA-62 W/Main St	1.2
59.8	← L onto Old Road to 9 Acre Corner. CAUTION: Merging Traffic!	0.1
59.9	↑ Continue Straight. Cross Route 2	1.8
61.8	→ R onto Sudbury Rd	0.7
62.5	↑ Continue Straight, crossing Route 117	0.5
63.0	↑ Continue Straight. Sudbury Rd becomes Concord Rd	2.0
64.9	← L to stay on Concord Rd	0.8
65.7	← L at Lincoln Rd	0.1
65.8	☹ REST STOP @ Lincoln Sudbury High School Open 10:30 AM - 2 PM (NOTE: This Rest Stop will only be open the second time you ride by)	0.8
66.6	→ R onto Water Row	1.9
68.5	↑ CAUTION: Cross Route 27 and continue on Water Row	0.3
68.8	→ Slight R onto River Rd	0.5
69.3	↑ River Rd Becomes Old County Rd	0.3
69.7	← L onto US-20 E/Boston Post Rd	0.3
70.0	← L onto Minuteman Dr	1.2
71.1	End of route	0.0

Rules of the Road

- > Follow traffic laws. They apply to cyclists, too!
- > Keep your helmet on while riding.
- > No headphones. It is illegal to ride with headphones in the State of Massachusetts.
- > No speaking or texting on cell phones while riding. Safely pull over and stop to use your phone.
- > If you need to pull over, warn cyclists behind you and then get completely out of the path of other riders.
- > Call out hazards to warn cyclists around you. Repeat hazard warnings to those behind you.
- > Avoid collisions. Call out "slowing" or "stopping" to warn riders behind you.



**EMERGENCIES
CALL 911**

**Event
Headquarters &
SAG support:
781-234-4028**

This page has been left blank intentionally.